



British Gas Synchronised Swimming Championships & British Gas ASA National Age Groups
4th – 6th December 2009
Competitor / Coach Information

Dear Competitor / Coach,

The following information has been prepared to assist you for the above event. Please read ALL information carefully as this document holds very important information some of which will be new to you.

Location

The event will be held at GL1 Leisure Centre, Bruton Way, Gloucester, GL1 1DT.
GL1 is opposite the ASDA Superstore just to the East of the City Centre, and within 5 minutes walk of bus, coach and train stations.

Draw

The draw which is attached to the bottom of this information sheet is the final draw after any changes and amendments were made by clubs / individuals.

A figure draw will be made in the Function Room at 4pm on Thursday 3rd December.

Schedule

Please find the final schedule of events attached to the bottom of this letter. This is still subject to minor changes.

Training

Training will be available in the Barton Pool on Thursday 3rd December from 3pm – 9pm. There will be no music allowed in this training session and training has not been scheduled.

Team Manager Meetings

There will be daily team manager meetings which will be held in the Function Suite at GL1, directional signage will guide you to the room.

Please make sure a representative from your club is present at the meeting as important information will be given at these meetings.

Please see below the times for each meeting:

Friday 4th December
8am

Saturday 5th December
8am

Sunday 6th December
8.45am

Accreditation for Coaches

All coaches' accreditations have been sent out prior to the event.

If you lose your pass you should report to the ASA / British Swimming stand situated at the entrance to the spectator gallery. If a further full accreditation is needed to be issued then a £5.00 charge will be applicable for lost / mislaid / forgotten passes. This is non negotiable.

THERE WILL BE NO OTHER PASSES ISSUED DURING THE CHAMPIONSHIP

Registration and Accreditation

All competitors will be required to register with the clerks and to collect accreditation passes. **Please note swimmers are required to register 2 hours prior to their first event. ALL SWIMMERS MUST BRING THEIR LOGBOOKS WHEN REGISTERING.**

Swimmers may register from the following times each day:

Friday 4th December

7.30am

Saturday 5th December

7.15am

Sunday 6th December

8am

Registration will take place at the desk in the vanity area of the changing rooms. Accreditation will be handed out at this time. Swimmers must ensure that accreditation is worn at all times unless competing. Access to certain areas is restricted and swimmers will need to have their accreditation visible at all times.

Pool / Platform Information

Please see below the pool and platform information which you will require for the Championships.

There will be a platform at one end of the pool which is used at the beginning of the routines, the dimensions are outlined below:

The platform which will be 32ft wide by 8ft deep and approx 1ft in height which brings it up to the pool plinth and makes it level.

The water drop from the platform to the water is 300.mm and then the water will be 3m deep shelving to 2m deep at the opposite end of the pool.

Doping Control

Swimmers are warned that random doping control may take place during these Championships. Please ensure that you bring with you to the Championships your passport or other form of identity (which incorporates your photograph if possible).

First Aid

There will not be a doctor present at these Championships. Pool staff will administer first aid where necessary.

The ASA / British Swimming

Tickets, Programmes and DVD's

Tickets will be available for sale at the venue from the ASA / British Swimming stand from Friday onwards.

Please see below the ticket and programme prices:

Adult

£6 per day

£10 for two days

£14 for three days

Concession (Over 60 & Under 16)

£4 per

£6 for two days

£10 for three days

Programmes

£2

Each paying spectator will receive a free radio ear piece which will be linked to live commentary from Adele Carlson. Please note that the radios are limited.

DVD's will be produced of the Championships and will be for sale at the event and after the event from the British Swimming website www.britishswimming.org

Photography Policy

Mobile Telephones & Video Images

The Association is becoming increasingly concerned about the new wave of ***mobile telephones with a photographic capability***, enabling the capture of both static & moving images. In the right hands they are nothing more than an opportunity to have fun with friends & family, by capturing images & mailing them within your circle of friends. But like many new things, camera phones need to be used responsibly & children in particular need to be careful they don't misuse them or allow others to exploit them in any way. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or even an identity & such information may help those who might want to harm children. The use of such equipment is difficult to control but we can all be vigilant & ***if you have any concerns in this area, please bring them to our attention*** - either direct or through your team managers.

