



National Plan for Teaching Swimming Case Studies, 2009

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Sally is happy to discuss Bitterne Leisure Centre;s experience of implementing the NPTS. Before doing so, you may wish to read her following comments about the process.

Do you have a full time Level 2 Teacher coordinating the swimming programme at your pool?	No shared between – duty manager level 1 and swim teacher level 2
Were you implementing the NPTS 1997 edition	Yes
When did you start to implement the NPTS 2007 edition	September 2008
Did you attend any CPD training and if “yes” how did you find out about the courses and were they useful? If you have not attended any of these CPD’s could you please explain why?	<p>NPTS FUNdamentals NPTS mini-polo! NPTS Flip n Fun NPTS Aquafun</p> <p>Comments Water polo not very good, comments at the end. We Implemented the new stages plan across Southampton in Sept 08. We booked all teachers in at available CPDs. Very disappointed that no CPD had been organized for water polo in our area until Feb 09, yet new stages were live across the country from Sep 07. We took our own initiative, got in water polo team coaches from Southampton and ran our own teachers workshop. Did the same for Synchro, although all teachers have attended diving and synchro CPDs. We have got Soton Diving coaches in to do a teaching session with our teachers too. This has been much more beneficial for my teachers. On a positive note, have purchased swim fins and are using these in water polo (to distinguish teams, instead of swim hats) and aid children to tread water for 30 minutes, the kids are loving them!</p>

Have you received sufficient resources to help you implement the new NPTS?	No, we had our own posters made up for parents displaying what each stage entailed.
What other resources would you like the ASA to develop as a priority?	ASA finally made these posters in Jan 09 – 17 months after launch
Did you use the NPTS Action Plan to help you implement the NPTS? Did you do anything different?	Yes, but made our own posters, see above
What were the main skills gaps areas with the swimmers when you transferred and how did you overcome these?	Butterfly and we did combined classes for one term including Competition Swimming, diving, synchro, polo, this gave children a taste of all areas to help them choose.
Based on your experience is there anything you would have done differently?	No, it went fantastically smoothly. We had been planning change from Jan 08, implemented Sept 08.
Are there any best practice examples within your implementation that you could share with others? Please give summary	Plenty of notice to change and keeping parents and children well informed.
At what stages of the NPTS do you experience the highest dropout rate of swimmers and what (if any) interventions have you got in place to try to keep swimmers and parents involved?	Stage 8 was disappointing
Do you feel you received sufficient help from your RBM? How can we improve the service the ASA give you?	Have had posters ready when first launched
Please could you detail if you are currently using or considering using any of the other ASA awards eg- Swim a Song/ Distance Badges?	No
What would be your key	Plenty of planning – we took 8 months but the

recommendations to anyone who is considering implementing the new NPTS?	outcomes were fantastic.
Do you have any suggestions for CPDs or training that may support your swimming coordinator when developing your swimming programme further?	Each area – much more advanced – polo, diving etc