

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009  
Results**

**Event 1 Men 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S6**

| Name                       | Age             | Team                       | Seed Time       | Finals Time     |
|----------------------------|-----------------|----------------------------|-----------------|-----------------|
| 1 Whorwood, Matthew        | 20              | Swansea Performance Centre | 5:20.36         | 5:30.28         |
|                            | 37.09           | 1:17.59 (40.50)            | 1:59.00 (41.41) | 2:41.56 (42.56) |
|                            | 3:24.00 (42.44) | 4:06.20 (42.20)            | 4:48.50 (42.30) | 5:30.28 (41.78) |
| 2 Holland-Leavens, William | 19              | Deepings SC                | 6:29.60         | 6:44.59         |
|                            | 46.66           | 1:38.35 (51.69)            | 2:29.82 (51.47) | 3:20.14 (50.32) |
|                            | 4:13.33 (53.19) | 5:05.61 (52.28)            | 5:57.00 (51.39) | 6:44.59 (47.59) |

**Event 1 Men 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S7**

| Name             | Age             | Team                       | Seed Time       | Finals Time     |
|------------------|-----------------|----------------------------|-----------------|-----------------|
| 1 Roberts, David | 29              | Swansea Performance Centre | 4:52.71         | 4:45.82         |
|                  | 32.57           | 1:07.46 (34.89)            | 1:43.26 (35.80) | 2:19.38 (36.12) |
|                  | 2:55.83 (36.45) | 3:32.57 (36.74)            | 4:09.93 (37.36) | 4:45.82 (35.89) |
| 2 Fox, Jonathan  | 18              | Newquay Cormorants SC      | 5:07.42         | 5:08.44         |
|                  | 33.65           | 1:11.89 (38.24)            | 1:51.23 (39.34) | 2:30.84 (39.61) |
|                  | 3:10.76 (39.92) | 3:50.77 (40.01)            | 4:30.87 (40.10) | 5:08.44 (37.57) |
| 3 Bradley, Sam   | 16              | Mid Beds SS                | 5:18.30         | 5:20.81         |
|                  | 37.73           | 1:17.84 (40.11)            | 1:58.61 (40.77) | 2:39.26 (40.65) |
|                  | 3:19.82 (40.56) | 4:00.63 (40.81)            | 4:41.03 (40.40) | 5:20.81 (39.78) |
| 4 Craig, Josef   | 12              | South Tyneside SC          | 6:00.49         | 5:58.56         |
|                  | 41.16           | 1:27.35 (46.19)            | 2:13.81 (46.46) | 2:58.83 (45.02) |
|                  | 3:45.78 (46.95) | 4:31.38 (45.60)            | 5:17.24 (45.86) | 5:58.56 (41.32) |

**Event 1 Men 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S8**

| Name              | Age             | Team                 | Seed Time       | Finals Time     |
|-------------------|-----------------|----------------------|-----------------|-----------------|
| 1 Hynd, Sam       | 18              | Nova Centurion SC    | 4:20.24         | 4:26.81         |
|                   | 30.75           | 1:03.76 (33.01)      | 1:37.43 (33.67) | 2:11.53 (34.10) |
|                   | 2:45.10 (33.57) | 3:19.00 (33.90)      | 3:53.02 (34.02) | 4:26.81 (33.79) |
| 2 Fraser, Sean    | 19              | Warrender Baths Clun | 4:41.28         | 4:31.06         |
|                   | 31.20           | 1:05.42 (34.22)      | 1:39.31 (33.89) | 2:13.30 (33.99) |
|                   | 2:47.12 (33.82) | 3:21.57 (34.45)      | 3:56.45 (34.88) | 4:31.06 (34.61) |
| 3 Gordon, Stephen | 21              | South Tyneside SC    | 5:20.73         | 5:39.11         |
|                   | 36.77           | 1:16.37 (39.60)      | 1:57.80 (41.43) | 2:40.86 (43.06) |
|                   | 3:24.52 (43.66) | 4:08.66 (44.14)      | 4:53.77 (45.11) | 5:39.11 (45.34) |

**Event 1 Men 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S9**

| Name        | Age             | Team                | Seed Time       | Finals Time     |
|-------------|-----------------|---------------------|-----------------|-----------------|
| 1 Kaye, Sam | 18              | Troutbeck Bridge SC | 4:43.67         | 4:43.03         |
|             | 31.21           | 1:05.87 (34.66)     | 1:41.46 (35.59) | 2:17.84 (36.38) |
|             | 2:54.65 (36.81) | 3:30.68 (36.03)     | 4:07.38 (36.70) | 4:43.03 (35.65) |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                      |                 |                            |                 |         |
|---|----------------------|-----------------|----------------------------|-----------------|---------|
| 2 | Peters, Morgyn       | 13              | Wycombe District SC/SWDY   | 5:52.10         | 5:02.52 |
|   | 35.29                | 1:14.03 (38.74) | 1:52.72 (38.69)            | 2:30.96 (38.24) |         |
|   | 3:09.17 (38.21)      | 3:47.15 (37.98) | 4:25.08 (37.93)            | 5:02.52 (37.44) |         |
| 3 | Wylie, Matthew James | 13              | C<br>ity of Sunderland Asc | 5:52.22         | 5:46.46 |
|   | 38.12                | 1:21.10 (42.98) | 2:06.00 (44.90)            | 2:51.32 (45.32) |         |
|   | 3:35.88 (44.56)      | 4:19.92 (44.04) | 5:03.93 (44.01)            | 5:46.46 (42.53) |         |

**Event 1 Men 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S10**

|     | Name                     | Age             | Team                       | Seed Time       | Finals Time |
|-----|--------------------------|-----------------|----------------------------|-----------------|-------------|
| 1   | Welbourn, Robert         | 22              | Swansea Performance Centre | 4:11.67         | 4:02.81     |
|     | 27.75                    | 58.39 (30.64)   | 1:29.38 (30.99)            | 2:00.05 (30.67) |             |
|     | 2:30.67 (30.62)          | 3:01.53 (30.86) | 3:32.10 (30.57)            | 4:02.81 (30.71) |             |
| 2   | Eke, Jonathan            | 13              | Dragons Disabled SC/ABTY   | 5:35.94         | 5:45.19     |
|     | 38.25                    | 1:21.11 (42.86) | 2:04.91 (43.80)            | 2:49.81 (44.90) |             |
|     | 3:34.18 (44.37)          | 4:19.25 (45.07) | 5:02.40 (43.15)            | 5:45.19 (42.79) |             |
| --- | Crouch, Ryan             | 15              | Ipswich Swimming Club      | 4:35.50         | DQ          |
|     | Swimmer made use of aids |                 |                            |                 |             |
|     | 30.19                    | 1:03.83 (33.64) | 1:38.28 (34.45)            | 2:13.01 (34.73) |             |
|     | 2:47.96 (34.95)          | 3:22.78 (34.82) | 3:57.85 (35.07)            | DQ (33.89)      |             |

**Event 1 Men 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S12**

|   | Name            | Age             | Team               | Seed Time       | Finals Time |
|---|-----------------|-----------------|--------------------|-----------------|-------------|
| 1 | Reeve, Michael  | 17              | Leicester Penguins | 5:29.36         | 5:21.50     |
|   | 35.23           | 1:14.73 (39.50) | 1:56.20 (41.47)    | 2:37.81 (41.61) |             |
|   | 3:20.60 (42.79) | 4:02.45 (41.85) | 4:43.96 (41.51)    | 5:21.50 (37.54) |             |

**Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S6**

|   | Name              | Age             | Team                       | Seed Time       | Finals Time |
|---|-------------------|-----------------|----------------------------|-----------------|-------------|
| 1 | Simmonds, Eleanor | 15              | Swansea Performance Centre | 5:47.00         | 5:30.91     |
|   | 38.88             | 1:20.03 (41.15) | 2:02.06 (42.03)            | 2:44.50 (42.44) |             |
|   | 3:26.41 (41.91)   | 4:08.41 (42.00) | 4:50.21 (41.80)            | 5:30.91 (40.70) |             |
| 2 | Lewis, Nyree      | 29              | Leominster Kingfisher SC   | 6:19.86         | 6:17.40     |
|   | 43.62             | 1:30.68 (47.06) | 2:19.07 (48.39)            | 3:07.36 (48.29) |             |
|   | 3:54.82 (47.46)   | 4:42.55 (47.73) | 5:30.09 (47.54)            | 6:17.40 (47.31) |             |
| 3 | Warne, Claire     | 16              | Flitwick Dolphins SC       | 7:01.61         | 7:18.59     |
|   | 50.85             | 1:47.29 (56.44) | 2:42.67 (55.38)            | 3:39.05 (56.38) |             |
|   | 4:33.97 (54.92)   | 5:29.89 (55.92) | 6:26.00 (56.11)            | 7:18.59 (52.59) |             |

**Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S7**

|   | Name                | Age | Team           | Seed Time | Finals Time |
|---|---------------------|-----|----------------|-----------|-------------|
| 1 | O'Connor, Francesca | 18  | Wyre Forest SC | 5:52.47   | 5:56.03     |

**British Gas Swim Wales Disability Short Courts - 04/07/2009 to 05/07/2009****Results**

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 41.29           | 1:25.45 (44.16) | 2:10.54 (45.09) | 2:56.74 (46.20) |
| 3:41.85 (45.11) | 4:27.48 (45.63) | 5:12.83 (45.35) | 5:56.03 (43.20) |

**Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S8**

| Name                   | Age | Team                   | Seed Time         | Finals Time       |
|------------------------|-----|------------------------|-------------------|-------------------|
| 1 Frederiksen, Heather | 24  | C<br>ity of Salford Sc | 4:44.86           | 4:39.36           |
|                        |     |                        | 32.36             | 1:06.79 (34.43)   |
|                        |     |                        | 2:17.81 (35.61)   |                   |
|                        |     |                        | 2:53.54 (35.73)   | 3:29.29 (35.75)   |
|                        |     |                        | 4:04.74 (35.45)   | 4:39.36 (34.62)   |
| 2 Henshaw, Charlotte   | 22  | Nova Centurion SC      | 6:00.00           | 5:54.93           |
|                        |     |                        | 41.03             | 1:24.20 (43.17)   |
|                        |     |                        | 2:08.84 (44.64)   | 3:39.36 (1:30.52) |
|                        |     |                        | 4:24.81 (45.45)   | 5:10.24 (45.43)   |
|                        |     |                        | 5:54.93 (44.69)   |                   |
| 3 Twomlow, Lorna       | 21  | Leicester Penguins     | 7:30.00           | 7:59.42           |
|                        |     |                        | 47.86             | 1:44.28 (56.42)   |
|                        |     |                        | 2:45.06 (1:00.78) | 3:47.14 (1:02.08) |
|                        |     |                        | 4:50.49 (1:03.35) | 5:54.66 (1:04.17) |
|                        |     |                        | 6:58.17 (1:03.51) | 7:59.42 (1:01.25) |

**Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S9**

| Name                  | Age | Team                           | Seed Time       | Finals Time     |
|-----------------------|-----|--------------------------------|-----------------|-----------------|
| 1 Millward, Stephanie | 28  | Swansea Performance Centre     | 4:42.59         | 4:40.13         |
|                       |     |                                | 32.57           | 1:07.35 (34.78) |
|                       |     |                                | 2:18.17 (35.41) |                 |
|                       |     |                                | 2:53.87 (35.70) | 3:28.83 (34.96) |
|                       |     |                                | 4:04.29 (35.46) | 4:40.13 (35.84) |
| 2 Watkin, Louise      | 17  | Kelly College SC               | 4:47.14         | 4:40.38         |
|                       |     |                                | 32.21           | 1:07.53 (35.32) |
|                       |     |                                | 2:17.95 (35.55) |                 |
|                       |     |                                | 2:53.48 (35.53) | 3:29.60 (36.12) |
|                       |     |                                | 4:04.97 (35.37) | 4:40.38 (35.41) |
| 3 Simpkin, Lizzie     | 15  | Southport SC                   | 5:36.35         | 5:13.52         |
|                       |     |                                | 34.38           | 1:14.03 (39.65) |
|                       |     |                                | 2:34.51 (39.88) |                 |
|                       |     |                                | 3:15.50 (40.99) | 3:55.32 (39.82) |
|                       |     |                                | 4:35.53 (40.21) | 5:13.52 (37.99) |
| 4 Cranfield, Jo-jo    | 16  | Rochford and District Swim Cub | 5:24.62         | 5:29.65         |
|                       |     |                                | 36.57           | 1:17.83 (41.26) |
|                       |     |                                | 2:41.99 (42.25) |                 |
|                       |     |                                | 3:23.99 (42.00) | 4:07.25 (43.26) |
|                       |     |                                | 4:49.43 (42.18) | 5:29.65 (40.22) |
| 5 Harper, Jessica     | 15  | Chelsea & Kensington Swimming  | 6:09.56         | 5:49.35         |
|                       |     |                                | 38.34           | 1:21.51 (43.17) |
|                       |     |                                | 2:48.82 (44.19) |                 |
|                       |     |                                | 3:33.27 (44.45) | 4:19.50 (46.23) |
|                       |     |                                | 5:05.62 (46.12) | 5:49.35 (43.73) |
| 6 Bellars, Laura      | 21  | City of Peterborough SC        | 6:08.82         | 6:22.82         |
|                       |     |                                | 44.38           | 1:31.93 (47.55) |
|                       |     |                                | 3:08.40 (48.31) |                 |
|                       |     |                                | 3:56.34 (47.94) | 4:45.60 (49.26) |
|                       |     |                                | 5:35.42 (49.82) | 6:22.82 (47.40) |
| 7 Harris, Emily       | 12  | St Felix School SC (Southwold) | 6:29.77         | 6:27.31         |
|                       |     |                                | 41.96           | 1:29.78 (47.82) |
|                       |     |                                | 3:08.71 (49.51) |                 |
|                       |     |                                | 3:58.84 (50.13) | 4:49.38 (50.54) |
|                       |     |                                | 5:39.76 (50.38) | 6:27.31 (47.55) |