This event will be photographed and videoed. Static images will be displayed on the website www.britishswimming.org and moving images will displayed at the venue and made available for sale on DVD's throughout the swimming community. This situation is monitored carefully within a child protection context. British swimming and the ASA work closely with our experts to ensure that in making these images available to enhance the presentation of the event, we are not putting any children at risk in any way. If you have any concerns regarding the situation prior to the event please contact The ASA Events Office on 01509 632266 or during the event at the ASA / British Swimming desk.

Car Parking

In order to help you make satisfactory car parking arrangements for your visit to GL1, please take note of the following:

- The car park around the perimeter of GL1 is controlled by NCP car parks.
- The forecourt of GL1 is a no-parking drop off zone only. You must not leave your vehicle unattended at any time in this area. Buses may park in this area but only if attended at all times.

- The GL1 perimeter car park has approx. 40 spaces and is pay and display, with a charge of £4.00 for a two and a half hour maximum stay. Visitors to GL1 taking part in the event are entitled to £3.00 refunded from GL1 reception on production of the 'refund' portion of the pay and display ticket within 10 minutes of purchasing it.
- There are 12 disabled car parking spaces on the forecourt of GL1. These are reserved exclusively for disabled drivers displaying a blue disabled badge, and subject to standard disabled parking regulations and maximum stay.
- Vehicles not properly parked in a designated GL1 bay or not displaying a valid pay and display ticket are liable to a £40.00 fixed penalty charge from NCP.

Alternative car parking options include the following:

- On street metered parking is available locally (free after 6pm and on Sundays).
- NCP also manage car parks at Station Road (surface) and Bruton Way (Multi Storey).
- The Station Road car park at the rear of GL1 is pay and display and this car park benefits from Police CCTV security.
- The nearby Bruton Way multi storey car park offers all day parking at £3.50
- Free car parks can also be found (43 spaces) in Sinope Street (behind ASDA), and on Vauxhall Road (42 spaces) behind the Olympus Theatre on Barton Street.

If you require any further details about the event please do not hesitate in contacting me using the details below.

Good luck to you all, wishing you a successful and happy meet!

Best regards,

Claire Whitfield
Events Officer

The ASA / British Swimming
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Loughborough
Leicestershire
LE11 3DU

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Website: www.britishswimming.org



British Gas British Synchronised Swimming Championships and ASA National Age Group Championships 2009

Schedule of Events

Friday 4th December

08.00 – 09.00hrs	Warm up – 15/16/17 figures
09.30 – 12.00hrs	National Age Groups Figures 15/16/17 18/19 years
12.00 – 13.00hrs	Warm up – 13/14 & 12 & Under
13.15 – 14.30hrs	National Age Groups Figures 13 /14 years
	National Age Groups Figures 12 & Under
	Medal ceremony
15.00 – 16.00hrs	Warm up – Technical Solos (swim order)
16.15 – 16.45hrs	British Championships Technical Solos
16.45 – 17.30hrs	National Age Groups Competitive Duet - 13 / 14 yrs
	National Age Groups Competitive Duet – 12 & Under
17.30hrs	Medal ceremony
17.45 – 18.50hrs	National Age Groups Recreational Combination–15/16/17yrs
	National Age Groups Recreational Combination – 19 & U
18.50 – 19.15hrs	Warm up - Technical Duets (swim order)
19.15hrs	British Championships Technical Duets
19.30hrs	Medal Ceremony

