

## **BRITISH SYNCHRONISED SWIMMING CHAMPIONSHIPS CONDITIONS**

### **1 General Conditions**

- 1.1 British Swimming reserves full powers over the British Synchronised Swimming Championships
- 1.2 The Championships shall be competed for annually under FINA Rules, the British Swimming Disciplinary Code and any additional conditions (printed in the respective Meet information). Where FINA Rules do not provide (for example: Health and Safety regulations and guidelines and Child Protection), when the Championships are held in England or Wales, the requirements of the ASA shall apply and when held in Scotland the requirements of SASA shall apply.
- 1.3 Entries will only be accepted from:
  - 1.3.1 Competitors registered as members of the Amateur Swimming Association (ASA) Scottish ASA (SASA) or Welsh ASA (WASA), [together, British Swimming competitors] or
  - 1.3.2 Competitors from one of the countries affiliated to FINA.
- 1.4 A Competitor must have been a registered member, or equivalent, of the club in whose name she/he is entered, at least 60 days prior to the first day of competition.
- 1.5 The promotion of the Championships shall be the responsibility of the British Swimming Technical Synchronised Swimming Committee [The Committee], which shall appoint an individual who, for all purposes, shall be regarded as the Promoter. The Board shall decide any matter that is not covered by these conditions.
- 1.6 These Championships shall be held at a venue and for a period determined by the Committee
- 1.7 The date and venue of the Championships shall be decided by the Committee

### **2 Entry Qualifications**

- 2.1 All competitors shall have obtained ASA Synchronised Skill Level 5 by the closing date of the championships, or such equivalent standard as shall have been agreed by the Committee for competitors referred to in 1.3.2.
- 2.2 A competitor may enter only one solo, one duet, one Team and one free Combination
- 2.3 Male and female competitors may only enter the Solo Championship providing there is a minimum number of six (6) entries of the same sex.
- 2.4 No mixed sex duet or team entries will be allowed.
- 2.5 No club may enter more than one free combination. A free combination shall consist of not less than four (4) nor more than ten (10) members. The total number of competitors entered for a team shall not exceed twelve (12), including two reserves.
- 2.3 The total number of competitors entered for a duet shall not exceed three (3).

### **3 Method of Entry**

- 3.1 Entry forms may be obtained from the National Events Department, Harold Fern House, Derby Square, Loughborough LE11 5AL.
- 3.2 Completed entry forms, one per routine, shall be submitted to the National Events Department together with the appropriate entry fees, not later than 28 days prior to the first day of the Championships. A passport photograph of the competitor should be attached to the entry form.
- 3.3 All music information must be registered with British Swimming at Harold Fern House, Derby Square, Loughborough LE11 5AL. The music of all routines must be stated on the "Cue" sheets provided by British Swimming and handed in to the Meet Organiser.
- 3.4 All music shall be recorded on a CD – one routine per CD with a 'lead in' of 4 seconds.
- 3.5 Competitors shall report to the Clerk of the Course not less than 30 minutes prior to the start of the event.

### **4 Championship Events**

- 4.1 Solo Championship - Technical and Free Routine
- 4.2 Duet Championship - Technical and Free Routine
- 4.3 Team Championship - Technical and Free Routine
- 4.4 Team Combination - Free Routine
- 4.5 The final scores in solo, duet and team championships shall be calculated by adding 50% of the score for the technical routine and 50% of the score for the free routines. The Team Combination shall be 100% score.

