



## **Synchronised Swimming Event Information 2008**

### **the asa National Age Group Synchronised Swimming Championships 2008**

**the asa** National Age Groups 5<sup>th</sup> – 7<sup>th</sup> December 2008 GL1, Gloucester Leisure Centre

Entry forms may be obtained from **the asa**, Events Department, 41 Granby Street, Loughborough, LE11 3DU Tel: 01509 632 260

### **General Championship Conditions – All Disciplines**

1. **the asa** Championships and competitions shall be competed for under the Laws, Rules, Regulations and Championship Conditions of the Association.
2. The promoter of each **asa** Championship or competition shall be the appropriate **asa** Technical Committee.
3. The individual event conditions may not include any conditions, which affect the event conditions of another discipline.
4. All competitors shall have been registered members of the club under whose name they compete for at least 60 days prior to the first day of the competition.

### **SWIM WEAR**

#### **FINA rules shall apply**

GR5.1 The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.

GR5.2 All costumes shall be non-transparent

GR5.4 The Referee of a competition has the authority to exclude any competitor(s) whose costume and/or body symbols do not comply with this rule.

SS13.5 In Routines the swimwear must conform to GR5 and be appropriate for synchronised swimming competitions. The use of accessory equipment, goggles or additional clothing is not permitted unless required by medical reason. Nose clips or plugs may be worn.

SS13.5.1 In the event that the referee thinks a competitor(s) swimwear does not conform to GR5 and SS13.5, the competitor(s) will not be permitted to compete until changing into appropriate swimwear.

### **Figure Competitions**

All competitors must wear a one-piece plain black suit and plain white cap. Goggles and nose clips may be worn. Jewellery is not allowed.

**the asa NATIONAL AGE GROUP SYNCHRONISED SWIMMING  
CHAMPIONSHIP CONDITIONS**

1. The Championships shall be held annually, under **the asa** Synchronised Swimming Laws (701 et seq) Technical Rules and as provided by the following conditions.
2. The promotion of the championships shall be the responsibility of the **the asa** Synchronised Swimming Committee, which shall for all purposes be regarded as the Promoter. It shall decide any matter arising that is not covered by these conditions, subject to conformity with ASA Laws.
3. The organisation shall be the responsibility of a Management Committee appointed by the Region in which the competitions are being held, upon which **the asa** Synchronised Swimming Committee shall be represented.
4. All officials shall be qualified and appointed from **the asa** Synchronised Swimming Officials List.
5. The Referee shall be approved by the ASA Synchronised Swimming Committee.
6. The date and venue of the championships shall be decided by **the asa** Committee on the recommendations of **the asa** Synchronised Swimming Committee.
7. The competition events shall be divided into two strands: **Competitive** and **Recreational**.
  - a. **Competitive** shall consist of figures, solo, duet and free team
  - b. **Recreational** shall consist of combination team and 18-19 duets only
8. In the event of there being more than 75 entries in any one section of the competition, the Synchronised Swimming Committee may reduce to three the number of figures to be performed in that Age Group.

#### **9. Entry Qualifications for the Competitive Strand**

- 9.1 The Age Groups shall be as outlined below:
- 9.1.1 Age as at midnight on the 31 December in the year of competition.
  - 9.1.2 12 years & Under having a minimum of **the asa** Skill Level 2 for figures and team and **the asa** Skill Level 3 for solo and duet.
  - 9.1.3 13/14 years having a minimum of **the asa** Skill Level 3 for figures and team and **the asa** Skill Level 4 for solo and duet.
  - 9.1.4 15/16/17 years having a minimum of **the asa** Skill Level 4 for figures and team and **the asa** Skill Level 5 for Solo and duet.
  - 9.1.5 18/19 years having **the asa** Skill Level 5
  - 9.1.6 Qualifying Skills must have been attained by the closing date for the competition.
  - 9.1.7 Competitors may enter one solo and one duet.
  - 9.1.8 Competitors competing in solos and duets may only enter one team.

#### **Entry Qualifications for the Recreational Strand**

- 9.2 The Age Groups shall be as outlined below
- 9.2.1 Age as at midnight on the 31 December in the year of competition
  - 9.2.2 **No skill entry is required.**
  - 9.2.3 The only criteria is that swimmers must conform to ASA law regarding minimum age and no more than half the number of swimmers may have achieved the pre-requisite Skill Level for figure entry appropriate for the age group to enter the competitive strand.
  - 9.2.4 Competitors competing in figures but not eligible via skill level to enter solos and duets may swim in both one free team and one combination team.