Saturday 5th December

07.30 – 08.30hrs	<i>General Warm up</i>
08.30 – 09.00hrs	<i>Warm up - Technical Team (swim order)</i>
09.15 – 09.40hrs	British Championships Technical Teams
09.45 – 12.20hrs	National Age Groups Free Solos – 12 & Under
	National Age Groups Competitive Solos – 13 / 14 yrs
	National Age Groups Competitive Solos – 15 / 16 / 17 yrs
12.30hrs	Medal ceremony
12.45 – 13.30hrs	<i>General Warm up</i>
13.30hrs	<i>Warm up – Free Solos (swim order)</i>
14.00 – 14.35hrs	British Championships Free Solos
14.45hrs	Medal ceremony
15.00 – 15.40hrs	National Age Groups Recreational Combinations – 13 / 14 yrs
	National Age Groups Competitive Teams – 15/16/17 yrs
15.45hrs	Medal ceremony
16.00 – 16.45hrs	<i>General Warm up</i>
16.45 – 17.15hrs	<i>Warm up – Free Duet (swim order)</i>
17.15 – 17.50hrs	National Age Groups Competitive Duet – 15/16/17yrs
17.50 – 18.10hrs	National Age Groups Recreational & Comp Duets–18/19 years
	British Championships Free Duets
18.15 hrs	Medal Ceremony

Sunday 6th December

08.30hrs	<i>General Warm up</i>
09.00hrs	<i>Warm up – British Championships Combinations (swim order)</i>
10.00 – 10.20hrs	British Championships Combinations
	Medal ceremony
10.30 – 12.00hrs	National Age Groups Competitive Teams – 13 /14 years
	National Age Groups Recreational Combinations – 12 & Under
12.00hrs	Great Britain Duet Performance
12.15hrs	Medal ceremony
<i>12.30 – 13.30hrs</i>	<i>Warm up – British Championships Teams (swim order)</i>
13.30 – 13.40hrs	National Age Groups Competitive Teams – 12 & Under
13.40 – 14.10hrs	British Championships Free Teams
14.15 hrs	Great Britain Team / Combo Performance
14.30.hrs	Parade and Medal Ceremonies

British Gas Synchronised Swimming Championships & British Gas ASA National Age Group Championships 2009

Order of Draw

British Gas ASA National Age Groups

Individual Figures

18/19 Years

- | | |
|-----------------------|---------------------------|
| 1. Sarah Clifford | Portsmouth Victoria |
| 2. April Poulter | Rushmoor |
| 3. Mellissa Halliwell | Trafford |
| 4. Harriet Roberts | Reading Royals |
| 5. Tamara Gale | Portsmouth Victoria |
| 6. Jessica Fletcher | Trafford |
| 7. Louise Fuller | Witney & District Synchro |

Individual Figures

15/16/17 Years

- | | |
|----------------------------|--------------------------|
| 1. Leonie Kearn | Rushmoor |
| 2. Eniko Toth (S) | Trafford |
| 3. Emma Bowes | Trafford |
| 4. Jessica Campbell | City of Birmingham |
| 5. Tiffany Dawson | Trafford |
| 6. Rachel Harris | Barnet Copthall |
| 7. Jenna Bissell (S) | City of Leeds |
| 8. Laura Simmonds | Rushmoor |
| 9. Zoe Williams (S) | Portsmouth Victoria |
| 10. Rebecca King | Reading Royals |
| 11. Laveena Chana | Bristol Central |
| 12. Alexandra O'Mahony (S) | Bristol Central |
| 13. Charlotte Frost | Bristol Central |
| 14. Sarah Dunford | Rushmoor |
| 15. Hannah Rush | Reading Royals |
| 16. Jessica Southward | Trafford |
| 17. Phoebe Falconer | Bristol Central |
| 18. Charlotte Kong | City of Birmingham |
| 19. Stephanie Banfield | Barnet Copthall |
| 20. Shannon McGinty (S) | City of Preston Aquatics |
| 21. Alice Wood (S) | City of Leeds |
| 22. Emily Stevens | Rushmoor |
| 23. Jenny Clifford | Portsmouth Victoria |
| 24. Krista Pierro | Reading Royals |
| 25. Tessa Griffiths (S) | Trafford |
| 26. Anastasija Bates | Bristol Central |
| 27. Alice Dale | Bristol Central |
| 28. Robyn Bignell (S) | Rushmoor |
| 29. Rebecca Bates | Reading Royals |
| 30. Jenna Coultard (S) | Trafford |

