

Institute of Swimming

Introduction To Breaststroke CPD

The **Introduction To Breaststroke CPD** is suitable for UKCC Level 1 & 2 Aquatic Teachers & Swimming Coaches

Covers breaststroke using the 'BLABT' principle. It looks at all aspects of breaststroke for the beginner swimmer and gives examples of good teaching points for each technical area.

Venue

CPD seminar to be held at Splash Leisure Pool, Rushden
On Sunday, 26 September 2010 From: 10.00 am To: 1.00 pm

Cost

IoS members £ 26.50 - non members £ 30.00

For more information & registration details contact:

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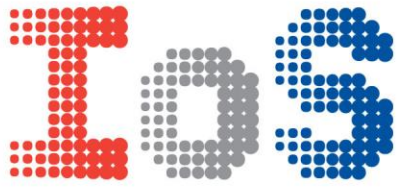
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Contact us for further information and details of all ASA qualifications, courses and CPD seminars delivered by the Institute of Swimming.

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