**(Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S9)**

| Name              | Age | Team            | Seed Time | Finals Time |
|-------------------|-----|-----------------|-----------|-------------|
| 8 Roberts, Bethan | 14  | Denbigh Dragons | 6:24.41   | 6:27.77     |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|                      |                 |                     |                 |                 |         |
|----------------------|-----------------|---------------------|-----------------|-----------------|---------|
|                      | 41.96           | 1:30.87 (48.91)     | 2:20.39 (49.52) | 3:10.31 (49.92) |         |
|                      | 4:00.65 (50.34) | 4:51.24 (50.59)     | 5:40.89 (49.65) | 6:27.77 (46.88) |         |
| 9 Buck, Chloe        |                 | 12 York City        |                 | 6:27.13         | 6:36.53 |
|                      | 43.29           | 1:34.07 (50.78)     | 2:24.68 (50.61) | 3:14.95 (50.27) |         |
|                      | 4:05.99 (51.04) | 4:58.07 (52.08)     | 5:47.76 (49.69) | 6:36.53 (48.77) |         |
| --- Steadman, Lauren |                 | 17 Kelly College SC |                 | 4:59.06         | NS      |

**Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S10**

| Name                  | Age             | Team                       | Seed Time       | Finals Time     |
|-----------------------|-----------------|----------------------------|-----------------|-----------------|
| 1 Papadopoulos, Eleni | 17              | C<br>ity of Sunderland Asc | 5:04.46         | 5:02.36         |
|                       | 33.50           | 1:10.55 (37.05)            | 1:48.94 (38.39) | 2:27.47 (38.53) |
|                       | 3:06.37 (38.90) | 3:45.66 (39.29)            | 4:24.46 (38.80) | 5:02.36 (37.90) |
| 2 Almond, Gemma       | 16              | S<br>hrewsbury Sc          | 5:11.46         | 5:15.55         |
|                       | 34.61           | 1:12.67 (38.06)            | 1:52.46 (39.79) | 2:32.99 (40.53) |
|                       | 3:13.81 (40.82) | 3:54.58 (40.77)            | 4:35.59 (41.01) | 5:15.55 (39.96) |

**Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S13**

| Name              | Age             | Team                       | Seed Time       | Finals Time     |
|-------------------|-----------------|----------------------------|-----------------|-----------------|
| 1 Henry, Rhiannon | 22              | Swansea Performance Centre | 4:40.30         | 4:42.47         |
|                   | 32.23           | 1:07.07 (34.84)            | 1:42.57 (35.50) | 2:18.50 (35.93) |
|                   | 2:54.59 (36.09) | 3:30.03 (35.44)            | 4:06.56 (36.53) | 4:42.47 (35.91) |

**Event 2 Women 400 SC Meter Freestyle S6 - S15 & S17 Multi-Disability S14**

| Name              | Age             | Team                         | Seed Time       | Finals Time     |
|-------------------|-----------------|------------------------------|-----------------|-----------------|
| 1 Massey, Natalie | 20              | A<br>quabears Of Rochdale Sc | 5:00.00         | 4:53.43         |
|                   | 32.74           | 1:09.22 (36.48)              | 1:46.69 (37.47) | 2:24.20 (37.51) |
|                   | 3:01.62 (37.42) | 3:39.33 (37.71)              | 4:16.69 (37.36) | 4:53.43 (36.74) |
| 2 Hoar, Amberley  | 16              | Portsmouth Northsea SC       | 5:32.59         | 5:33.97         |
|                   | 37.52           | 1:19.10 (41.58)              | 2:01.93 (42.83) | 2:44.54 (42.61) |
|                   | 3:27.19 (42.65) | 4:10.62 (43.43)              | 4:53.51 (42.89) | 5:33.97 (40.46) |

**Event 3 Men 200 SC Meter Freestyle S1 - S5 Multi-Disability S2**

| Name              | Age | Team              | Seed Time | Finals Time |
|-------------------|-----|-------------------|-----------|-------------|
| --- Anderson, Jim | 46  | Stirling Swimming | 5:12.92   | NS          |

**Event 3 Men 200 SC Meter Freestyle S1 - S5 Multi-Disability S5**

| Name                | Age   | Team                       | Seed Time       | Finals Time     |
|---------------------|-------|----------------------------|-----------------|-----------------|
| 1 Stephens, Anthony | 23    | Swansea Performance Centre | 2:57.08         | 2:45.72         |
|                     | 37.32 | 1:19.36 (42.04)            | 2:02.79 (43.43) | 2:45.72 (42.93) |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                  |                   |                    |                   |         |
|---|------------------|-------------------|--------------------|-------------------|---------|
| 2 | Longhorn, Lyndon | 14                | W<br>ear Valley Sc | 5:39.00           | 4:32.79 |
|   | 57.68            | 2:07.13 (1:09.45) | 3:20.06 (1:12.93)  | 4:32.79 (1:12.73) |         |

**Event 4 Women 200 SC Meter Freestyle S1 - S5 Multi-Disability S1**

|   | Name            | Age               | Team              | Seed Time         | Finals Time |
|---|-----------------|-------------------|-------------------|-------------------|-------------|
| 1 | Watts, Danielle | 29                | City of Oxford SC | 6:10.45           | 6:27.05     |
|   | 1:39.99         | 3:18.09 (1:38.10) | 4:53.92 (1:35.83) | 6:27.05 (1:33.13) |             |

**Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM6**

|   | Name              | Age             | Team                       | Seed Time | Finals Time |
|---|-------------------|-----------------|----------------------------|-----------|-------------|
| 1 | Kindred, Sascha   | 32              | Leominster Kingfisher SC   | 1:18.00   | 1:16.54     |
|   | 35.99             | 1:16.54 (40.55) |                            |           |             |
| 2 | Whorwood, Matthew | 20              | Swansea Performance Centre | 1:23.26   | 1:23.84     |
|   | 41.03             | 1:23.84 (42.81) |                            |           |             |

**Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM7**

|   | Name           | Age             | Team                       | Seed Time | Finals Time |
|---|----------------|-----------------|----------------------------|-----------|-------------|
| 1 | Roberts, David | 29              | Swansea Performance Centre | 1:20.10   | 1:23.80     |
|   | 38.48          | 1:23.80 (45.32) |                            |           |             |

**(Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM7)**

|     | Name         | Age             | Team        | Seed Time | Finals Time |
|-----|--------------|-----------------|-------------|-----------|-------------|
| 2   | Bradley, Sam | 16              | Mid Beds SS | 1:28.05   | 1:27.18     |
|     | 41.19        | 1:27.18 (45.99) |             |           |             |
| --- | Walker, Matt | 31              | Marple SC   | 1:17.81   | NS          |

**Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM8**

|     | Name                                 | Age             | Team                    | Seed Time | Finals Time |
|-----|--------------------------------------|-----------------|-------------------------|-----------|-------------|
| 1   | Hynd, Sam                            | 18              | Nova Centurion SC       | 1:09.61   | 1:12.21     |
|     | 35.09                                | 1:12.21 (37.12) |                         |           |             |
| 2   | Gordon, Stephen                      | 21              | South Tyneside SC       | 1:30.77   | 1:30.10     |
|     | 40.50                                | 1:30.10 (49.60) |                         |           |             |
| --- | Young, Thomas                        | 18              | Gallica (Lancashire) SC | 1:17.67   | DQ          |
|     | False start - Misc                   |                 |                         |           |             |
|     | 32.95                                | DQ (40.55)      |                         |           |             |
| --- | Howard, Richard                      | 21              | C<br>ity of Salford Sc  | 1:13.49   | DQ          |
|     | Did not swim stroke specified - Misc |                 |                         |           |             |
|     | 32.74                                | DQ (38.34)      |                         |           |             |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results****Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM9**

| Name                   | Age   | Team                           | Seed Time   | Finals Time |
|------------------------|-------|--------------------------------|---|-------------|
| 1 Hill, David          | 20    | Team Bath                      | 1:09.67   | 1:07.82     |
|                        | 30.06 |                                | 1:07.82 (37.76)   |             |
| 2 Miller, Simon        | 23    | A<br>quabears Of Rochdale Sc   | 1:12.00   | 1:09.17     |
|                        | 32.27 |                                | 1:09.17 (36.90)   |             |
| 3 Peters, Morgyn       | 13    | Wycombe District SC/SWDY       | 1:25.06   | 1:19.82     |
|                        | 34.38 |                                | 1:19.82 (45.44)   |             |
| 4 Wylie, Matthew James | 13    | C<br>ity of Sunderland Asc     | 1:40.92   | 1:31.83     |
|                        | 42.76 |                                | 1:31.83 (49.07)   |             |
| --- Sidaway, Jonathan  | 17    | Burgess Hill and Haywards Heat | 1:54.00   | DQ          |
|                        | 54.54 |                                | Did not bring arms forward and/or backward simultaneously - fly<br>DQ (55.23) |             |

**Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM10**

| Name                 | Age   | Team                          | Seed Time       | Finals Time |
|----------------------|-------|-------------------------------|-----------------|-------------|
| 1 Edmunds, Graham    | 35    | Swansea Performance Centre    | 1:07.89         | 1:04.69     |
|                      | 29.95 |                               | 1:04.69 (34.74) |             |
| 2 Whiteley, Laurence | 18    | Richmond Dales Amateur Swimmi | 1:20.00         | 1:14.71     |
|                      | 34.20 |                               | 1:14.71 (40.51) |             |

**Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM13**

| Name          | Age   | Team                         | Seed Time       | Finals Time |
|---------------|-------|------------------------------|-----------------|-------------|
| 1 Ellis, Dave | 23    | A<br>quabears Of Rochdale Sc | 1:05.69         | 1:03.99     |
|               | 30.03 |                              | 1:03.99 (33.96) |             |

**Event 5 Men 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM17**

| Name          | Age   | Team                     | Seed Time       | Finals Time |
|---------------|-------|--------------------------|-----------------|-------------|
| 1 Eke, Nathan | 13    | Dragons Disabled SC/ABTY | 1:41.88         | 1:28.88     |
|               | 40.64 |                          | 1:28.88 (48.24) |             |

**Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM6**

| Name                | Age   | Team                       | Seed Time       | Finals Time |
|---------------------|-------|----------------------------|-----------------|-------------|
| 1 Simmonds, Eleanor | 15    | Swansea Performance Centre | 1:34.66         | 1:33.46     |
|                     | 46.19 |                            | 1:33.46 (47.27) |             |
| 2 Johnson, Liz      | 24    | Swansea Performance Centre | 1:34.82         | 1:33.72     |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                |                 |                        |         |         |
|---|----------------|-----------------|------------------------|---------|---------|
|   | 44.69          | 1:33.72 (49.03) |                        |         |         |
| 3 | Jones, Natalie | 25              | Colchester Phoenix Asc | 1:34.00 | 1:35.45 |

|   |              |                 |                  |         |         |
|---|--------------|-----------------|------------------|---------|---------|
|   | 43.88        | 1:35.45 (51.57) |                  |         |         |
| 4 | Langton, Jan | 23              | Kelly College SC | 1:47.29 | 1:45.95 |