31. Isobel Collings (S)	Bristol Central
32. Emily Firth	City of Birmingham
33. Fiona Whiting (S)	Barnet Copthall
34. Shakira Platts	Hythe Aqua
35. Ashleigh Rowland (S)	City of Leeds
36. Steffie Stone	Rushmoor
37. Lana Ahern	Portsmouth Victoria
38. Rebecca Gowling	Trafford
39. Leanne Summerbee	Bristol Central
40. Lucy Hockin	Rushmoor
41. Kristina Holley	Reading Royals
42. Samantha Wilson	Bristol Central
43. Naomi Holder	Walsall SSC
44. Abigail Lawrence	Rushmoor
45. Caryn Stubbs (S)	Nairn SSC
46. Hannah Bignell	Rushmoor
47. Hannah Green	Reading Royals
48. Eliza Rice	Trafford
49. Emma Holloway	Bristol Central

Individual Figures

13/14 Years

1. Charlotte Adams	Reading Royals
2. Charlotte Joy	Reading Royals
3. Eloise Bray	City of Leeds
4. Karolina Szymanska	Reading Royals
5. Charlotte Langley	Rushmoor
6. Ruth Shaw	City of Leeds
7. Pippa Cross	Rushmoor
8. Alice Dewhirst	City of Leeds
9. Kate Morgan	Rushmoor
10. Bethany Walker	Rugby
11. Katie Wilson	Walsall SSC
12. Rhiannon Williams (S)	Portsmouth Victoria
13. Amy Ostler	Reading Royals
14. Alice Hodge	City of Leeds
15. Bethany Morrison	Portsmouth Victoria
16. Katie Shirreffs	Nairn SSC
17. Rachel Williams	Walsall SSC
18. Caitlin Ahern (S)	Portsmouth Victoria
19. Danielle Leavold	Rushmoor
20. Jessica Ranson (S)	City of Leeds
21. Chelsey Main	Nairn SSC
22. Tianne Buckley	Reading Royals
23. April Rice (S)	Trafford
24. Katie King (S)	City of Birmingham
25. Megan Knight	City of Leeds
26. Lucy Ridge	City of Birmingham
27. Sophie User (S)	Rushmoor
28. Jade Hearman	Reading Royals

29. Emily Felton	City of Preston Aquatics
30. Rosie Barrington (S)	City of Leeds
31. Emily Randall (S)	Rushmoor
32. Georgia Swinhoe	City of Leeds
33. Lucy Farrell	Reading Royals
34. Romy Barton	Portsmouth Victoria
35. Natalie Saudan	Reading Royals
36. Eleanor Holder	Walsall SSC
37. Georgina Gegg	Rushmoor
38. Kerry Rothery	Reading Royals

