



## National Plan for Teaching Swimming Case Studies, 2009

Name of contact	Caroline Dewsnap
Name of centre/ Swim school/ club	GLL - Hackney
Contact address	Clissold Leisure Centre N16
E-mail Address	caroline.dewsnap@gll.org

Caroline is happy to discuss Clissold Leisure Centre's experience of implementing the NPTS. Before doing so, you may wish to read her following comments about the process.

Do you have a full time Level 2 Teacher coordinating the swimming programme at your pool?	No
Were you implementing the NPTS 1997 edition	No
When did you start to implement the NPTS 2007 edition	January 2008
Did you attend any CPD training and if "yes" how did you find out about the courses and were they useful? If you have not attended any of these CPD's could you please explain why?	NPTS FUNdamentals NPTS mini-polo! NPTS Flip n Fun  Others: There are none of the others available in the East London / Essex Regions. What about rookies and a swim a song CPDs?
Have you received sufficient resources to help you implement the new NPTS?	No
What other resources would you like the ASA to develop as a priority?	1. Detail each branch after stage 1 2. Need more support with Rookies 3. Need more CPDs and posters
Did you use the NPTS Action Plan to help you implement the NPTS? Did you do anything different?	Started fresh so runs reasonably well

What were the main skills gaps areas with the swimmers when you transferred and how did you overcome these?	They have distance and stamina yet lack good / ASA standard technique
Based on your experience is there anything you would have done differently?	Poster from ASA explaining why you changed it for parents A3
Are there any best practice examples within your implementation that you could share with others? Please give summary	Get co-ordinator / lead to do assessments on new pupils as parents get confused when coming from pools on old plan
At what stages of the NPTS do you experience the highest dropout rate of swimmers and what (if any) interventions have you got in place to try to keep swimmers and parents involved?	Stage 3 – Explain that with more time they will excel through 4 and 5 but they need technique
Do you feel you received sufficient help from your RBM? How can we improve the service the ASA give you?	Andrew Clarke – GLL Did not know my regional manager for ASA info
Please could you detail if you are currently using or considering using any of the other ASA awards eg- Swim a Song/ Distance Badges?	Currently do stages new distance awards, water skills and swim a Song. Looking into mini polo and Rookies, want to offer all Aquatic paths.
What would be your key recommendations to anyone who is considering implementing the new NPTS?	Be patient the turnaround for stages can range from 2 – 4 terms But it does work and benefits child long term
Have you noticed an improvement in your programme since moving to the new NPTS? Please can you explain any changes?	Pupils more at home in the water. More accurate and concentrate Hard. They have fun as its different skills.
Do you have any suggestions for CPDs or training that may support your swimming coordinator when developing your swimming programme	National Curriculum, synchro, Rookies, Competitive Swimming

further?	
Are there any other comments you would like to add at this stage?	Clissold leisure centre would like to hold CPDs at their / our Centre, would this be possible? We can fill courses, no problem.