**(Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM6)**

|   | Name           | Age   | Team                   | Seed Time | Finals Time |
|---|----------------|-------|------------------------|-----------|-------------|
| 5 | Warne, Claire  | 16    | Flitwick Dolphins SC   | 1:53.11   | 1:53.95     |
|   |                |       |                        |           |             |
|   |                | 51.20 | 1:53.95 (1:02.75)      |           |             |
| 6 | Fleming, Jodie | 16    | Colchester Phoenix Asc | 2:12.15   | 2:06.87     |
|   |                |       |                        |           |             |
|   |                | 56.92 | 2:06.87 (1:09.95)      |           |             |

**Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM8**

|   | Name               | Age   | Team                             | Seed Time | Finals Time |
|---|--------------------|-------|----------------------------------|-----------|-------------|
| 1 | Latham, Rachel     | 20    | C<br>ity of Sheffield Swim Squad | 1:24.48   | 1:26.04     |
|   |                    |       |                                  |           |             |
|   |                    | 36.83 | 1:26.04 (49.21)                  |           |             |
| 2 | Hollis, Emma       | 17    | Epping Forest Dist. SC           | 1:28.98   | 1:27.20     |
|   |                    |       |                                  |           |             |
|   |                    | 39.76 | 1:27.20 (47.44)                  |           |             |
| 3 | Henshaw, Charlotte | 22    | Nova Centurion SC                | 1:30.32   | 1:31.56     |
|   |                    |       |                                  |           |             |
|   |                    | 43.43 | 1:31.56 (48.13)                  |           |             |

**Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM9**

|    | Name                | Age   | Team                           | Seed Time | Finals Time |
|----|---------------------|-------|--------------------------------|-----------|-------------|
| *1 | Millward, Stephanie | 28    | Swansea Performance Centre     | 1:13.08   | 1:13.90     |
|    |                     |       |                                |           |             |
|    |                     | 32.43 | 1:13.90 (41.47)                |           |             |
| *1 | Buck, Chloe         | 12    | York City                      | 1:41.11   | 1:39.87     |
|    |                     |       |                                |           |             |
|    |                     | 50.00 | 1:39.87 (49.87)                |           |             |
| 2  | Cashmore, Claire    | 21    | C<br>ity of Leeds Sc           | 1:14.00   | 1:14.29     |
|    |                     |       |                                |           |             |
|    |                     | 34.75 | 1:14.29 (39.54)                |           |             |
| 3  | Grey, Kate          | 20    | University of Bath             | 1:17.23   | 1:16.54     |
|    |                     |       |                                |           |             |
|    |                     | 35.61 | 1:16.54 (40.93)                |           |             |
| 4  | Steadman, Lauren    | 17    | Kelly College SC               | 1:18.42   | 1:19.00     |
|    |                     |       |                                |           |             |
|    |                     | 35.90 | 1:19.00 (43.10)                |           |             |
| 5  | Smith, Lauren       | 14    | Epping Forest Dist. SC         | 1:21.45   | 1:21.29     |
|    |                     |       |                                |           |             |
|    |                     | 37.89 | 1:21.29 (43.40)                |           |             |
| 6  | Cranfield, Jo-jo    | 16    | Rochford and District Swim Cub | 1:27.19   | 1:25.32     |
|    |                     |       |                                |           |             |
|    |                     | 41.00 | 1:25.32 (44.32)                |           |             |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|     |                |                   |                                |         |         |
|-----|----------------|-------------------|--------------------------------|---------|---------|
| 7   | Buck, Leonie   | 14                | Greenwich Borough Mariners     | 1:44.38 | 1:41.85 |
|     | 48.36          | 1:41.85 (53.49)   |                                |         |         |
| 8   | Bellars, Laura | 21                | City of Peterborough SC        | 1:37.49 | 1:41.91 |
|     | 48.64          | 1:41.91 (53.27)   |                                |         |         |
| 9   | Harris, Emily  | 12                | St Felix School SC (Southwold) | 1:56.59 | 1:55.68 |
|     | 54.49          | 1:55.68 (1:01.19) |                                |         |         |
| --- | Watkin, Louise | 17                | Kelly College SC               | 1:17.00 | NS      |

**Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM10**

|   | Name                | Age             | Team                         | Seed Time | Finals Time |
|---|---------------------|-----------------|------------------------------|-----------|-------------|
| 1 | Papadopoulos, Eleni | 17              | C<br>ity of Sunderland Asc   | 1:24.95   | 1:18.10     |
|   | 36.37               | 1:18.10 (41.73) |                              |           |             |
| 2 | Cattle, Emma        | 21              | A<br>quabears Of Rochdale Sc | 1:19.10   | 1:22.22     |
|   | 35.49               | 1:22.22 (46.73) |                              |           |             |

**Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM13**

|   | Name            | Age             | Team                       | Seed Time | Finals Time |
|---|-----------------|-----------------|----------------------------|-----------|-------------|
| 1 | Henry, Rhiannon | 22              | Swansea Performance Centre | 1:16.50   | 1:12.26     |
|   | 32.88           | 1:12.26 (39.38) |                            |           |             |

**Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM14**

|   | Name            | Age             | Team                         | Seed Time | Finals Time |
|---|-----------------|-----------------|------------------------------|-----------|-------------|
| 1 | Massey, Natalie | 20              | A<br>quabears Of Rochdale Sc | 1:20.34   | 1:15.54     |
|   | 35.46           | 1:15.54 (40.08) |                              |           |             |
| 2 | Hoar, Amberley  | 16              | Portsmouth Northsea SC       | 1:27.02   | 1:27.12     |
|   | 41.25           | 1:27.12 (45.87) |                              |           |             |

**Event 6 Women 100 SC Meter IM SM1 - SM15 & SM17 Multi-Disability SM17**

|   | Name        | Age               | Team                     | Seed Time | Finals Time |
|---|-------------|-------------------|--------------------------|-----------|-------------|
| 1 | Eke, Bethan | 11                | Dragons Disabled SC/ABTY | 1:55.65   | 1:59.41     |
|   | 55.69       | 1:59.41 (1:03.72) |                          |           |             |

**Event 7 Men 50 SC Meter Breaststroke SB1 - SB3 Multi-Disability SB3**

|   | Name             | Age | Team               | Seed Time | Finals Time |
|---|------------------|-----|--------------------|-----------|-------------|
| 1 | Longhorn, Lyndon | 14  | W<br>ear Valley Sc | 1:57.00   | 1:31.67     |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009  
Results**

**Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM6**

| Name                       | Age   | Team                       | Seed Time       | Finals Time     |
|----------------------------|-------|----------------------------|-----------------|-----------------|
| 1 Kindred, Sascha          | 32    | Leominster Kingfisher SC   | 2:50.24         | 2:42.48         |
|                            | 33.82 | 1:17.35 (43.53)            | 2:03.99 (46.64) | 2:42.48 (38.49) |
| 2 Whorwood, Matthew        | 20    | Swansea Performance Centre | 2:54.50         | 2:57.04         |
|                            | 39.26 | 1:29.38 (50.12)            | 2:16.14 (46.76) | 2:57.04 (40.90) |
| 3 Holland-Leavens, William | 19    | Deepings SC                | 3:25.12         | 3:40.62         |
|                            | 58.71 | 1:56.76 (58.05)            | 2:53.33 (56.57) | 3:40.62 (47.29) |

**Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM7**

| Name             | Age   | Team                       | Seed Time         | Finals Time     |
|------------------|-------|----------------------------|-------------------|-----------------|
| 1 Roberts, David | 29    | Swansea Performance Centre | 2:48.61           | 3:01.41         |
|                  | 39.29 | 1:27.55 (48.26)            | 2:24.96 (57.41)   | 3:01.41 (36.45) |
| 2 Bradley, Sam   | 16    | Mid Beds SS                | 3:01.19           | 3:02.62         |
|                  | 41.81 | 1:28.98 (47.17)            | 2:22.54 (53.56)   | 3:02.62 (40.08) |
| 3 Craig, Josef   | 12    | South Tyneside SC          | 3:39.67           | 3:37.14         |
|                  | 52.82 | 1:47.45 (54.63)            | 2:54.03 (1:06.58) | 3:37.14 (43.11) |

**Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM8**

| Name              | Age   | Team                    | Seed Time         | Finals Time     |
|-------------------|-------|-------------------------|-------------------|-----------------|
| 1 Howard, Richard | 21    | C<br>ity of Salford Sc  | 2:30.84           | 2:29.06         |
|                   | 31.26 | 1:10.87 (39.61)         | 1:54.68 (43.81)   | 2:29.06 (34.38) |
| 2 Hynd, Sam       | 18    | Nova Centurion SC       | 2:27.21           | 2:31.53         |
|                   | 34.57 | 1:14.68 (40.11)         | 1:56.44 (41.76)   | 2:31.53 (35.09) |
| 3 Young, Thomas   | 18    | Gallica (Lancashire) SC | 2:41.58           | 2:39.09         |
|                   | 33.59 | 1:13.14 (39.55)         | 2:02.88 (49.74)   | 2:39.09 (36.21) |
| 4 Pout, James     | 13    | City of Liverpool       | 3:13.23           | 3:13.85         |
|                   | 41.40 | 1:30.51 (49.11)         | 2:29.73 (59.22)   | 3:13.85 (44.12) |
| 5 Gordon, Stephen | 21    | South Tyneside SC       | 3:09.00           | 3:22.66         |
|                   | 44.02 | 1:32.15 (48.13)         | 2:35.50 (1:03.35) | 3:22.66 (47.16) |

**Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM9**

| Name          | Age   | Team                | Seed Time       | Finals Time     |
|---------------|-------|---------------------|-----------------|-----------------|
| 1 Hill, David | 20    | Team Bath           | 2:29.31         | 2:25.73         |
|               | 30.68 | 1:05.22 (34.54)     | 1:50.46 (45.24) | 2:25.73 (35.27) |
| 2 Kaye, Sam   | 18    | Troutbeck Bridge SC | 2:26.34         | 2:30.11         |
|               | 31.23 | 1:10.25 (39.02)     | 1:56.72 (46.47) | 2:30.11 (33.39) |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                |                 |                          |                 |         |
|---|----------------|-----------------|--------------------------|-----------------|---------|
| 3 | Lawson, Callum | 23              | City of Peterborough SC  | 2:28.79         | 2:30.26 |
|   | 32.35          | 1:12.85 (40.50) | 1:54.35 (41.50)          | 2:30.26 (35.91) |         |
| 4 | Peters, Morgyn | 13              | Wycombe District SC/SWDY | 3:15.86         | 2:51.21 |
|   | 35.58          | 1:15.00 (39.42) | 2:13.98 (58.98)          | 2:51.21 (37.23) |         |
| 5 | Bendle, Adam   | 19              | Swansea Valley/SWDY      | 3:33.12         | 3:02.23 |
|   | 41.52          | 1:28.03 (46.51) | 2:19.16 (51.13)          | 3:02.23 (43.07) |         |
| 6 | Heaher, Isaac  | 14              | Swim Swansea             | 3:11.20         | 3:04.71 |
|   | 41.25          | 1:26.07 (44.82) | 2:24.72 (58.65)          | 3:04.71 (39.99) |         |

**Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM10**

| Name | Age           | Team            | Seed Time                | Finals Time     |         |
|------|---------------|-----------------|--------------------------|-----------------|---------|
| 1    | Eke, Jonathan | 13              | Dragons Disabled SC/ABTY | 3:34.95         | 3:27.45 |
|      | 51.21         | 1:42.99 (51.78) | 2:46.35 (1:03.36)        | 3:27.45 (41.10) |         |

**(Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM10)**

| Name | Age                                    | Team            | Seed Time         | Finals Time |    |
|------|--|-----------------|-------------------|-------------|----|
| ---  | Clapham, Jacob                         | 16              | Swansea Stingrays | 3:43.58     | DQ |
|      | Illegal downward dolphin kick - breast |                 |                   |             |    |
|      | 42.51                                  | 1:33.99 (51.48) | 2:35.77 (1:01.78) | DQ (44.38)  |    |

**Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM13**

| Name | Age         | Team            | Seed Time                    | Finals Time     |         |
|------|-------------|-----------------|------------------------------|-----------------|---------|
| 1    | Ellis, Dave | 23              | A<br>quabears Of Rochdale Sc | 2:20.21         | 2:18.47 |
|      | 28.86       | 1:05.34 (36.48) | 1:45.52 (40.18)              | 2:18.47 (32.95) |         |

**Event 9 Men 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM14**

| Name | Age                           | Team            | Seed Time           | Finals Time |    |
|------|-------------------------------|-----------------|---------------------|-------------|----|
| ---  | Bendle, Daniel                | 21              | Swansea Valley/SWDY | 2:51.24     | DQ |
|      | Did not finish on back - back |                 |                     |             |    |
|      | 38.26                         | 1:25.35 (47.09) | 2:15.47 (50.12)     | DQ (38.50)  |    |