Individual Figures

12 and Under

1. Chloe Shortman	Bristol Central
2. Charlotte Moore	Trafford
3. Hannah Randall(S)	Rushmoor
4. Madison Murphy	Portsmouth Victoria
5. Elise Denner	Bristol Central
6. Hannah Mulshaw	Reading Royals
7. Phoebe Bradley Smith (S)	City of Birmingham
8. Lydia Neill (S)	City of Preston Aquatics
9. Sophie Randle (S)	Rugby
10. Lois Powell (S)	City of Birmingham
11. Claire Harris (S)	Barnet Copthall
12. Megan Walsh	Rugby
13. Amy Campbell (S)	Rushmoor
14. Taryn Holdcroft	Walsall SSC
15. Lucy Carter	Barnet Copthall
16. Daisy Bignell	Rushmoor
17. Jodie Cowie	Hythe Aqua
18. Lily Ryan (S)	Reading Royals
19. Ella Watson	Rushmoor
20. Lucy Bowes (S)	Trafford
21. Maisie James	Reading Royals
22. Robyn Stanhope	Portsmouth Victoria
23. Emma Carpenter	Rushmoor
24. Ruby Walker	Portsmouth Victoria
25. Hannah James	Rushmoor
26. Abigail Parkes (S)	City of Birmingham
27. Zoe Taylor (S)	City of Preston Aquatics
28. Melissa Knapton	City of Leeds
29. Lara Hockin	Rushmoor
30. Kate Reynolds (S)	Walsall SSC
31. Rachel Lee (S)	Gateshead Synchro
32. Abigail Devanny (S)	City of Leeds
33. Rachel Milliner	Bristol Central
34. Imogen Smith (S)	Rushmoor
35. Freya Macleod (S)	Nairn SSC
36. Hannah Murphy	Portsmouth Victoria
37. Jorja Brown (S)	Rushmoor

**British Gas Championships
Technical Solo**

- | | |
|------------------------|----------------|
| 1. Jessica Fletcher | Trafford |
| 2. Louise Wooley | Rushmoor |
| 3. Bethany Dearlove | Reading Royals |
| 4. Elizabeth Winter | Rushmoor |
| 5. Charlotte Beresford | Trafford |
| 6. Sarah Spears | Trafford |
| 7. April Poulter | Rushmoor |

**British Gas ASA National Age Groups
Duet**

13 / 14 Years
Competitive Duet

PLEASE NOTE THE ORDER OF DRAW WILL CHANGE DEPENDENT UPON FIGURE SCORE

- | | |
|--------------------------------------|-------------------------|
| 1. Jessica Ranson & Rosie Barrington | City of Leeds |
| 2. Sophie Usher & Georgina Gegg | Rushmoor |
| 3. Rhiannon Williams & Caitlin Ahern | Portsmouth Victoria SSC |
| 4. Emily Randall & Danielle Leavold | Rushmoor |

12 & Under
Competitive Duet

PLEASE NOTE THE ORDER OF DRAW WILL CHANGE DEPENDENT UPON FIGURE SCORE

- | | |
|---------------------------------------|--------------------------|
| 1. Jorja Brown & Hannah Randall | Rushmoor |
| 2. Zoe Taylor & Lydia Neill | City of Preston Aquatics |
| 3. Lois Powell & Phoebe Bradley-Smith | City of Birmingham |
| 4. Imogen Smith & Amy Campbell | Rushmoor |
| 5. | |

**British Gas ASA National Age Groups
Free Combination**

15/16/17 Years
Recreational

1. Bristol Central

Emma Tamlyn / Kathryn Shatford / Rachel Say / Lauren Evans / Alice Gargan / Laveena Chana / Phoebe Falconer

2. Portsmouth Victoria

Lana Ahern / Zoe Williams / Jenny Clifford / Isabel George / Lucy Harfield / Zoe Hebblethwaite / Hannah Hickman / Bethany Depledge / Grace Bennett / Suzie Francis

3. Walsall

Naomi Holder / Rebecca Jones / Alexandra Wheeler / Christina Taylor / Nicole Consterdine / Sarah Berriman

4. City of Birmingham

Charlotte Brooks / Charlotte Kong / Jessica Campbell / Emily Firth / Alice Munro / Philippa Meddings

5. Reading

Hannah Fishwick / Megan Waldron / Jade Savage / Elizabeth Hamilton / Jessica Brown / Rebecca King / Krista Pierro / Hannah Green

British Gas ASA National Age Groups Free Combination

19 & Under Recreational

1. Seymour Synchronised Swimming School

Alaa Sonosi / Eleanor Savage / Adele Fraser / Nadia El-Akrichi Rodriguez / Laura Dominguez Leones / Lea Potts / Valeria Villegas Agudelo

2. Calne Alpha Four

Kathryn Rockett / Lauren Webb / Fabienne Blunden / Amelia Harding / Hannah Boaler / Stephanie Grant / Jessica Scarth / Jasmine Mutch

