



# **Adult Learn to Swim**

**Lessons starting September 2009**

**Sundays – 2.00-2.45pm, or 3.00 – 3.45pm**

**All are welcome!**

**Whether you are a complete beginner or able to swim,  
there will be a session for you.**

**For more information contact us on 07952 552090**

**or visit [www.pentaqua.org](http://www.pentaqua.org)**

