



Hockey Goals: Specification for FIH Events

Hockey Goals must meet the specifications in the Rules of Hockey and the requirements of any relevant national legislation. The additional specifications are required for FIH events. These specifications are also recommended for other levels of hockey because they are beneficial to the playing and safety of the game.

- i The goal-posts, cross-bar and other parts of the overall goal frame must be either white, the natural light colour of metal or some other light colour which contrasts with the pitch and the ball.
- ii The net material must be a dark colour which contrasts with the ball; for FIH world level events, contracts require the nets to be green.
- iii The front corners and edges of the goal-posts and cross-bar must be rounded with a radius of 3mm +/- 1mm.
- iv Brackets supporting the net or parts of the goal frame must not protrude outside the 50mm width of the goal-posts and cross-bar.
- v Frame fixings must not be attached to the side- or back-boards in a way which could result in a ball entering the goal rebounding from them.
- vi Side- and back-boards must be covered with a shock absorbing material such as rubber.
- vii Any vertical part of the net support frame must be outside the net and fixed in such a way that a ball entering the goal cannot rebound from it.
- viii Any horizontal part of the net support frame across the back or sides of the goal must be outside the net and fixed in such a way that a ball entering the goal cannot rebound from it.
- ix The net must be fixed so that the ball does not pass between the goal-posts and the net or between the cross-bar and the net.
- x The net must be fixed at the back of the side- and back-boards so that the ball cannot pass beyond the net.
- xi The net must be fixed in a way which avoids injury to players; any external openings on the goal-posts, cross-bar or other parts of the goal frame must be less than 8mm or greater than 25mm; metal cup hooks must not be used and any spring hooks must have screw caps.

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