



2009/2010 High Performance Training Centre Selection information

- This selection is an open event to all synchronised swimmers with a British Passport born in 1994 or earlier
- Dates: August 17th to 22nd 2009 for all athletes except the Talent Satellite athletes (TSA) and other eligible athletes involved in the Comen Cup
- Dates: August 24th- 25th for the TSA athletes who were involved in the Comen Cup and all other Comen Cup athletes and athletes who have been short listed from the 21st August.
- 10 – 12 athletes will be selected by National Performance Director (NPD) and Coaching staff at HPC
- The minimum number of athletes selected is 10 and the maximum number to be selected is 12
- The criteria for selection will be on the British Swimming Website by July 17th, 2009
www.britishswimming.org
- All athletes attending from the 17th to the 21st August will be notified on the 21st if they have been short listed for the final selection phase on the 24th and 25th August
- Results of the selection will be communicated to all athletes on the 25th August.
- All athletes selected to the HPC may be placed on probation by the NPD at any time. Conditions for the probation and return to full status or non selection will be at the discretion of the NPD

Probation

An environment of excellence has been created at the High Performance Centre for synchronised swimming in which World class performers can excel. Occasionally an athlete may fall below the standards set at the HPC. The probation policy has been created to assist an athlete get back on track and meet the training standards or be removed from the programme.

- Any athlete may be placed on probation for the following reasons but is not limited to:
 1. Is unable to maintain training standards as required
 2. Is unable to meet performance expectations
 3. Is unable to perform due to injury or illness
 4. Exhibits conduct that is detrimental to British Swimming
- The athlete involved will work with the NPD/HPC staff to implement an individualised training plan to address the areas of concern and a time frame for evaluation and to be return to full status at the HPC or removal from the HPC.
- In general a 3-month period of probation will be given. This may change at the discretion of the NPD
- Athletes identified by the NPD/HC for probation will be notified by the NPD by letter and whenever possible at an individual meeting
- All athletes selected to the HPC may be placed on probation by the NPD at any time. Conditions for the probation and return to full status or non selection will be at the discretion of the NPD