**Event 10 Women 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM6**

| Name | Age               | Team            | Seed Time                  | Finals Time     |         |
|------|-------------------|-----------------|----------------------------|-----------------|---------|
| 1    | Jones, Natalie    | 25              | Colchester Phoenix Asc     | 3:15.20         | 3:12.96 |
|      | 43.64             | 1:31.90 (48.26) | 2:29.57 (57.67)            | 3:12.96 (43.39) |         |
| 2    | Simmonds, Eleanor | 15              | Swansea Performance Centre | 3:20.00         | 3:13.52 |
|      | 44.69             | 1:37.73 (53.04) | 2:32.63 (54.90)            | 3:13.52 (40.89) |         |
| 3    | Johnson, Liz      | 24              | Swansea Performance Centre | 3:20.48         | 3:24.20 |
|      | 45.73             | 1:39.22 (53.49) | 2:32.95 (53.73)            | 3:24.20 (51.25) |         |
| 4    | Fleming, Jodie    | 16              | Colchester Phoenix Asc     | 4:35.09         | 4:37.51 |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009**  
**Results**

|                   |   |                 |                      |                   |    |
|-------------------|---|-----------------|----------------------|-------------------|----|
|                   | 1:06.20   | 2:05.96 (59.76) | 3:28.83 (1:22.87)    | 4:37.51 (1:08.68) |    |
| --- Warne, Claire |   | 16              | Flitwick Dolphins SC | 3:54.52           | DQ |
|                   | False start - Misc                                      |                 |                      |                   |    |
|                   | 52.77   | 1:47.68 (54.91) | 3:01.33 (1:13.65)    | DQ (52.97)        |    |
| --- Langton, Jan  |   | 23              | Kelly College SC     | 3:43.81           | DQ |
|                   | Did not execute movement of both feet in same way - fly |                 |                      |                   |    |
|                   | 50.22   | 1:44.21 (53.99) | 2:51.45 (1:07.24)    | DQ (48.34)        |    |

**Event 10 Women 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM8**

| Name                   | Age   | Team                   | Seed Time         | Finals Time     |
|------------------------|-------|------------------------|-------------------|-----------------|
| 1 Frederiksen, Heather | 24    | C<br>ity of Salford Sc | 2:47.68           | 2:42.99         |
|                        | 36.43 | 1:16.38 (39.95)        | 2:08.41 (52.03)   | 2:42.99 (34.58) |
| 2 Hollis, Emma         | 17    | Epping Forest Dist. SC | 3:05.99           | 3:06.05         |
|                        | 39.79 | 1:27.71 (47.92)        | 2:25.25 (57.54)   | 3:06.05 (40.80) |
| 3 Henshaw, Charlotte   | 22    | Nova Centurion SC      | 3:15.14           | 3:12.27         |
|                        | 41.37 | 1:32.54 (51.17)        | 2:27.06 (54.52)   | 3:12.27 (45.21) |
| 4 Grudgings, Eleanor   | 17    | Leicester Penguins     | 4:40.55           | 4:10.94         |
|                        | 52.12 | 2:01.22 (1:09.10)      | 3:17.64 (1:16.42) | 4:10.94 (53.30) |

**Event 10 Women 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM9**

| Name                  | Age   | Team                       | Seed Time       | Finals Time     |
|-----------------------|-------|----------------------------|-----------------|-----------------|
| 1 Cashmore, Claire    | 21    | C<br>ity of Leeds Sc       | 2:39.88         | 2:34.12         |
|                       | 34.16 | 1:12.96 (38.80)            | 1:57.35 (44.39) | 2:34.12 (36.77) |
| 2 Millward, Stephanie | 28    | Swansea Performance Centre | 2:42.91         | 2:34.51         |
|                       | 34.03 | 1:10.41 (36.38)            | 1:59.90 (49.49) | 2:34.51 (34.61) |
| 3 Watkin, Louise      | 17    | Kelly College SC           | 2:39.95         | 2:35.13         |
|                       | 35.56 | 1:15.68 (40.12)            | 2:01.60 (45.92) | 2:35.13 (33.53) |
| 4 Grey, Kate          | 20    | University of Bath         | 2:42.89         | 2:44.19         |
|                       | 35.19 | 1:16.43 (41.24)            | 2:04.40 (47.97) | 2:44.19 (39.79) |
| 5 Simpkin, Lizzie     | 15    | Southport SC               | 2:52.19         | 2:46.05         |
|                       | 34.66 | 1:16.42 (41.76)            | 2:08.74 (52.32) | 2:46.05 (37.31) |
| 6 Bellars, Laura      | 21    | City of Peterborough SC    | 3:35.27         | 3:27.49         |
|                       | 46.34 | 1:40.98 (54.64)            | 2:40.64 (59.66) | 3:27.49 (46.85) |
| 7 Buck, Chloe         | 12    | York City                  | 3:27.18         | 3:30.13         |
|                       | 49.40 | 1:45.31 (55.91)            | 2:42.88 (57.57) | 3:30.13 (47.25) |

**(Event 10 Women 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM9)**

| Name | Age | Team | Seed Time | Finals Time |
|------|-----|------|-----------|-------------|
|------|-----|------|-----------|-------------|

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|     |   |                 |                                |            |    |
|-----|---|-----------------|--------------------------------|------------|----|
| --- | Smith, Lauren                             | 14              | Epping Forest Dist. SC         | 2:52.66    | DQ |
|     | Stroke infraction - use stroke codes - IM |                 |                                |            |    |
|     | 39.85                                     | 1:22.53 (42.68) | 2:14.25 (51.72)                | DQ (39.63) |    |
| --- | Steadman, Lauren                          | 17              | Kelly College SC               | 2:49.47    | DQ |
|     | Stroke infraction - use stroke codes - IM |                 |                                |            |    |
|     | 35.86                                     | 1:15.75 (39.89) | 2:05.20 (49.45)                | DQ (35.49) |    |
| --- | Cranfield, Jo-jo                          | 16              | Rochford and District Swim Cub | 3:01.51    | DQ |
|     | Stroke infraction - use stroke codes - IM |                 |                                |            |    |
|     | 40.74                                     | 1:25.49 (44.75) | 2:16.61 (51.12)                | DQ (39.79) |    |

**Event 10 Women 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM10**

|     | Name                | Age             | Team                         | Seed Time       | Finals Time |
|-----|---------------------|-----------------|------------------------------|-----------------|-------------|
| 1   | Papadopoulos, Eleni | 17              | C<br>ity of Sunderland Asc   | 2:51.10         | 2:45.42     |
|     | 35.58               | 1:17.36 (41.78) | 2:06.76 (49.40)              | 2:45.42 (38.66) |             |
| 2   | Almond, Gemma       | 16              | S<br>hrewsbury Sc            | 2:50.08         | 2:49.64     |
|     | 37.52               | 1:21.41 (43.89) | 2:10.91 (49.50)              | 2:49.64 (38.73) |             |
| --- | Davies, Amy-Claire  | 15              | Swansea Valley               | 3:03.47         | NS          |
| --- | Cattle, Emma        | 21              | A<br>quabears Of Rochdale Sc | 2:51.18         | NS          |

**Event 10 Women 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM13**

|   | Name            | Age             | Team            | Seed Time       | Finals Time |
|---|-----------------|-----------------|-----------------|-----------------|-------------|
| 1 | Hobbins, Lauren | 10              | Dunstable SC    | 2:56.82         | 2:52.41     |
|   | 41.37           | 1:23.96 (42.59) | 2:15.41 (51.45) | 2:52.41 (37.00) |             |

**Event 10 Women 200 SC Meter IM SM5 - SM15 & SM17 Multi-Disability SM14**

|   | Name           | Age             | Team                   | Seed Time       | Finals Time |
|---|----------------|-----------------|------------------------|-----------------|-------------|
| 1 | Hoar, Amberley | 16              | Portsmouth Northsea SC | 2:54.18         | 2:57.14     |
|   | 42.73          | 1:26.76 (44.03) | 2:17.22 (50.46)        | 2:57.14 (39.92) |             |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S2**

|   | Name          | Age | Team              | Seed Time | Finals Time |
|---|---------------|-----|-------------------|-----------|-------------|
| 1 | Anderson, Jim | 46  | Stirling Swimming | 1:10.82   | 1:11.47     |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S5**

|   | Name              | Age | Team                       | Seed Time | Finals Time |
|---|-------------------|-----|----------------------------|-----------|-------------|
| 1 | Stephens, Anthony | 23  | Swansea Performance Centre | 36.74     | 35.41       |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                  |    |                    |       |       |
|---|------------------|----|--------------------|-------|-------|
| 2 | Longhorn, Lyndon | 14 | W<br>ear Valley Sc | 56.88 | 56.29 |
|---|------------------|----|--------------------|-------|-------|

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S6**

|   | Name                     | Age | Team        | Seed Time | Finals Time |
|---|--------------------------|-----|-------------|-----------|-------------|
| 1 | Holland-Leavens, William | 19  | Deepings SC | 39.71     | 40.78       |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S7**

|     | Name           | Age | Team                       | Seed Time | Finals Time |
|-----|----------------|-----|----------------------------|-----------|-------------|
| 1   | Walker, Matt   | 31  | Marple SC                  | 28.78     | 27.81       |
| 2   | Roberts, David | 29  | Swansea Performance Centre | 28.35     | 28.52       |
| 3   | Fox, Jonathan  | 18  | Newquay Cormorants SC      | 30.54     | 30.13       |
| 4   | Bradley, Sam   | 16  | Mid Beds SS                | 35.75     | 35.83       |
| --- | Craig, Josef   | 12  | South Tyneside SC          | 38.86     | DQ          |
|     | False start    |     |                            |           |             |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S8**

|   | Name            | Age | Team                    | Seed Time | Finals Time |
|---|-----------------|-----|-------------------------|-----------|-------------|
| 1 | Fraser, Sean    | 19  | Warrender Baths Clun    | 28.58     | 28.85       |
| 2 | Young, Thomas   | 18  | Gallica (Lancashire) SC | 29.19     | 28.86       |
| 3 | Hynd, Sam       | 18  | Nova Centurion SC       | 28.50     | 30.48       |
| 4 | Gordon, Stephen | 21  | South Tyneside SC       | 33.61     | 34.92       |
| 5 | Pout, James     | 13  | City of Liverpool       | 35.34     | 35.68       |

**(Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S8)**

|     | Name          | Age | Team            | Seed Time | Finals Time |
|-----|---------------|-----|-----------------|-----------|-------------|
| 6   | Clark, Jordan | 17  | Deepings SC     | 41.86     | 40.28       |
| --- | Howe, Jordan  | 14  | City of Cardiff | 41.22     | NS          |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S9**

|   | Name           | Age | Team                         | Seed Time | Finals Time |
|---|----------------|-----|------------------------------|-----------|-------------|
| 1 | Miller, Simon  | 23  | A<br>quabears Of Rochdale Sc | 26.98     | 26.20       |
| 2 | Lawson, Callum | 23  | City of Peterborough SC      | 27.20     | 27.92       |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|     |                      |    |                                |       |       |
|-----|----------------------|----|--------------------------------|-------|-------|
| 3   | Kaye, Sam            | 18 | Troutbeck Bridge SC            | 27.79 | 28.36 |
| 4   | Peters, Morgyn       | 13 | Wycombe District SC/SWDY       | 31.27 | 31.00 |
| 5   | Hill, David          | 20 | Team Bath                      | 28.46 | 31.39 |
| 6   | Bendle, Adam         | 19 | Swansea Valley/SWDY            | 34.12 | 34.12 |
| 7   | Heaher, Isaac        | 14 | Swim Swansea                   | 35.94 | 34.85 |
| 8   | Wylie, Matthew James | 13 | C<br>ity of Sunderland Asc     | 38.98 | 35.47 |
| 9   | Sidaway, Jonathan    | 17 | Burgess Hill and Haywards Heat | 40.38 | 39.69 |
| --- | Lodhia, Devarshi     | 15 | Leicester Penguins             | 40.67 | NS    |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S10**

|   | Name               | Age | Team                          | Seed Time | Finals Time |
|---|--------------------|-----|-------------------------------|-----------|-------------|
| 1 | Edmunds, Graham    | 35  | Swansea Performance Centre    | 25.23     | 24.31       |
| 2 | Welbourn, Robert   | 22  | Swansea Performance Centre    | 26.11     | 25.38       |
| 3 | Whiteley, Laurence | 18  | Richmond Dales Amateur Swimmi | 27.39     | 27.62       |
| 4 | Crouch, Ryan       | 15  | Ipswich Swimming Club         | 27.69     | 27.93       |
| 5 | Clapham, Jacob     | 16  | Swansea Stingrays             | 32.86     | 34.64       |
| 6 | Eke, Jonathan      | 13  | Dragons Disabled SC/ABTY      | 36.19     | 35.28       |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S12**

|   | Name           | Age | Team               | Seed Time | Finals Time |
|---|----------------|-----|--------------------|-----------|-------------|
| 1 | Reeve, Michael | 17  | Leicester Penguins | 30.11     | 30.46       |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S14**

|   | Name           | Age | Team                | Seed Time | Finals Time |
|---|----------------|-----|---------------------|-----------|-------------|
| 1 | Bendle, Daniel | 21  | Swansea Valley/SWDY | 31.37     | 31.24       |