3. Trafford

Danielle Chandler / Rebecca Bradford / Tejal Patel / Abigail Williams / Simone Ferris / Hannah Tapping-Upton / Amy Codling / Jessica Fletcher / Melissa Halliwell / April Rice / Amelia Parry

4. City of Preston Aquatics

Zoe Taylor / Lydia Neill / Sorcha Deady – Alston / Georgina Francis / Portia Riding / Lucia Pearson / Leah Orme / Alannah Chauhan / Jessica Tapper / Natasha Boyne / Eleanor McGowan / Emily Felton

5. Rugby

Jasmine Humphreys / Sasha Humphreys / Kiani Jeacock / Sophie Randle / Lucy Rouse / Lucy Townsend-Kennedy / Bethany Walker / Megan Walsh / Phoebe Walsh / Hazel Williams

6. Hythe Aqua

Shakira Platts / Emily Cowie / Hannah Bacon / Jodie Cowie / Katie Major / Natashah Wilson

7. City of Preston Aquatics B Team

Megan Hughes / Bethan Heap / Rosie Addison / Alex Penney / Eleanor McCabe / Shannon McGinty / Elizabeth Miller / Eloise Deady – Alston

British Gas Championships Duet

- | | |
|---|----------------|
| 1. Sarah Dunford & April Poulter | Rushmoor |
| 2. Jenny Godding, Naomi Schorman & Harriet Roberts | Reading Royals |
| 3. Jessica Fletcher, Melissa Halliwell & Sarah Spears | Trafford |

**British Gas Championships
Technical Team**

1. Bristol Central

Lisa Marsh / Alexandra O'Mahony / Alice Dale / Samantha Wilson / Charlotte Frost / Isobel Collings / Emma Holloway / Leanne Summerbee / Anastasija Bates / Phoebe Falconer

2. Rushmoor

Louise Woolley / Jennifer Knobbs / Hannah Bignell / Sarah Dunford / Robyn Bignell / April Poulter / Lucy Hockin / Elizabeth Winter / Abigail Lawrence

3. Reading Royals

Bethany Dearlove / Jenny Godding / Naomi Schorman / Harriet Roberts / Rebecca Bates / Hannah Rush / Kristina Holley / Rebecca King / Hannah Green

4. Leeds

Heba Abdel – Gawad / Ashleigh Rowland / Jessica Ranson / Jenna Bissell / Alice Wood / Rosie Barrington

5. Trafford

Jenna Coultard / Tessa Griffiths / Eiko Toth / Jessica Fletcher / Melissa Halliwell / Sarah Spears / Charlotte Beresford / Emma Bowes / Georgina Fleming

British Gas ASA National Age Groups

12 & Under
Free Solo

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.

13 / 14 Years
Competitive Solo

1.
2.
3.
4.
5.
6.
7.
8.

15 /16 /17 Years
Competitive Solo

1.
2.
3.
4.
5.
6.
7.
8.

9.
10.
11.
12.
13.

British Gas Championships
Free Solo

- | | | |
|----|---------------------|----------------|
| 1. | Jessica Fletcher | Trafford |
| 2. | Louise Wooley | Rushmoor |
| 3. | Bethany Dearlove | Reading Royals |
| 4. | Elizabeth Winter | Rushmoor |
| 5. | Charlotte Beresford | Trafford |
| 6. | Sarah Spears | Trafford |
| 7. | April Poulter | Rushmoor |

**British Gas ASA National Age Groups
Free Combination**

13 / 14
Recreational

1. City of Birmingham

Katie King / Lucy Ridge / Amelia Clarke / Cordelia Roberts / Danielle Mercier / Molly Ross / Hannah Smith

2. Portsmouth Victoria

Lauren Baverstock / Ella Minker / Catriona McDougall / Ellie Holland / Olivia Fairlie / Kirsty Collins / Danni McIntyre

