



National Plan for Teaching Swimming Case Studies, 2009

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Hanna is happy to discuss Celtic Aqua Academy's experience of implementing the NPTS. Before doing so, you may wish to read her following comments about the process.

Do you have a full time Level 2 Teacher coordinating the swimming programme at your pool?	Yes (at 4 out of 5 pools, the 5 th pool has a full time coordinator but not level 2.)
Were you implementing the NPTS 1997 edition	Yes
When did you start to implement the NPTS 2007 edition	April 2008
Did you attend any CPD training and if "yes" how did you find out about the courses and were they useful? If you have not attended any of these CPD's could you please explain why?	NPTS Overview NPTS FUNdamentals NPTS Mini-polo! Comments Did not attend others as not delivering those parts of the programme at present
Have you received sufficient resources to help you implement the new NPTS?	Yes
What other resources would you like the ASA to develop as a priority?	1. Video summary available on British Swimming website 2. Poster template disk 3. DVD outcomes for disciplines Stage 8 -10
Did you use the NPTS Action Plan to help you implement the NPTS? Did you do anything different?	No, formulated my own due to the specific needs of my staff and customers. Longer periods of time allocated to launch process

What were the main skills gaps areas with the swimmers when you transferred and how did you overcome these?	Butterfly and breaststroke had not been taught. Inconsistent Approaches to skill delivery and attainment, we adjusted the Lesson plans to consider these needs in the 2 blocks before Launch.
Based on your experience is there anything you would have done differently?	Nothing can think of! Covered all bases and liaised with other SDOs, feedback from swim teachers was very positive and process met all of their needs.
Are there any best practice examples within your implementation that you could share with others? Please give summary	Production of schemes of work and a games resource with 6 other Las in Wales to improve consistency and assist staff with the new approach to delivery. SDO in attendance at as many sessions as possible. Formalized admin paperwork and procedure. Appointment of coordinators at each site. Parents meetings. Parents resources. Additional staff training programme in house. Stage 5, we promote the fact that learning 'aquatic' skills as argument is that they don't want their child to be an Olympic swimmer – but just because you may not want to come back doesn't mean that your child doesn't want to!
At what stages of the NPTS do you experience the highest dropout rate of swimmers and what (if any) interventions have you got in place to try to keep swimmers and parents involved?	Stage 5, we promote the fact that learning 'aquatic' skills as argument is that they don't want their child to be an Olympic swimmer – but just because you may not want to come back doesn't mean that your child doesn't want to!
Do you feel you received sufficient help from your RBM? How can we improve the service the ASA give you?	More regular contact as to how the launch / running of the Programme – ideas how to improve.
Please could you detail if you are currently using or considering using any of the other ASA awards eg- Swim a Song/ Distance Badges?	Use distance badges and Rookie Lifeguard Awards Implementing Swim a Song in next couple of months
What would be your key recommendations to anyone who is considering implementing the new NPTS?	Parents meetings, comprehensive staff training programme in Addition to official CPDs, get teachers in the water doing. Outcomes as part of training
Have you noticed an improvement in your programme since moving	Increased numbers enrolled = £12k over projected income profile Teachers approaching their delivery more positively

<p>to the new NPTS? Please can you explain any changes?</p>	<p>Implementation of ASA teaching guidelines</p>
<p>Do you have any suggestions for CPDs or training that may support your swimming coordinator when developing your swimming programme further?</p>	<p>Follow on from FUNdamentals CPD – How to effectively use Games to achieve the NPTS outcomes</p>
<p>Are there any other comments you would like to add at this stage?</p>	<p>The NPTS has changed and improved the lesson provision in Neath Port Talbot. Obviously there are some issues that need tweaking but on the whole the approach of the teachers has dramatically changed. The utilization is quite difficult for some teachers but are gradually improving,</p>