- 5 Routines
- 5.1 Time limits for Technical routines and Free routines, including ten (10) seconds for deck movements shall be:
- |       |                  |                   |        |         |
|-------|------------------|-------------------|--------|---------|
| 5.1.1 | Solo             | Technical Routine | 2 mins | 00 secs |
|       |                  | Free Routine      | 3 mins | 00 secs |
| 5.1.2 | Duet             | Technical Routine | 2 mins | 20 secs |
|       |                  | Free Routine      | 3 mins | 30 secs |
| 5.1.3 | Team             | Technical Routine | 2 mins | 50 secs |
|       |                  | Free Routine      | 4 mins | 00 secs |
| 5.1.4 | Free Combination |                   | 5 mins | 00 secs |
- 5.1.5 There shall be an allowance of fifteen (15) seconds less or plus the allotted time limits for Technical and Free Routines and Free Combination.
- 5.2 In routine events, the walk-on of the athletes from the designated starting point to achievement of a stationary position(s) may not exceed 30 seconds. Timing shall commence when the first competitor passes the starting point and end when the last competitor becomes stationary.
- 5.3 The timing of the routine shall start and finish with the accompaniment. The timing of deck movements shall end as the last competitor leaves the deck. Routines may start on the deck or in the water, but shall finish in the water.
- 5.4 The accompaniment and judging shall begin upon a signal from the referee. After the signal, the performance shall continue without interruption.
- 5.5 The names of the competitors in the Free Duets must be submitted to the Referee in writing within two hours of the technical routine results being available, and also the competitors in the Free Team and Free Combination Team or at such times as stated in advance by the Promoter. Changes after this time may only be made in the case of sudden illness or accident of a member of a duet or team, and if the reserve is ready to compete without delaying the event. If a reserve is not ready to compete without delay the duet or free combination shall be disqualified.
- 5.6 If the lack of a reserve reduces the Team or free combination size to less than four (4) the team shall be disqualified.
- 5.7 Failure to notify the referee of substitution and/or deletion shall result in disqualification.
- 6 Qualifications
- 6.1 For the Technical Solo competition:
- 6.1.1 The twelve (12) competitors with the highest total scores from the solo technical routine shall qualify to swim their free solo routine.
- 6.1.2 Should any of the qualifying competitors not wish to swim their routines, the competitor(s) with the next highest qualifying score may be included.
- 6.2 For the Free duet competition
- 6.2.1 All duets from the technical duet competition will swim their free duet routine.
- 6.3 All Championship Teams shall swim their free team routine
- 6.4 All Free Combination Teams shall swim their routine
- 7 Order of Appearance
- 7.1 Order of appearance for Technical Solo, Technical Duet and Technical Championship Team and Free Combination shall be selected by a random draw.
- 7.2 Order of appearance for Free Routine Events (Solo, Duet, Championship Team) shall be drawn by lots in groups of six (6). The lowest placed group shall swim first, the next lowest group second and so on. If there are not sufficient swimmers to form a group of six (6) the smallest group shall start first.
- 8 Officials.
- Technical Officials for all events shall be selected by the Committee or its delegated agent from lists approved by FINA, LEN, the ASA, SASA or WASA. The Referee shall be approved by the Committee.
- 9 Victory Ceremonies
- Finalists must proceed to the marshalling area for the parade when requested to do so. Appropriate clothing, e.g. full tracksuit and training shoes must be worn for the presentation.
- 10 Competitors' Accreditation
- Accreditation cards, which will afford admission to the event, will be issued to competitors on arrival at the venue,

11 Safety

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

12 TV, Video or Close Range Photography

When the competition involves young persons under the age of 18 years it shall be a requirement that staff shall be appointed at the entrance control to register details of any persons wishing to engage in any video, zoom or close range photography.

13 Doping Control

Competitors taking part in the Championships may be subject to random doping control. Accreditations cards with photograph identification will be accepted.

14 Trophies and Medals

15.1 Medals will be awarded to British competitors who are placed first, second or third in Solo, Duet, Team Championship events and Team Combination event (Medals will be presented to those reserves who swim in Duet, Team and Team events).

15.2 A commemorative medal shall be awarded to competitors referred to in 1.3.2, who are placed first, second or third in Solo, Duet, Team Championship and the Team Combination events. (Such medals will also be presented to those reserves who swim in Duet and Team events and achieve these places).

15.3 The Holland Trophy shall be awarded annually to the swimmer with the highest total of routine scores in the solo, duet, team and free combination events at the British Championships.

FINA SS 4.4 FREE COMBINATION

Free Combination has a maximum of ten (10) competitors who make a combination of routines (Solos, Duets, Trios, Teams). At least two (2) parts must have fewer than three (3) competitors and at least two (2) must have four (4) to ten (10) competitors.

Start of first part of the routine may be on the deck or in the water.

All of the following parts must start in the water.

A new part begins where the previous part ends.