3. Bristol Central

Ella Bamford / Saskia Dedman / Alice Falconer / Kate Gargan / Adelaide Gorely / Corrie Leech / Samantha Phillips-Winter / Connie Sheppard / Meg Simmonds / Emma Wood / Hannah Teague

4. Walsall

Eleanor Holder / Rachel Williams / Katie Wilson / Karys Bowen / Sharni Hooper / Elle Gleeson / Katy Broadhurst

**British Gas ASA National Age Groups
Team**

15 / 16 / 17 Competitive

1. Rushmoor

Hannah Bignell / Robyn Bignell / Sarah Dunford / Lucy Hockin / Leonie Kearn / Laura Simmonds / Emily Stevens / Steffie Stone

2. Bristol Central

Alexandra O'Mahony / Alice Dale / Samantha Wilson / Charlotte Frost / Isobel Collings / Emma Holloway / Leanne Summerbee / Anastasija Bates

3. Trafford

Jenna Coultard / Tessa Griffiths / Eniko Toth / Rebecca Gowling / Eliza Rice / Tiffany Dawson / Jessica Southward / Emma Bowes

**British Gas ASA National Age Groups
Duet**

15 / 16 Years
Competitive Duet

PLEASE NOTE THE ORDER OF DRAW WILL CHANGE DEPENDENT UPON FIGURE SCORE

- | | |
|---|-----------------|
| 1. Robyn Bignell & Sarah Dunford | Rushmoor |
| 2. Rebecca Bates & Kristina Holley | Reading Royals |
| 3. Tessa Giffiths & Eniko Toth | Trafford |
| 4. Alexandra O'Mahony & Isobel Collings | Bristol Central |
| 5. Ashleigh Rowland & Jenna Bissell | City of Leeds |
| 6. Rachel Harris & Fiona Whiting | Barnet Copthall |

**British Gas Championships
Free Duet**

- | | |
|---|-----------------------------|
| 1. Megan Hughes & Elizabeth Miller (Recreational) | City of Preston Aquatics ** |
| 2. Jessica Fletcher & Melissa Halliwell (Competitive) | Trafford ** |
| 3. Sarah Dunford & April Poulter | Rushmoor |
| 4. Jenny Godding, Naomi Schorman & Harriet Roberts | Reading Royals |
| 5. Jessica Fletcher, Melissa Halliwell & Sarah Spears | Trafford |

*** National Age Group 18/19 Duet*

**British Gas Championships
Free Combination**

1. Trafford

Jenna Coultard/Tessa Griffiths/Eniko Toth/Jessica Fletcher/Melissa Halliwell/Sarah Spears/Charlotte Beresford/Emma Bowes/Georgina Fleming

2. Rushmoor

Louise Woolley/Jennifer Knobbs/Hannah Bignell/Sarah Dunford/Robyn Bignell/April Poulter/Lucy Hockin/Elizabeth Winter/Abigail Lawrence/Emily Stevens

3. Bristol Central

Lisa Marsh/Alexandra O'Mahony/Alice Dale/Samantha Wilson/Charlotte Frost/Isobel Collings/Emma Holloway/Leanne Summerbee/Anastasija Bates/Phoebe Falconer

**British Gas ASA National Age Groups
Team**

13 / 14 Competitive

1. City of Leeds

Jessica Ranson / Rosie Barrington / Megan Knight / Alice Dewhirst / Alice Hodge / Ruth Shaw / Georgia Swinhoe / Eloise Bray

2. Portsmouth Victoria

Bethany Morrison / Caitlain Ahern / Romy Barton / Rhiannon Williams

3. Rushmoor

Pippa Cross / Georgina Gegg / Charlotte Langley / Danielle Leavold / Emily Randall / Sophie Usher / Kate Morgan

4. Reading Royals

Natalie Saudan / Charlotte Adams / Charlotte Joy / Kerry Rothery / Karolina Szymanska / Amy Ostler / Tianne Buckley / Lucy Farrell / Jade Hearman