**Event 11 Men 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S17**

|   | Name        | Age | Team                     | Seed Time | Finals Time |
|---|-------------|-----|--------------------------|-----------|-------------|
| 1 | Eke, Nathan | 13  | Dragons Disabled SC/ABTY | 33.47     | 34.06       |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S1**

|  | Name | Age | Team | Seed Time | Finals Time |
|--|------|-----|------|-----------|-------------|
|--|------|-----|------|-----------|-------------|

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009  
Results**

|   |                 |    |                   |         |         |
|---|-----------------|----|-------------------|---------|---------|
| 1 | Watts, Danielle | 29 | City of Oxford SC | 1:30.36 | 1:31.66 |
|---|-----------------|----|-------------------|---------|---------|

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S6**

|   | Name              | Age | Team                       | Seed Time | Finals Time |
|---|-------------------|-----|----------------------------|-----------|-------------|
| 1 | Simmonds, Eleanor | 15  | Swansea Performance Centre | 37.15     | 38.62       |
| 2 | Jones, Natalie    | 25  | Colchester Phoenix Asc     | 37.27     | 39.47       |
| 3 | Johnson, Liz      | 24  | Swansea Performance Centre | 40.26     | 41.32       |
| 4 | Langton, Jan      | 23  | Kelly College SC           | 43.92     | 43.40       |
| 5 | Fleming, Jodie    | 16  | Colchester Phoenix Asc     | 59.98     | 58.10       |
| 6 | Chown, Sarah      | 27  | City of Bradford           | 1:05.00   | 1:11.12     |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S7**

|   | Name                | Age | Team           | Seed Time | Finals Time |
|---|---------------------|-----|----------------|-----------|-------------|
| 1 | O'Connor, Francesca | 18  | Wyre Forest SC | 36.46     | 36.14       |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S8**

|   | Name                 | Age | Team                   | Seed Time | Finals Time |
|---|----------------------|-----|------------------------|-----------|-------------|
| 1 | Frederiksen, Heather | 24  | C<br>ity of Salford Sc | 31.58     | 31.18       |
| 2 | Hollis, Emma         | 17  | Epping Forest Dist. SC | 35.20     | 34.57       |

**(Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S8)**

|   | Name               | Age | Team                             | Seed Time | Finals Time |
|---|--------------------|-----|----------------------------------|-----------|-------------|
| 3 | Latham, Rachel     | 20  | C<br>ity of Sheffield Swim Squad | 33.49     | 35.02       |
| 4 | Twomlow, Lorna     | 21  | Leicester Penguins               | 44.80     | 45.59       |
| 5 | Grudgings, Eleanor | 17  | Leicester Penguins               | 47.84     | 46.77       |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S9**

|   | Name                | Age | Team                       | Seed Time | Finals Time |
|---|---------------------|-----|----------------------------|-----------|-------------|
| 1 | Millward, Stephanie | 28  | Swansea Performance Centre | 30.59     | 29.21       |
| 2 | Watkin, Louise      | 17  | Kelly College SC           | 29.52     | 30.12       |
| 3 | Steadman, Lauren    | 17  | Kelly College SC           | 31.48     | 30.21       |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|     |                  |    |                                |       |       |
|-----|------------------|----|--------------------------------|-------|-------|
| 4   | Cranfield, Jo-jo | 16 | Rochford and District Swim Cub | 33.14 | 33.50 |
| 5   | Harper, Jessica  | 15 | Chelsea & Kensington Swimming  | 34.66 | 35.03 |
| 6   | Buck, Leonie     | 14 | Grenwich Borough Mariners      | 38.64 | 38.17 |
| 7   | Roberts, Bethan  | 14 | Denbigh Dragons                | 39.38 | 38.69 |
| 8   | Harris, Emily    | 12 | St Felix School SC (Southwold) | 40.26 | 40.30 |
| 9   | Bellars, Laura   | 21 | City of Peterborough SC        | 39.80 | 40.36 |
| --- | Simpkin, Lizzie  | 15 | Southport SC                   | 31.81 | NS    |
| --- | Devarshi, Lodhia | 15 | Leicester Penguins             | 40.67 | NS    |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S10**

|   | Name          | Age | Team                         | Seed Time | Finals Time |
|---|---------------|-----|------------------------------|-----------|-------------|
| 1 | Cattle, Emma  | 21  | A<br>quabears Of Rochdale Sc | 32.54     | 31.97       |
| 2 | Almond, Gemma | 16  | S<br>hrewsbury Sc            | 31.26     | 32.58       |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S11**

|   | Name           | Age | Team               | Seed Time | Finals Time |
|---|----------------|-----|--------------------|-----------|-------------|
| 1 | Davison, Sarah | 21  | Leicester Penguins | 42.44     | 40.64       |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S13**

|   | Name             | Age | Team                       | Seed Time | Finals Time |
|---|------------------|-----|----------------------------|-----------|-------------|
| 1 | Henry, Rhiannon  | 22  | Swansea Performance Centre | 28.57     | 28.03       |
| 2 | Hobbins, Lauren  | 10  | Dunstable SC               | 32.77     | 31.96       |
| 3 | Adams, Alexandra | 15  | Black Lion SC              | 32.84     | 33.55       |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S14**

|   | Name            | Age | Team                         | Seed Time | Finals Time |
|---|-----------------|-----|------------------------------|-----------|-------------|
| 1 | Massey, Natalie | 20  | A<br>quabears Of Rochdale Sc | 31.12     | 30.00       |

**Event 12 Women 50 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S17**

|   | Name              | Age | Team           | Seed Time | Finals Time |
|---|-------------------|-----|----------------|-----------|-------------|
| 1 | Atkins, Alexandra | 14  | Llandarcy/SWDY | 41.70     | 39.16       |



**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009  
Results**

40.96 1:28.58 (47.62)

**Event 14 Women 100 SC Meter Butterfly S8 - S15 & S17 Multi-Disability S9**

| Name                    | Age         | Team                          | Seed Time       | Finals Time |
|-------------------------|-------------|-------------------------------|-----------------|-------------|
| 1 Simpkin, Lizzie       | 15          | Southport SC                  | 1:14.35         | 1:12.71     |
|                         | 34.28       |                               | 1:12.71 (38.43) |             |
| 2 Cashmore, Claire      | 21          | C<br>ity of Leeds Sc          | 1:17.20         | 1:12.76     |
|                         | 34.02       |                               | 1:12.76 (38.74) |             |
| 3 Steadman, Lauren      | 17          | Kelly College SC              | 1:19.44         | 1:16.72     |
|                         | 35.82       |                               | 1:16.72 (40.90) |             |
| --- Millward, Stephanie | 28          | Swansea Performance Centre    | 1:11.01         | DQ          |
|                         | False start |                               |                 |             |
| --- Buck, Chloe         | 12          | York City                     | 1:41.22         | DQ          |
|                         | 33.83       |                               | DQ (37.74)      |             |
| --- Harper, Jessica     | 15          | Chelsea & Kensington Swimming | 1:29.96         | NS          |
|                         | 49.61       |                               | DQ (55.39)      |             |

**Event 14 Women 100 SC Meter Butterfly S8 - S15 & S17 Multi-Disability S10**

| Name                   | Age   | Team                       | Seed Time       | Finals Time |
|------------------------|-------|----------------------------|-----------------|-------------|
| 1 Papadopoulos, Eleni  | 17    | C<br>ity of Sunderland Asc | 1:20.69         | 1:16.47     |
|                        | 35.86 |                            | 1:16.47 (40.61) |             |
| --- Davies, Amy-Claire | 15    | Swansea Valley             | 1:31.85         | NS          |

**Event 14 Women 100 SC Meter Butterfly S8 - S15 & S17 Multi-Disability S13**

| Name              | Age   | Team                       | Seed Time       | Finals Time |
|-------------------|-------|----------------------------|-----------------|-------------|
| 1 Henry, Rhiannon | 22    | Swansea Performance Centre | 1:07.33         | 1:07.11     |
|                   | 31.29 |                            | 1:07.11 (35.82) |             |
| 2 Hobbins, Lauren | 10    | Dunstable SC               | 1:29.96         | 1:34.60     |
|                   | 43.22 |                            | 1:34.60 (51.38) |             |

**Event 14 Women 100 SC Meter Butterfly S8 - S15 & S17 Multi-Disability S17**

| Name          | Age   | Team                     | Seed Time         | Finals Time |
|---------------|-------|--------------------------|-------------------|-------------|
| 1 Eke, Bethan | 11    | Dragons Disabled SC/ABTY | 2:22.50           | 2:02.65     |
|               | 55.13 |                          | 2:02.65 (1:07.52) |             |

**Event 15 Men 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB6**

| Name | Age | Team | Seed Time | Finals Time |
|------|-----|------|-----------|-------------|
|------|-----|------|-----------|-------------|

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                   |    |                            |         |         |
|---|-------------------|----|----------------------------|---------|---------|
| 1 | Whorwood, Matthew | 20 | Swansea Performance Centre | 1:29.80 | 1:30.52 |
|   | 42.97             |    | 1:30.52 (47.55)            |         |         |
| 2 | Duke, Gareth      | 23 | Swansea Performance Centre | 1:36.00 | 1:32.16 |
|   | 42.96             |    | 1:32.16 (49.20)            |         |         |

**(Event 15 Men 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB6)**

|   | Name                     | Age | Team            | Seed Time | Finals Time |
|---|--------------------------|-----|-----------------|-----------|-------------|
| 3 | Bradley, Sam             | 16  | Mid Beds SS     | 1:40.67   | 1:40.58     |
|   | 46.68                    |     | 1:40.58 (53.90) |           |             |
| 4 | Holland-Leavens, William | 19  | Deepings SC     | 1:42.92   | 1:45.38     |
|   | 50.58                    |     | 1:45.38 (54.80) |           |             |

**Event 15 Men 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB7**

|   | Name            | Age | Team                     | Seed Time | Finals Time |
|---|-----------------|-----|--------------------------|-----------|-------------|
| 1 | Kindred, Sascha | 32  | Leominster Kingfisher SC | 1:24.58   | 1:24.09     |
|   | 39.71           |     | 1:24.09 (44.38)          |           |             |
| 2 | Young, Thomas   | 18  | Gallica (Lancashire) SC  | 1:29.71   | 1:26.87     |
|   | 41.09           |     | 1:26.87 (45.78)          |           |             |
| 3 | Craig, Josef    | 12  | South Tyneside SC        | 2:02.22   | 1:55.00     |
|   | 55.97           |     | 1:55.00 (59.03)          |           |             |
| 4 | Clark, Jordan   | 17  | Deepings SC              | 2:16.08   | 2:13.49     |
|   | 58.84           |     | 2:13.49 (1:14.65)        |           |             |

**Event 15 Men 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB8**

|   | Name                 | Age | Team                           | Seed Time | Finals Time |
|---|----------------------|-----|--------------------------------|-----------|-------------|
| 1 | Hynd, Sam            | 18  | Nova Centurion SC              | 1:14.44   | 1:18.35     |
|   | 36.21                |     | 1:18.35 (42.14)                |           |             |
| 2 | Sidaway, Jonathan    | 17  | Burgess Hill and Haywards Heat | 1:49.30   | 1:47.87     |
|   | 51.02                |     | 1:47.87 (56.85)                |           |             |
| 3 | Wylie, Matthew James | 13  | City of Sunderland Asc         | 2:02.94   | 1:56.52     |
|   | 56.06                |     | 1:56.52 (1:00.46)              |           |             |

