



Institute of Swimming

# CPD Seminar

## Coaching Disabled Swimmers

**Venue:** **Ibstock Community College**  
**Presented by:** **Jill Stidever**  
**Date(s):** **14<sup>th</sup> November 2010**  
**Times:** **10.00am – 13.30pm**  
**Price:** **£25 IOS Members / £30 Non Members**

This seminar is designed to give coaches a better understanding of coaching disabled swimmers, and highlight ways that coaching practices can be adapted to ensure that disabled swimmers get the best from training in mainstream clubs.

**Aimed at:**

ASA Level 1 or 2 Aquatic Teachers / School Teachers and Club coaches.

**For more information please contact:**

Harneek Kandola – Leicestershire and Rutland County Swimming Coordinator  
[Harnek.kandola@swimming.org](mailto:Harnek.kandola@swimming.org) or 07765 848849

**Please complete a registration form and return, with payment, to**  
**Tabitha Nutting**  
**Sports Park, 3 Oakwood Drive, Loughborough, Leicestershire, LE11 3QF**  
Payments by cheque, made payable to 'IOS'