

BRITISH SWIMMING

BRITISH SENIOR LONG COURSE RECORDS

((31st July 2004))

MEN

STROKE	TIME	NAME	CLUB	VENUE	DATE	
50m	FREESTYLE	22.13	Mark FOSTER [GBR]	University of Bath	SHEFFIELD	13/05/01
100m	FREESTYLE	49.65	Matthew KIDD (GBR)	Leatherhead	SHEFFIELD	7/04/04
200m	FREESTYLE	1:47.95	Paul PALMER [GBR]	University Of Bath	SYDNEY	18/09/00
400m	FREESTYLE	3:48.02	Paul PALMER [GBR]	University of Bath	PERTH	15/01/98
800m	FREESTYLE	7:51.12	Graeme SMITH [GBR]	Stockport Metro	FUKUOKA	24/07/01
1500m	FREESTYLE	14:57.93	David DAVIES [GBR]	City of Cardiff	SHEFFIELD	11/04/04
50m	BACKSTROKE	25.60	Liam TANCOCK [GBR]	City of Exeter	GLASGOW	31/07/03
100m	BACKSTROKE	54.90	Gregor TAIT [GBR]	City of Edinburgh	SHEFFIELD	11/04/04
200m	BACKSTROKE	1:57.42	Gregor TAIT [GBR]	City of Edinburgh	SHEFFIELD	09/04/04
50m	BREASTSTROKE	27.46	James GIBSON [GBR]	Loughborough University	BARCELONA	22/07/03
100m	BREASTSTROKE	1:00.02	Darren MEW [GBR]	University of Bath	SHEFFIELD	11/04.04
200m	BREASTSTROKE	2:10.69	Ian Edmond [GBR]	City of Edinburgh	BARCELONA	23/07/03
50m	BUTTERFLY	23.51	Mark FOSTER [GBR]	University of Bath	ZAEGREB	08/06/03
100m	BUTTERFLY	52.46	Todd COOPER [GBR]	Stirling Swimming	SHEFFIELD	08/04/04
200m	BUTTERFLY	1:55.90	Stephen PARRY [GBR]	Stockport Metro	BARCELONA	22/07/03
200m	IND. MEDLEY	2:01.06	Robin FRANCIS [GBR]	University of Bath	SHEFFIELD	10/04/04
400m	IND. MEDLEY	4:16.65	Adrian TURNER [GBR]	Stockport Metro	SHEFFIELD	11/04/04
4x100m	FREE TEAM	3:20.18	World Student GamesTEAM [GBR]		BEIJING	25/08/01
4x200m	FREE TEAM	7:12.98	NATIONAL TEAM [GBR]		SYDNEY	19/09/00
4x100m	MED TEAM	3:38.21	NATIONAL TEAM [GBR] <i>E SINCLAIR 1:49.61 / P PALMER 1:47.15 / M SPACKMAN 1:48.85 / J SALTER 1:47.37</i> <i>Gregor TAIT 55.40 / James GIBSON 59.80 / Todd COOPER 53.91 / Christopher COZENS 49.10</i>		BARCELONA	27/07/03
4x100m	FREE TEAM	3:23.99	CLUB [ENG]	University of Bath	SHEFFIELD	12/07/98
4x200m	FREE TEAM	7:29.11	CLUB [ENG]	University of Bath	SHEFFIELD	11/07/98
4x100m	MED TEAM	3:46.00	CLUB [ENG]	University of Bath	SHEFFIELD	09/07/98

WOMEN

50m	FREESTYLE	24.68	ALISON SHEPPARD (GBR)	Milngavie & Bearsden	MANCHESTER	02/08/02
100m	FREESTYLE	54.62	Melanie MARSHALL [GBR]	Loughborough University	SHEFFIELD	11/04/04
200m	FREESTYLE	1:57.51	Melanie MARSHALL [GBR]	Loughborough University	SHEFFIELD	09/04/04
400m	FREESTYLE	4:07.68	Sarah HARDCASTLE [GBR]	Bo. Southend	EDINBURGH	27/07/86
800m	FREESTYLE	8:24.77	Sarah HARDCASTLE [GBR]	Bo. Southend	EDINBURGH	29/07/86
1500m	FREESTYLE	16:14.70	Rebecca COOKE [GBR]	Co Glasgow	DAEGU	29/08/03
50m	BACKSTROKE	29.03	Sarah PRICE [GBR]	Barnet Copthall	SHEFFIELD	21/03/03
100m	BACKSTROKE	1:00.49	Katy SEXTON [GBR]	Portsmouth Northsea	SHEFFIELD	20/03/03
200m	BACKSTROKE	2:08.74	Katy SEXTON [GBR]	Portsmouth Northsea	BARCELONA	26/07/03
50m	BREASTSTROKE	30.57	Zoe BAKER [GBR]	City of Sheffield	MANCHESTER	30/07/02
100m	BREASTSTROKE	1:08.86	Rachel GENNER [GBR]	City of Coventry	SHEFFIELD	24/01/04
200m	BREASTSTROKE	2:27.88	Kirsty BALFOUR [GBR]	City of Edinburgh	SHEFFIELD	08/04/04
50m	BUTTERFLY	27.05	Alison SHEPPARD [GBR]	Milngavie & Bearsden	MANCHESTER	12/04/02
100m	BUTTERFLY	59.45	Georgina LEE [GBR]	Camphill Edwardians	SHEFFIELD	08/04/04
200m	BUTTERFLY	2:08.89	Georgina LEE [GBR]	Camphill Edwardian	SHEFFIELD	10/04/04
200m	IND. MEDLEY	2:14.62	Susan ROLPH (GBR)	Co Newcastle	SHEFFIELD	11/07/99
400m	IND. MEDLEY	4:46.79	Rebecca COOKE [GBR]	City of Glasgow	SHEFFIELD	08/04/04
4x100m	FREE TEAM	3:40.54	NATIONAL TEAM [GBR] <i>K PICKERING / 56.01 / A SHEPPARD 54.95 / R BRETT 54.92 / S ROLPH 54.66</i>		SYDNEY	16/09/00
4x200m	FREE TEAM	7:58.69	NATIONAL TEAM [GBR] <i>N JACKSON 2:00.05 / J BELTON 2:00.64 / K LEGG 1:58.95 / K PICKERING 1:59.05</i>		FUKUOKA	25/07/01
4x100m	MED TEAM	4:05.65	NATIONAL TEAM [GBR] <i>S PRICE 1:01.62 / K HAYWOOD 1:09.53 / G LEE 59.67 / K LEGG 54.83)</i>		MANCHESTER	04/08/02
4x100m	FREE TEAM	3:45.66	CLUB [ENG] <i>S MCNEILLY / R BRETT / J BELTON / M MARSHALL</i>	Loughborough University	GLASGOW	24/06/01
4x200m	FREE TEAM	8:18.86	CLUB [ENG] <i>S PROUD 2:03.72 / S JOHNSON 2:07.60 / D BERRY 2:05.06 / J JACKSON 2:02.48</i>	Durham Aquatics	SHEFFIELD	02/05/04
4x100m	MED TEAM	4:14.91	CLUB [ENG] <i>J FARGUS 1:03.56 / EMMA ROBINSON 1:12.71 / NICOLA JACKSON 59.98 / EMMA-KATE TAPSELL 58.66</i>	University of Bath	COVENTRY	29/06/02