**Event 15 Men 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB9**

|   | Name           | Age | Team                    | Seed Time | Finals Time |
|---|----------------|-----|-------------------------|-----------|-------------|
| 1 | Lawson, Callum | 23  | City of Peterborough SC | 1:12.25   | 1:12.48     |
|   | 34.09          |     | 1:12.48 (38.39)         |           |             |
| 2 | Crouch, Ryan   | 15  | Ipswich Swimming Club   | 1:25.81   | 1:25.04     |
|   | 39.47          |     | 1:25.04 (45.57)         |           |             |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|     |                    |    |                               |         |                   |
|-----|--------------------|----|-------------------------------|---------|-------------------|
| 3   | Whiteley, Laurence | 18 | Richmond Dales Amateur Swimmi | 1:23.00 | 1:28.91           |
|     | 40.50              |    |                               |         | 1:28.91 (48.41)   |
| 4   | Hynd, Oliver       | 15 | Nova Centurion SC             | 1:36.33 | 1:31.58           |
|     | 44.42              |    |                               |         | 1:31.58 (47.16)   |
| 5   | Eke, Jonathan      | 13 | Dragons Disabled SC/ABTY      | 1:57.18 | 1:58.89           |
|     | 56.04              |    |                               |         | 1:58.89 (1:02.85) |
| --- | Lodhia, Devarshi   | 15 | Leicester Penguins            | 1:53.52 | NS                |

**Event 15 Men 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB12**

| Name | Age            | Team | Seed Time          | Finals Time |                 |
|------|----------------|------|--------------------|-------------|-----------------|
| 1    | Reeve, Michael | 17   | Leicester Penguins | 1:35.49     | 1:35.37         |
|      | 44.84          |      |                    |             | 1:35.37 (50.53) |

**Event 15 Men 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB13**

| Name | Age         | Team | Seed Time                    | Finals Time |                 |
|------|-------------|------|------------------------------|-------------|-----------------|
| 1    | Ellis, Dave | 23   | A<br>quabears Of Rochdale Sc | 1:09.81     | 1:09.77         |
|      | 32.42       |      |                              |             | 1:09.77 (37.35) |

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB5**

| Name | Age          | Team | Seed Time                        | Finals Time |                   |
|------|--------------|------|----------------------------------|-------------|-------------------|
| 1    | Cain, Zoe    | 23   | C<br>ity of Sheffield Swim Squad | 2:53.97     | 2:46.98           |
|      | 1:17.59      |      |                                  |             | 2:46.98 (1:29.39) |
| ---  | Chown, Sarah | 27   | City of Bradford                 | 3:44.00     | DQ                |
|      | False start  |      |                                  |             |                   |
|      | 1:25.04      |      |                                  |             | DQ (1:35.41)      |

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB6**

| Name | Age                | Team | Seed Time                  | Finals Time |                 |
|------|--------------------|------|----------------------------|-------------|-----------------|
| 1    | Johnson, Liz       | 24   | Swansea Performance Centre | 1:40.09     | 1:40.59         |
|      | 47.36              |      |                            |             | 1:40.59 (53.23) |
| 2    | Henshaw, Charlotte | 22   | Nova Centurion SC          | 1:43.10     | 1:42.20         |
|      | 47.39              |      |                            |             | 1:42.20 (54.81) |

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB7**

| Name | Age          | Team | Seed Time              | Finals Time |                 |
|------|--------------|------|------------------------|-------------|-----------------|
| 1    | Hollis, Emma | 17   | Epping Forest Dist. SC | 1:44.52     | 1:46.03         |
|      | 49.88        |      |                        |             | 1:46.03 (56.15) |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                |                   |                    |         |         |
|---|----------------|-------------------|--------------------|---------|---------|
| 2 | Twomlow, Lorna | 21                | Leicester Penguins | 2:44.64 | 2:33.95 |
|   | 1:09.69        | 2:33.95 (1:24.26) |                    |         |         |

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB8**

| Name | Age                | Team                              | Seed Time | Finals Time |
|------|--------------------|-----------------------------------|-----------|-------------|
| 1    | Cashmore, Claire   | 21 C<br>ity of Leeds Sc           | 1:26.88   | 1:21.11     |
|      | 38.44              | 1:21.11 (42.67)                   |           |             |
| 2    | Smith, Lauren      | 14 Epping Forest Dist. SC         | 1:31.56   | 1:32.11     |
|      | 43.59              | 1:32.11 (48.52)                   |           |             |
| 3    | Cranfield, Jo-jo   | 16 Rochford and District Swim Cub | 1:34.05   | 1:35.45     |
|      | 45.46              | 1:35.45 (49.99)                   |           |             |
| 4    | Grudgings, Eleanor | 17 Leicester Penguins             | 2:21.82   | 2:29.10     |
|      | 1:09.09            | 2:29.10 (1:20.01)                 |           |             |
| ---  | Butler, Ffion      | 11 Swansea Stingrays              | 2:27.63   | DQ          |

Leg Movements not always simultaneous and in horizontal plane

1:09.16 DQ (1:20.14)

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB9**

| Name | Age              | Team                          | Seed Time | Finals Time |
|------|------------------|-------------------------------|-----------|-------------|
| 1    | Watkin, Louise   | 17 Kelly College SC           | 1:25.23   | 1:21.24     |
|      | 39.54            | 1:21.24 (41.70)               |           |             |
| 2    | Grey, Kate       | 20 University of Bath         | 1:25.72   | 1:22.39     |
|      | 39.05            | 1:22.39 (43.34)               |           |             |
| 3    | Almond, Gemma    | 16 S<br>hrewsbury Sc          | 1:29.21   | 1:30.61     |
|      | 43.32            | 1:30.61 (47.29)               |           |             |
| 4    | Buck, Chloe      | 12 York City                  | 1:42.82   | 1:44.94     |
|      | 50.15            | 1:44.94 (54.79)               |           |             |
| 5    | Buck, Leonie     | 14 Greenwich Borough Mariners | 2:01.64   | 1:56.04     |
|      | 54.48            | 1:56.04 (1:01.56)             |           |             |
| 6    | Bellars, Laura   | 21 City of Peterborough SC    | 1:54.61   | 1:57.58     |
|      | 56.09            | 1:57.58 (1:01.49)             |           |             |
| ---  | Steadman, Lauren | 17 Kelly College SC           | 1:35.33   | DQ          |
|      | 44.05            | DQ (48.72)                    |           |             |
| ---  | Devarshi, Lodhia | 15 Leicester Penguins         | 1:53.52   | NS          |

Feet not turned outward during propulsive part of kick

44.05 DQ (48.72)

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB11**

| Name | Age | Team | Seed Time | Finals Time |
|------|-----|------|-----------|-------------|
|------|-----|------|-----------|-------------|

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009  
Results**

|   |                |    |                    |         |         |
|---|----------------|----|--------------------|---------|---------|
| 1 | Davison, Sarah | 21 | Leicester Penguins | 1:55.73 | 1:56.20 |
|   | 53.93          |    | 1:56.20 (1:02.27)  |         |         |

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB13**

| Name | Age             | Team | Seed Time       | Finals Time |         |
|------|-----------------|------|-----------------|-------------|---------|
| 1    | Hobbins, Lauren | 10   | Dunstable SC    | 1:32.95     | 1:33.43 |
|      | 44.68           |      | 1:33.43 (48.75) |             |         |

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB14**

| Name | Age             | Team | Seed Time                    | Finals Time |         |
|------|-----------------|------|------------------------------|-------------|---------|
| 1    | Massey, Natalie | 20   | A<br>quabears Of Rochdale Sc | 1:38.12     | 1:29.03 |
|      | 41.35           |      | 1:29.03 (47.68)              |             |         |
| 2    | Hoar, Amberley  | 16   | Portsmouth Northsea SC       | 1:32.58     | 1:32.97 |
|      | 44.24           |      | 1:32.97 (48.73)              |             |         |

**Event 16 Women 100 SC Meter Breaststroke SB4-SB9,SB11-SB15&17 Multi-Disability SB17**

| Name | Age         | Team | Seed Time                | Finals Time |         |
|------|-------------|------|--------------------------|-------------|---------|
| 1    | Eke, Bethan | 11   | Dragons Disabled SC/ABTY | 2:27.33     | 2:16.24 |
|      | 1:01.34     |      | 2:16.24 (1:14.90)        |             |         |

**Event 17 Men 50 SC Meter Backstroke S1 - S5 Multi-Disability S2**

| Name | Age           | Team | Seed Time         | Finals Time |         |
|------|---------------|------|-------------------|-------------|---------|
| 1    | Anderson, Jim | 46   | Stirling Swimming | 1:09.06     | 1:13.82 |

**Event 17 Men 50 SC Meter Backstroke S1 - S5 Multi-Disability S5**

| Name | Age              | Team | Seed Time          | Finals Time |         |
|------|------------------|------|--------------------|-------------|---------|
| 1    | Longhorn, Lyndon | 14   | W<br>ear Valley Sc | 1:20.12     | 1:25.57 |

**Event 18 Women 50 SC Meter Backstroke S1 - S5 Multi-Disability S1**

| Name | Age             | Team | Seed Time         | Finals Time |         |
|------|-----------------|------|-------------------|-------------|---------|
| 1    | Watts, Danielle | 29   | City of Oxford SC | 1:30.68     | 1:31.49 |

**Event 19 Men 50 SC Meter Butterfly S1 - S7 Multi-Disability S5**

| Name | Age              | Team | Seed Time          | Finals Time |    |
|------|------------------|------|--------------------|-------------|----|
| ---  | Longhorn, Lyndon | 14   | W<br>ear Valley Sc | 1:34.00     | DQ |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

Did not bring arms forward over water

**Event 19 Men 50 SC Meter Butterfly S1 - S7 Multi-Disability S6**

| Name              | Age | Team                     | Seed Time | Finals Time |
|-------------------|-----|--------------------------|-----------|-------------|
| 1 Kindred, Sascha | 32  | Leominster Kingfisher SC | 32.71     | 33.73       |

**Event 19 Men 50 SC Meter Butterfly S1 - S7 Multi-Disability S7**

| Name             | Age | Team                       | Seed Time | Finals Time |
|------------------|-----|----------------------------|-----------|-------------|
| 1 Roberts, David | 29  | Swansea Performance Centre | 34.91     | 37.89       |
| 2 Bradley, Sam   | 16  | Mid Beds SS                | 41.04     | 40.91       |
| 3 Craig, Josef   | 12  | South Tyneside SC          | 52.37     | 48.28       |

**Event 20 Women 50 SC Meter Butterfly S1 - S7 Multi-Disability S6**

| Name             | Age | Team                   | Seed Time | Finals Time |
|------------------|-----|------------------------|-----------|-------------|
| 1 Jones, Natalie | 25  | Colchester Phoenix Asc | 42.55     | 42.73       |
| 2 Langton, Jan   | 23  | Kelly College SC       | 49.30     | 48.80       |
| 3 Warne, Claire  | 16  | Flitwick Dolphins SC   | 52.38     | 51.94       |
| 4 Fleming, Jodie | 16  | Colchester Phoenix Asc | 1:03.94   | 1:01.15     |

**Event 21 Men 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S6**

| Name                       | Age | Team        | Seed Time | Finals Time     |
|----------------------------|-----|-------------|-----------|-----------------|
| 1 Holland-Leavens, William | 19  | Deepings SC | 1:38.30   | 1:42.77         |
|                            |     |             | 51.94     | 1:42.77 (50.83) |

**Event 21 Men 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S7**

| Name            | Age | Team                  | Seed Time | Finals Time     |
|-----------------|-----|-----------------------|-----------|-----------------|
| 1 Fox, Jonathan | 18  | Newquay Cormorants SC | 1:13.18   | 1:15.35         |
|                 |     |                       | 36.13     | 1:15.35 (39.22) |
| 2 Bradley, Sam  | 16  | Mid Beds SS           | 1:26.36   | 1:26.16         |
|                 |     |                       | 41.78     | 1:26.16 (44.38) |
| 3 Craig, Josef  | 12  | South Tyneside SC     | 1:43.29   | 1:36.43         |
|                 |     |                       | 47.48     | 1:36.43 (48.95) |

**Event 21 Men 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S8**

| Name            | Age | Team                    | Seed Time | Finals Time |
|-----------------|-----|-------------------------|-----------|-------------|
| 1 Young, Thomas | 18  | Gallica (Lancashire) SC | 1:09.87   | 1:06.77     |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|     |                 |                 |                      |         |         |
|-----|-----------------|-----------------|----------------------|---------|---------|
|     | 32.81           | 1:06.77 (33.96) |                      |         |         |
| 2   | Fraser, Sean    | 19              | Warrender Baths Clun | 1:08.35 | 1:07.53 |
|     | 32.77           | 1:07.53 (34.76) |                      |         |         |
| 3   | Gordon, Stephen | 21              | South Tyneside SC    | 1:23.36 | 1:23.96 |
|     | 40.23           | 1:23.96 (43.73) |                      |         |         |
| 4   | Pout, James     | 13              | City of Liverpool    | 1:30.29 | 1:28.03 |
|     | 42.93           | 1:28.03 (45.10) |                      |         |         |
| --- | Howe, Jordan    | 14              | City of Cardiff      | 1:52.96 | NS      |