**British Gas ASA National Age Groups
Free Combination**

12 & Under Recreational

1. Reading Royals

Maisie James / Lily Ryan / Sophie Ross / Esme Lower / Hannah Mulshaw / Megan Watterson / Jennifer Bates / Stephanie Ridge

2. Portsmouth Victoria

Robyn Craig / Millie Mcintyre / Misa Aungiers / Tilly Fairlie

3. Bristol Central B Team

Niamh Allanson-Campbell / Bryony Dale / Pippa Gale / Cari Heighway / Hattie Langdon / Keira Noon / Maddie Charles-Rudwick / Olivia Sissons / Christina Bendle

4. Rugby

Charlotte Powers / Isobel Reed / Olivia Walker / Meredith Whiting / Emily Woodbridge / Alice Old / Ellie Hudson / Charlie Faulkner / Gemma Dez-La-Lour

5. Edinburgh

Megan Wimberley / Jenna Heatlie / Laura Burt / Erin Buckley / Edie Turner / Joia Raychoudhury

6. Calne Alpha Four

Chloe Wells / Bethany Rice / Caoimhe Kelly / Alice Bray / Henrietta Page / Verity Page

7. Rushmoor

Charlie Cooke / Celina Dembrinska / Hayley Clarke / Victoria Usher / Megan Randall / Jessica Fuller

8. Walsall

Kate Reynolds / Taryn Holdcroft / Elizabeth Berriman / Eleanor Guest / Madeleine Broadhurst / Molly Jones / Jade Raghunanan

9. Pudsey Pearls

Amber Osborn / Amy Mallinson / Eloise Staves / Emily Osborn / Georgia Fielding / Laura Halliday / Lily Deal / Louise Chapman / Rachel Smith / Sharlotte Walker

10. City of Birmingham

Phoebe Bradley Smith / Lois Powell / Abigail Parkes / Zoe Key / Isobel Lynock / Lily Bradley Smith

11. Trafford

Lucy Bowes / Charlotte Moore / Olivia Monks / Fiona Currie / Rosin Mooney / Niamh Hanley / Megan Crew Meaney / Eve Grimshaw / Isobel Faulkner / Charlotte McDowell / Clidna Bailey

12. Bristol Central A Team

Lauren Bullock / Elise Denner / Megan Dymmock-Morgan / Rachel Hagan / Lauren McNamara / Sophie Tamlyn / Rachael Milliner / Jemima Pike / Charlotte Sissons / Chloe Shortman

British Gas ASA National Age Groups Team

12 & Under Competitive

1. Portsmouth Victoria

Madison Murphy / Ruby Walker / Hannah Murphy / Robyn Stanhope

2. Rushmoor

Jorja Brown / Emma Carpenter / Lara Hockin / Hannah James / Hannah Randall / Ella Watson / Imogen Smith / Amy Campbell / Daisy Bignell

British Gas Championships Free Team

1. Bristol Central

Lisa Marsh / Alexandra O'Mahony / Alice Dale / Samantha Wilson / Charlotte Frost / Isobel Collings / Emma Holloway / Leanne Summerbee / Anastasija Bates / Phoebe Falconer

2. Rushmoor

Louise Woolley / Jennifer Knobbs / Hannah Bignell / Sarah Dunford / Robyn Bignell / April Poulter / Lucy Hockin / Elizabeth Winter / Abigail Lawrence

3. Reading Royals

Bethany Dearlove / Jenny Godding / Naomi Schorman / Harriet Roberts / Rebecca Bates / Hannah Rush / Kristina Holley / Rebecca King / Hannah Green

4. Leeds

Heba Abdel – Gawad / Ashleigh Rowland / Jessica Ranson / Jenna Bissell / Alice Wood / Rosie Barrington

5. Trafford

Jenna Coultard / Tessa Griffiths / Eniko Toth / Jessica Fletcher / Melissa Halliwell / Sarah Spears / Charlotte Beresford / Emma Bowes / Georgina Fleming