



National Plan for Teaching Swimming Case Studies, 2008

Name of contact	Tina Lander
Name of centre/ Swim school/ club	North Herts Leisure Centre
Contact address	Baldock Road, Letchworth, Herts SG6 4TQ
E-mail Address	Tina.lander@stevenage-leisure.co.uk
Daytime phone number	01462 679311
Regional Business Manager	Jo Honey

Tina is happy to discuss North Herts Leisure Centre's experience of implementing the NPTS. Before doing so, you may wish to read her following comments about the process.

How did you find out about the new NPTS?	Through regular meetings with the Regional Business Manager														
Were you implementing the NPTS 1997 edition?	Yes														
When did you start to implement the NPTS 2007 edition?	January 2008														
How easy was it to purchase your NPTS pack?	Not easy. Arrived with elements missing.														
Do you think it is good value for money?	Yes once complete														
Did you attend any CPD training and if "yes" how did you find out about the courses and were they useful? If you have not attended any of these CPD's could you please explain why?	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">NPTS Overview</td> <td style="text-align: right;">Y</td> </tr> <tr> <td>NPTS FUNdamentals</td> <td style="text-align: right;">Y</td> </tr> <tr> <td>NPTS mini-polo!</td> <td style="text-align: right;">N</td> </tr> <tr> <td>NPTS Flip n Fun</td> <td style="text-align: right;">Y/N</td> </tr> <tr> <td>NPTS Aquafun</td> <td style="text-align: right;">N</td> </tr> <tr> <td>NPTS Competitive Development</td> <td style="text-align: right;">N</td> </tr> <tr> <td>Others:</td> <td></td> </tr> </table> <p>Comments: Overview delivered by Jo Honey was excellent. Fundamentals poor considering it was being delivered to qualified staff but was teaching participants how to teach. Nothing gained. Mini Polo excellent</p>	NPTS Overview	Y	NPTS FUNdamentals	Y	NPTS mini-polo!	N	NPTS Flip n Fun	Y/N	NPTS Aquafun	N	NPTS Competitive Development	N	Others:	
NPTS Overview	Y														
NPTS FUNdamentals	Y														
NPTS mini-polo!	N														
NPTS Flip n Fun	Y/N														
NPTS Aquafun	N														
NPTS Competitive Development	N														
Others:															
Please detail the resources used to help you implement the new NPTS?	Regular meetings with Regional Business Manager plus NPTS Aquatics Resource Pack														

What other resources would you like the ASA to develop as a priority?	Regional Teacher meetings to share ideas
How did you action plan for implementation and would you do anything differently?	Worked old scheme for 10 weeks with new scheme shadowing behind. Grading on both schemes to identify impact on levels . Parents information evening held plus letter explaining all the changes sent out in February prior to full implementation in April
What were the main skills gaps areas with the swimmers when you transferred and how did you overcome these?	Sculling. Children held in levels until skills improved
Did you have any difficulties with any areas of the syllabus (please specify) and was your RBM able to help provide a solution?	No problems encountered
Based on your experience is there anything you would have done differently?	No
Are there any best practice examples within your implementation that you could share with others- please give summary.	Not to give Parents too much information as they do not understand the principals of teaching swimming. Developed new literature within the site using the ASA Cylinder. Parents understood this more
Do you feel you received sufficient help from your RBM? How can we improve the service the ASA give you?	More than sufficient. RBM was very supportive
Please could you detail if you are currently using or considering using any of the other ASA awards eg- Swim a Song/ Distance Badges?	Still using distance awards but not the greater distances as the NTPS has more emphasis on skills rather than distance. Using Challenge Bronze, Silver, Gold and Honours for the Advanced swimmers who have completed to Stage 7
What would be your key recommendations for a programme yet to implement the new NPTS?	Plan early. Get Teachers committed first. Don't rush.
Are there any other comments you would like to add at this stage?	We adopted the attitude that no child would be down grading with the implementation of the new scheme. This was respected and supported by Parents but has meant that some children have

stayed in stages 3 and 4 longer than they may under the old scheme



Photographs courtesy of North Herts Leisure Centre