**Event 21 Men 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S9**

|     | Name                 | Age             | Team                           | Seed Time | Finals Time |
|-----|----------------------|-----------------|--------------------------------|-----------|-------------|
| 1   | Hill, David          | 20              | Team Bath                      | 1:05.91   | 1:02.54     |
|     | 30.10                | 1:02.54 (32.44) |                                |           |             |
| 2   | Peters, Morgyn       | 13              | Wycombe District SC/SWDY       | 1:13.16   | 1:09.13     |
|     | 33.57                | 1:09.13 (35.56) |                                |           |             |
| 3   | Kaye, Sam            | 18              | Troutbeck Bridge SC            | 1:10.17   | 1:11.09     |
|     | 34.14                | 1:11.09 (36.95) |                                |           |             |
| 4   | Bendle, Adam         | 19              | Swansea Valley/SWDY            | 1:25.11   | 1:24.42     |
|     | 41.21                | 1:24.42 (43.21) |                                |           |             |
| 5   | Heaher, Isaac        | 14              | Swim Swansea                   | 1:28.77   | 1:24.72     |
|     | 41.56                | 1:24.72 (43.16) |                                |           |             |
| 6   | Wylie, Matthew James | 13              | C<br>ity of Sunderland Asc     | 1:29.47   | 1:29.83     |
|     | 44.72                | 1:29.83 (45.11) |                                |           |             |
| 7   | Sidaway, Jonathan    | 17              | Burgess Hill and Haywards Heat | 1:51.22   | 1:46.21     |
|     | 51.52                | 1:46.21 (54.69) |                                |           |             |
| --- | Lodhia, Devarshi     | 15              | Leicester Penguins             | 1:59.56   | NS          |

**Event 21 Men 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S10**

|     | Name                                       | Age        | Team                     | Seed Time | Finals Time |
|-----|--|------------|--------------------------|-----------|-------------|
| --- | Eke, Jonathan                              | 13         | Dragons Disabled SC/ABTY | 1:37.59   | DQ          |
|     | Past vertical at turn: independent strokes |            |                          |           |             |
|     | 45.70                                      | DQ (49.69) |                          |           |             |

**Event 21 Men 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S14**

|   | Name           | Age             | Team                | Seed Time | Finals Time |
|---|----------------|-----------------|---------------------|-----------|-------------|
| 1 | Bendle, Daniel | 21              | Swansea Valley/SWDY | 1:35.13   | 1:27.35     |
|   | 43.18          | 1:27.35 (44.17) |                     |           |             |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results****Event 21 Men 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S17**

| Name          | Age   | Team                     | Seed Time | Finals Time     |
|---------------|-------|--------------------------|-----------|-----------------|
| 1 Eke, Nathan | 13    | Dragons Disabled SC/ABTY | 1:23.36   | 1:20.61         |
|               | 38.92 |                          |           | 1:20.61 (41.69) |

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S6**

| Name             | Age     | Team                             | Seed Time | Finals Time       |
|------------------|---------|----------------------------------|-----------|-------------------|
| 1 Lewis, Nyree   | 29      | Leominster Kingfisher SC         | 1:30.62   | 1:28.76           |
|                  | 44.16   |                                  |           | 1:28.76 (44.60)   |
| 2 Langton, Jan   | 23      | Kelly College SC                 | 1:41.78   | 1:40.76           |
|                  | 50.33   |                                  |           | 1:40.76 (50.43)   |
| 3 Warne, Claire  | 16      | Flitwick Dolphins SC             | 1:43.01   | 1:43.38           |
|                  | 51.14   |                                  |           | 1:43.38 (52.24)   |
| 4 Fleming, Jodie | 16      | Colchester Phoenix Asc           | 1:55.39   | 1:54.09           |
|                  | 53.26   |                                  |           | 1:54.09 (1:00.83) |
| 5 Cain, Zoe      | 23      | C<br>ity of Sheffield Swim Squad | 2:19.03   | 2:33.94           |
|                  | 1:08.09 |                                  |           | 2:33.94 (1:25.85) |
| 6 Chown, Sarah   | 27      | City of Bradford                 | 3:10.00   | 3:06.65           |
|                  | 1:30.57 |                                  |           | 3:06.65 (1:36.08) |

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S8**

| Name                   | Age   | Team                             | Seed Time | Finals Time       |
|------------------------|-------|----------------------------------|-----------|-------------------|
| 1 Frederiksen, Heather | 24    | C<br>ity of Salford Sc           | 1:11.64   | 1:13.42           |
|                        | 35.53 |                                  |           | 1:13.42 (37.89)   |
| 2 Latham, Rachel       | 20    | C<br>ity of Sheffield Swim Squad | 1:21.60   | 1:20.52           |
|                        | 38.35 |                                  |           | 1:20.52 (42.17)   |
| 3 Hollis, Emma         | 17    | Epping Forest Dist. SC           | 1:29.60   | 1:27.54           |
|                        | 42.40 |                                  |           | 1:27.54 (45.14)   |
| 4 Twomlow, Lorna       | 21    | Leicester Penguins               | 2:05.42   | 2:02.65           |
|                        | 57.93 |                                  |           | 2:02.65 (1:04.72) |

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S9**

| Name                  | Age   | Team                       | Seed Time | Finals Time     |
|-----------------------|-------|----------------------------|-----------|-----------------|
| 1 Millward, Stephanie | 28    | Swansea Performance Centre | 1:12.18   | 1:07.57         |
|                       | 32.53 |                            |           | 1:07.57 (35.04) |
| 2 Simpkin, Lizzie     | 15    | Southport SC               | 1:14.10   | 1:13.57         |

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|     |                  |       |                   |                                |         |         |
|-----|------------------|-------|-------------------|--------------------------------|---------|---------|
| 3   | Cashmore, Claire | 35.66 | 1:13.57 (37.91)   | 21 C                           | 1:15.40 | 1:16.58 |
|     |                  |       |                   | ity of Leeds Sc                |         |         |
| 4   | Smith, Lauren    | 36.69 | 1:16.58 (39.89)   | 14                             | 1:19.70 | 1:20.86 |
|     |                  |       |                   | Epping Forest Dist. SC         |         |         |
| 5   | Roberts, Bethan  | 39.38 | 1:20.86 (41.48)   | 14                             | 1:39.88 | 1:37.75 |
|     |                  |       |                   | Denbigh Dragons                |         |         |
| 6   | Harris, Emily    | 47.51 | 1:37.75 (50.24)   | 12                             | 1:43.16 | 1:41.95 |
|     |                  |       |                   | St Felix School SC (Southwold) |         |         |
| 7   | Buck, Leonie     | 49.43 | 1:41.95 (52.52)   | 14                             | 1:51.67 | 1:42.09 |
|     |                  |       |                   | Grenwich Borough Mariners      |         |         |
| 8   | Butler, Ffion    | 49.63 | 1:42.09 (52.46)   | 11                             | 2:10.08 | 2:06.91 |
|     |                  |       |                   | Swansea Stingrays              |         |         |
| --- | Devarshi, Lodhia | 56.86 | 2:06.91 (1:10.05) | 15                             | 1:59.56 | NS      |
|     |                  |       |                   | Leicester Penguins             |         |         |

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S10**

| Name                 | Age   | Team                    | Seed Time | Finals Time |
|----------------------|-------|-------------------------|-----------|-------------|
| 1 Cattle, Emma       | 21    | A                       | 1:16.63   | 1:12.55     |
|                      |       | quabears Of Rochdale Sc |           |             |
| 2 Davies, Amy-Claire | 15    | Swansea Valley          | 1:25.45   | 1:28.73     |
|                      | 44.64 | 1:28.73 (44.09)         |           |             |

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S11**

| Name             | Age   | Team               | Seed Time | Finals Time |
|------------------|-------|--------------------|-----------|-------------|
| 1 Davison, Sarah | 21    | Leicester Penguins | 1:55.97   | 1:57.56     |
|                  | 53.06 | 1:57.56 (1:04.50)  |           |             |

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S13**

| Name              | Age   | Team            | Seed Time | Finals Time |
|-------------------|-------|-----------------|-----------|-------------|
| 1 Hobbins, Lauren | 10    | Dunstable SC    | 1:17.50   | 1:16.59     |
|                   | 37.17 | 1:16.59 (39.42) |           |             |

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S14**

| Name             | Age   | Team                   | Seed Time | Finals Time |
|------------------|-------|------------------------|-----------|-------------|
| 1 Hoar, Amberley | 16    | Portsmouth Northsea SC | 1:20.80   | 1:19.70     |
|                  | 38.84 | 1:19.70 (40.86)        |           |             |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

--- Massey, Natalie 20 A 1:16.60 NS  
quabears Of Rochdale Sc

**Event 22 Women 100 SC Meter Backstroke S6 - S15 & S17 Multi-Disability S17**

| Name                | Age   | Team           | Seed Time       | Finals Time |
|---------------------|-------|----------------|-----------------|-------------|
| 1 Atkins, Alexandra | 14    | Llandarcy/SWDY | 1:52.73         | 1:45.72     |
|                     | 49.22 |                | 1:45.72 (56.50) |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S2**

| Name            | Age     | Team              | Seed Time         | Finals Time |
|-----------------|---------|-------------------|-------------------|-------------|
| 1 Anderson, Jim | 46      | Stirling Swimming | 2:35.65           | 2:29.87     |
|                 | 1:11.82 |                   | 2:29.87 (1:18.05) |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S5**

| Name                | Age   | Team                       | Seed Time         | Finals Time |
|---------------------|-------|----------------------------|-------------------|-------------|
| 1 Stephens, Anthony | 23    | Swansea Performance Centre | 1:21.71           | 1:16.24     |
|                     | 37.17 |                            | 1:16.24 (39.07)   |             |
| 2 Longhorn, Lyndon  | 14    | W<br>ear Valley Sc         | 2:12.41           | 2:05.63     |
|                     | 59.42 |                            | 2:05.63 (1:06.21) |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S6**

| Name                       | Age   | Team                       | Seed Time       | Finals Time |
|----------------------------|-------|----------------------------|-----------------|-------------|
| 1 Whorwood, Matthew        | 20    | Swansea Performance Centre | 1:12.99         | 1:12.57     |
|                            | 34.93 |                            | 1:12.57 (37.64) |             |
| 2 Holland-Leavens, William | 19    | Deepings SC                | 1:25.45         | 1:26.41     |
|                            | 40.93 |                            | 1:26.41 (45.48) |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S7**

| Name             | Age   | Team                       | Seed Time       | Finals Time |
|------------------|-------|----------------------------|-----------------|-------------|
| 1 Roberts, David | 29    | Swansea Performance Centre | 1:00.62         | 1:01.15     |
|                  | 29.69 |                            | 1:01.15 (31.46) |             |
| 2 Fox, Jonathan  | 18    | Newquay Cormorants SC      | 1:06.84         | 1:07.90     |
|                  | 32.50 |                            | 1:07.90 (35.40) |             |
| 3 Bradley, Sam   | 16    | Mid Beds SS                | 1:14.72         | 1:14.32     |
|                  | 36.48 |                            | 1:14.32 (37.84) |             |
| 4 Craig, Josef   | 12    | South Tyneside SC          | 1:27.20         | 1:20.81     |
|                  | 40.19 |                            | 1:20.81 (40.62) |             |