## Event Table

Age	Skill Level Entry	Events	Times
			10secs deck work +/- 15secs
12 years & Under <b>Competitive</b>	Skill Level 2 Skill Level 2 Skill Level 3 Skill Level 3	Figures Free Team Solo Duet	- 3mins 2mins 2mins 30secs
12 years & Under <b>Recreational</b>	No skill required	Free Combination	3mins
13/14 years <b>Competitive</b>	Skill Level 3 Skill Level 3 Skill Level 4 Skill Level 4	Figures Free Team Solo Duet	- 3mins 30secs 2mins 30secs 3mins
13/14 years <b>Recreational</b>	No skill required	Free Combination	3mins 30secs
15-17 years <b>Competitive</b>	Skill Level 4 Skill Level 4 Skill Level 5 Skill Level 5	Figures Free Team Solo Duet	- 4mins 3mins 3mins 30secs
15-17 years <b>Recreational</b>	No skill required	Free Combination	3mins 30secs
18-19 years <b>Competitive</b>	Skill Level 5 Skill Level 5	Figures Duet	- 3mins 30secs
18-19 years <b>Recreational</b>	No skill required	Duet	3mins 30secs
19 years & Under <b>Recreational</b>	No skill required	Free Combination	3mins 30secs

### 9.3 Entry Requirements for all Team Competitions:

- 9.3.1 In both the competitive strand and recreational strand, clubs may enter one or more teams. If Clubs enter more than one Free Team the first entry must have the maximum 8 competitors.
- 9.3.2 Clubs may enter a competitive strand in one age group and a recreational strand in another age group or a competitive strand and a recreational strand in the same age group.
- 9.3.3 Order of appearance for routines in the competitive strand will be by container draw and routines for the recreational strand will be by random draw.
- 9.3.4 A team shall consist of not less than four (4) nor more than eight (8) for free routines and not less than four (4) nor more than ten (10) for free combinations
10. Closing date will be 28 days prior to the competition.
11. Competitors must be Category 2 registered swimmers of **the asa** for the competitive strand and may be Category 1 for Recreational providing they are Skill Level 2 or less.
12. Competitors in duets and teams must be members of the same club.

### Figures

12. Each age group shall perform the compulsory group plus one group drawn from groups as stated for solo, duet and team in the competitive strand only.
13. The groups of figures are:

#### 12 years and under

##### Compulsory:

360 Walkover Front 2.1  
301 Barracuda 2.0

##### Group 2:

401 Swordfish 2.0  
344 Neptunus 1.8

##### Group 1:

355 Porpoise 1.9  
101 Ballet leg single 1.6

##### Group 3:

311 Kip 1.8  
324 Ballerina 2.0

## 13 and 14 years

### Compulsory:

346 Side Fishtail Split	2.0
140 Flamingo Bent Knee	2.4

### Group 2:

306d Barracuda Bent Knee Spin 180	2.1
423 Ariana	2.2

### Group 1

345 Catalina Reverse	2.1
32311c Kip Twirl	2.3

### Group 3:

401 Swordfish	2.0
355e Porpoise Spinning 360	2.1

## 15/16/17 years

### Compulsory:

355f Porpoise Continuous Spin	2.4
128 Eiffel Walk	2.8

### Group 2:

312 Kip Split	2.4
322 Subalina	2.3

### Group 4

435c Nova Twirl	2.8
347 Beluga	2.3

### Group 1:

301c Barracuda Twirl	2.6
330d Aurora Spinning 180	2.6

### Group 3:

118 Helicopter	2.4
342e Heron Spinning 360	2.3

## 12. Routines

- 12.1 The names of the swimmers competing in the free duets and teams must be submitted to the Referee in writing within two hours of the figure results being available (in the case of the competitive strand) or at such times as stated in advance by the organising committee. Changes after this time may only be made in the case of sudden illness or accident of the competitor, and if the reserve is ready to compete without delaying the event.
- 12.2 If the lack of a reserve reduces the team size to less than four (4) the team shall be disqualified.
- 12.3 Failure to notify the Referee of substitution and/or scratches according to 12.1 shall result in disqualification.
- 12.4 The results of the figure competition will be used to qualify for entry to the Solo, Duet and Team routines in the competitive strand as follows:
- 12.5 The highest placed 8 competitors in figures, with the relevant skill level, will perform solos and the highest placed 6 duets with combined figure scores, with the relevant skill level, will perform their free duet routine. All teams will swim.

### Free Combination Conditions

Free Combination has a maximum of ten (10) competitors who make a combination of routines (Solos, Duets, Trios, Teams). At least two (2) parts must have fewer than three (3) competitors and at least two (2) parts must have four (4) to ten (10) competitors.

Start of first part of the routine may be on the deck or in the water.

All of the following parts must start in the water.

A new part begins where the previous part ends.

From the result of the National Age Groups the following trophies will be awarded:

12 & under Team (combined figure and routine score)	The Margaret Coyne Trophy
13/14 Team (combined figure and routine score)	Mrs Y M Price Trophy
Junior Team (highest routine score)	Molly Gledhill Memorial Trophy
The Shacklock Trophy	Awarded to the swimmer with the highest total of routine scores in the duet and team events