



**National Plan for Teaching Swimming
Case Studies, 2009**

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Helen is happy to discuss Wrexham CBC's experience of implementing the NPTS. Before doing so, you may wish to read her following comments about the process.

Do you have a full time Level 2 Teacher coordinating the swimming programme at your pool?	Not at every pool
Were you implementing the NPTS 1997 edition	Yes
When did you start to implement the NPTS 2007 edition	September 2008
Did you attend any CPD training and if "yes" how did you find out about the courses and were they useful? If you have not attended any of these CPD's could you please explain why?	NPTS Overview – All swimming teachers in WCBC attended NPTS FUNdamentals NOTS Mini-polo! NPTS Aquafan – same swimming teachers have attended Others: WCBC clubs will be running stages 8-10 comp swimming
Have you received sufficient resources to help you implement the new NPTS?	Mostly yes
What other resources would you like the ASA to develop as a priority?	1. Posters for new NPTS 2. DVD is a very good resource it would be nice to see stages 3. Swimmers demonstrating stage 5 skills – I think better swimmers have been used and they are very good. There were no class ROAs within NPTS pack as before. These are really helpful resources. We have made our own but they aren't as good.

Did you use the NPTS Action Plan to help you implement the NPTS? Did you do anything different?	We implemented it slightly differently, but have been told
What were the main skills gaps areas with the swimmers when you transferred and how did you overcome these?	Originally we had a lot of swimmers in stage 5. Swimmers struggle with 10m butterfly and originally sculling
Based on your experience is there anything you would have done differently?	Have a few upbeat meetings until all resistance is squashed!
Are there any best practice examples within your implementation that you could share with others? Please give summary	We did have a straight swap at the end of the summer term from one scheme to the new one. We offered free lessons to assess children to the new plan
At what stages of the NPTS do you experience the highest dropout rate of swimmers and what (if any) interventions have you got in place to try to keep swimmers and parents involved?	Currently we have started to see a drop out following stage 5/6. We are offering testers of NPTS 8-10 of water polo / flip n fun / synchro and Rookie, also snorkeling
Do you feel you received sufficient help from your RBM? How can we improve the service the ASA give you?	No, help was fine.
Please could you detail if you are currently using or considering using any of the other ASA awards eg- Swim a Song/ Distance Badges?	Swim a song and challenge awards
What would be your key recommendations to anyone who is considering implementing the new NPTS?	Train all staff first, put into place an assessment process and educate parent's easily
Have you noticed an improvement in your programme since moving to the new NPTS? Please can you explain any changes?	There is an improvement in swimming strokes especially breaststroke also sculling and children appear to have a great understanding of what they are doing
Do you have any suggestions for CPDs or	Teaching through games / fun CPD

<p>training that may support your swimming coordinator when developing your swimming programme further?</p>	
<p>Are there any other comments you would like to add at this stage?</p>	<p>I like the new NPTS, I think it works better and is producing better swimmers, however I think children are dropping out earlier as their parents believe after Stage 5 they are capable enough swimmers and lessons are expensive, we are trying to put in incentives to keep swimmers within lessons and many children are keen on doing water polo etc</p>