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results****Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S8**

| Name              | Age   | Team                 | Seed Time       | Finals Time |
|-------------------|-------|----------------------|-----------------|-------------|
| 1 Fraser, Sean    | 19    | Warrender Baths Clun | 1:01.47         | 1:01.52     |
|                   | 29.84 |                      | 1:01.52 (31.68) |             |
| 2 Hynd, Sam       | 18    | Nova Centurion SC    | 1:00.99         | 1:02.28     |
|                   | 30.06 |                      | 1:02.28 (32.22) |             |
| 3 Gordon, Stephen | 21    | South Tyneside SC    | 1:11.65         | 1:15.30     |
|                   | 35.71 |                      | 1:15.30 (39.59) |             |
| 4 Pout, James     | 13    | City of Liverpool    | 1:23.00         | 1:20.37     |
|                   | 39.77 |                      | 1:20.37 (40.60) |             |
| 5 Clark, Jordan   | 17    | Deepings SC          | 1:35.51         | 1:34.39     |
|                   | 42.62 |                      | 1:34.39 (51.77) |             |
| --- Howe, Jordan  | 14    | City of Cardiff      | 1:32.56         | NS          |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S9**

| Name                   | Age   | Team                         | Seed Time       | Finals Time |
|------------------------|-------|------------------------------|-----------------|-------------|
| 1 Miller, Simon        | 23    | A<br>quabears Of Rochdale Sc | 58.40           | 58.59       |
|                        | 27.65 |                              | 58.59 (30.94)   |             |
| 2 Lawson, Callum       | 23    | City of Peterborough SC      | 1:01.26         | 1:01.85     |
|                        | 29.09 |                              | 1:01.85 (32.76) |             |
| 3 Kaye, Sam            | 18    | Troutbeck Bridge SC          | 59.93           | 1:02.17     |
|                        | 29.94 |                              | 1:02.17 (32.23) |             |
| 4 Peters, Morgyn       | 13    | Wycombe District SC/SWDY     | 1:06.38         | 1:06.98     |
|                        | 32.27 |                              | 1:06.98 (34.71) |             |
| 5 Bendle, Adam         | 19    | Swansea Valley/SWDY          | 1:15.26         | 1:14.61     |
|                        | 36.18 |                              | 1:14.61 (38.43) |             |
| 6 Heaher, Isaac        | 14    | Swim Swansea                 | 1:15.69         | 1:14.70     |
|                        | 36.54 |                              | 1:14.70 (38.16) |             |
| 7 Wylie, Matthew James | 13    | C<br>ity of Sunderland Asc   | 1:18.73         | 1:19.26     |
|                        | 38.28 |                              | 1:19.26 (40.98) |             |

**(Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S9)**

| Name                 | Age   | Team                           | Seed Time       | Finals Time |
|----------------------|-------|--------------------------------|-----------------|-------------|
| 8 Sidaway, Jonathan  | 17    | Burgess Hill and Haywards Heat | 1:38.87         | 1:37.19     |
|                      | 46.51 |                                | 1:37.19 (50.68) |             |
| --- Lodhia, Devarshi | 15    | Leicester Penguins             | 1:34.49         | NS          |

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**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S10**

| Name                 | Age   | Team                          | Seed Time | Finals Time |
|----------------------|-------|-------------------------------|-----------|-------------|
| 1 Welbourn, Robert   | 22    | Swansea Performance Centre    | 55.67     | 53.35       |
|                      | 25.63 | 53.35 (27.72)                 |           |             |
| 2 Edmunds, Graham    | 35    | Swansea Performance Centre    | 55.99     | 54.00       |
|                      | 25.79 | 54.00 (28.21)                 |           |             |
| 3 Crouch, Ryan       | 15    | Ipswich Swimming Club         | 1:00.29   | 58.96       |
|                      | 27.95 | 58.96 (31.01)                 |           |             |
| 4 Whiteley, Laurence | 18    | Richmond Dales Amateur Swimmi | 1:02.16   | 1:02.25     |
|                      | 29.71 | 1:02.25 (32.54)               |           |             |
| 5 Eke, Jonathan      | 13    | Dragons Disabled SC/ABTY      | 1:16.57   | 1:17.52     |
|                      | 37.23 | 1:17.52 (40.29)               |           |             |
| 6 Clapham, Jacob     | 16    | Swansea Stingrays             | 1:19.98   | 1:20.60     |
|                      | 38.28 | 1:20.60 (42.32)               |           |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S12**

| Name             | Age   | Team               | Seed Time | Finals Time |
|------------------|-------|--------------------|-----------|-------------|
| 1 Reeve, Michael | 17    | Leicester Penguins | 1:07.55   | 1:06.92     |
|                  | 32.22 | 1:06.92 (34.70)    |           |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S13**

| Name          | Age   | Team                         | Seed Time | Finals Time |
|---------------|-------|------------------------------|-----------|-------------|
| 1 Ellis, Dave | 23    | A<br>quabears Of Rochdale Sc | 57.61     | 56.13       |
|               | 27.00 | 56.13 (29.13)                |           |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S14**

| Name             | Age   | Team                | Seed Time | Finals Time |
|------------------|-------|---------------------|-----------|-------------|
| 1 Bendle, Daniel | 21    | Swansea Valley/SWDY | 1:09.97   | 1:08.17     |
|                  | 32.91 | 1:08.17 (35.26)     |           |             |

**Event 23 Men 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S17**

| Name          | Age   | Team                     | Seed Time | Finals Time |
|---------------|-------|--------------------------|-----------|-------------|
| 1 Eke, Nathan | 13    | Dragons Disabled SC/ABTY | 1:12.57   | 1:13.62     |
|               | 35.06 | 1:13.62 (38.56)          |           |             |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S1**

| Name | Age | Team | Seed Time | Finals Time |
|------|-----|------|-----------|-------------|
|------|-----|------|-----------|-------------|

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                 |    |                   |         |         |
|---|-----------------|----|-------------------|---------|---------|
| 1 | Watts, Danielle | 29 | City of Oxford SC | 3:10.17 | 3:09.41 |
|   | 1:32.53         |    | 3:09.41 (1:36.88) |         |         |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S6**

|   | Name              | Age | Team                             | Seed Time | Finals Time |
|---|-------------------|-----|----------------------------------|-----------|-------------|
| 1 | Simmonds, Eleanor | 15  | Swansea Performance Centre       | 1:20.39   | 1:19.78     |
|   | 39.00             |     | 1:19.78 (40.78)                  |           |             |
| 2 | Jones, Natalie    | 25  | Colchester Phoenix Asc           | 1:01.53   | 1:20.33     |
|   | 38.69             |     | 1:20.33 (41.64)                  |           |             |
| 3 | Langton, Jan      | 23  | Kelly College SC                 | 1:37.33   | 1:33.02     |
|   | 44.70             |     | 1:33.02 (48.32)                  |           |             |
| 4 | Warne, Claire     | 16  | Flitwick Dolphins SC             | 1:41.34   | 1:44.51     |
|   | 51.44             |     | 1:44.51 (53.07)                  |           |             |
| 5 | Cain, Zoe         | 23  | C<br>ity of Sheffield Swim Squad | 1:56.37   | 2:00.12     |
|   | 58.15             |     | 2:00.12 (1:01.97)                |           |             |
| 6 | Chown, Sarah      | 27  | City of Bradford                 | 2:33.00   | 2:34.85     |
|   | 1:13.32           |     | 2:34.85 (1:21.53)                |           |             |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S7**

|   | Name                | Age | Team            | Seed Time | Finals Time |
|---|---------------------|-----|-----------------|-----------|-------------|
| 1 | O'Connor, Francesca | 18  | Wyre Forest SC  | 1:17.84   | 1:16.98     |
|   | 37.67               |     | 1:16.98 (39.31) |           |             |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S8**

|   | Name                 | Age | Team                   | Seed Time | Finals Time |
|---|----------------------|-----|------------------------|-----------|-------------|
| 1 | Frederiksen, Heather | 24  | C<br>ity of Salford Sc | 1:07.17   | 1:05.79     |
|   | 32.07                |     | 1:05.79 (33.72)        |           |             |
| 2 | Hollis, Emma         | 17  | Epping Forest Dist. SC | 1:16.10   | 1:14.52     |
|   | 35.71                |     | 1:14.52 (38.81)        |           |             |
| 3 | Grudgings, Eleanor   | 17  | Leicester Penguins     | 1:50.78   | 1:40.93     |
|   | 48.64                |     | 1:40.93 (52.29)        |           |             |
| 4 | Twomlow, Lorna       | 21  | Leicester Penguins     | 1:39.80   | 1:45.84     |
|   | 48.83                |     | 1:45.84 (57.01)        |           |             |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S9**

|   | Name           | Age | Team             | Seed Time | Finals Time |
|---|----------------|-----|------------------|-----------|-------------|
| 1 | Watkin, Louise | 17  | Kelly College SC | 1:03.48   | 1:02.37     |

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Results**

|     |                     |                 |                                |         |         |
|-----|---------------------|-----------------|--------------------------------|---------|---------|
|     | 30.37               | 1:02.37 (32.00) |                                |         |         |
| 2   | Millward, Stephanie | 28              | Swansea Performance Centre     | 1:04.10 | 1:02.54 |
|     | 30.30               | 1:02.54 (32.24) |                                |         |         |
| 3   | Steadman, Lauren    | 17              | Kelly College SC               | 1:06.49 | 1:06.00 |
|     | 31.82               | 1:06.00 (34.18) |                                |         |         |
| 4   | Cranfield, Jo-jo    | 16              | Rochford and District Swim Cub | 1:12.60 | 1:12.91 |
|     | 35.06               | 1:12.91 (37.85) |                                |         |         |
| 5   | Simpkin, Lizzie     | 15              | Southport SC                   | 1:07.83 | 1:13.99 |
|     | 35.14               | 1:13.99 (38.85) |                                |         |         |
| 6   | Harper, Jessica     | 15              | Chelsea & Kensington Swimming  | 1:17.41 | 1:14.78 |
|     | 35.26               | 1:14.78 (39.52) |                                |         |         |
| 7   | Bellars, Laura      | 21              | City of Peterborough SC        | 1:23.19 | 1:24.37 |
|     | 40.99               | 1:24.37 (43.38) |                                |         |         |
| 8   | Buck, Leonie        | 14              | Grenwich Borough Mariners      | 1:22.45 | 1:24.64 |
|     | 40.02               | 1:24.64 (44.62) |                                |         |         |
| 9   | Roberts, Bethan     | 14              | Denbigh Dragons                | 1:27.59 | 1:27.51 |
|     | 42.09               | 1:27.51 (45.42) |                                |         |         |
| 10  | Harris, Emily       | 12              | St Felix School SC (Southwold) | 1:27.04 | 1:27.99 |
|     | 42.25               | 1:27.99 (45.74) |                                |         |         |
| 11  | Buck, Chloe         | 12              | York City                      | 1:27.08 | 1:30.19 |
|     | 43.01               | 1:30.19 (47.18) |                                |         |         |
| --- | Devarshi, Lodhia    | 15              | Leicester Penguins             | 1:34.49 | NS      |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S10**

| Name | Age                 | Team                          | Seed Time | Finals Time |
|------|---------------------|-------------------------------|-----------|-------------|
| 1    | Papadopoulos, Eleni | 17 C<br>ity of Sunderland Asc | 1:11.95   | 1:09.72     |
|      | 33.66               | 1:09.72 (36.06)               |           |             |
| 2    | Davies, Amy-Claire  | 15 Swansea Valley             | 1:15.19   | 1:19.43     |
|      | 40.26               | 1:19.43 (39.17)               |           |             |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S11**

| Name | Age            | Team                  | Seed Time | Finals Time |
|------|----------------|-----------------------|-----------|-------------|
| 1    | Davison, Sarah | 21 Leicester Penguins | 1:30.95   | 1:32.90     |
|      | 42.72          | 1:32.90 (50.18)       |           |             |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S13**

| Name | Age | Team | Seed Time | Finals Time |
|------|-----|------|-----------|-------------|
|------|-----|------|-----------|-------------|

**British Gas Swim Wales Disability Short Cours - 04/07/2009 to 05/07/2009****Results**

|   |                 |         |                            |         |         |
|---|-----------------|---------|----------------------------|---------|---------|
| 1 | Henry, Rhiannon | 22      | Swansea Performance Centre | 1:01.27 | 1:00.59 |
|   | 29.15           | 1:00.59 | (31.44)                    |         |         |
| 2 | Hobbins, Lauren | 10      | Dunstable SC               | 1:12.19 | 1:09.73 |
|   | 33.93           | 1:09.73 | (35.80)                    |         |         |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S14**

|   | Name            | Age     | Team                         | Seed Time | Finals Time |
|---|-----------------|---------|------------------------------|-----------|-------------|
| 1 | Massey, Natalie | 20      | A<br>quabears Of Rochdale Sc | 1:06.60   | 1:06.18     |
|   | 31.64           | 1:06.18 | (34.54)                      |           |             |

**Event 24 Women 100 SC Meter Freestyle S1 - S15 & S17 Multi-Disability S17**

|   | Name              | Age     | Team                     | Seed Time | Finals Time |
|---|-------------------|---------|--------------------------|-----------|-------------|
| 1 | Atkins, Alexandra | 14      | Llandarcy/SWDY           | 1:35.43   | 1:27.72     |
|   | 42.26             | 1:27.72 | (45.46)                  |           |             |
| 2 | Eke, Bethan       | 11      | Dragons Disabled SC/ABTY | 1:39.96   | 1:42.13     |
|   | 49.34             | 1:42.13 | (52.79)                  |           |             |