

**BRITISH SWIMMING**

National Events Office: 41 Granby Street, Loughborough, Leics. LE11 3DU  
 Tel: +44 (0)1509 632266 Fax: +44 (0)1509 235489

**BRITISH SWIMMING MASTERS CHAMPIONSHIPS  
 AND SENIOR AGE GROUP CHAMPIONSHIPS**

(FINA RULES OF MASTERS SWIMMING & BRITISH SWIMMING DISCIPLINARY CODE)

**16 – 18 JUNE 2006 MANCHESTER AQUATIC CENTRE**

**INDIVIDUAL ENTRY FORM**

<b>MALE</b>		<b>FEMALE</b>	
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FIRST NAME:.....SURNAME:..... DATE OF BIRTH: ..... / ..... / .....

ADDRESS:.....

POST CODE:..... DAYTIME TEL NO:..... NATIONALITY: e.g. English Scottish Welsh.....

EMAIL: ..... NAME OF CLUB [IN FULL]: .....

(Please only enter one club (the club that you wish to compete for at the championships))

Please enclose an A4 SAE for return of your confirmation etc

MEMBERSHIP NUMBER; ASA, WASA & SASA SWIMMERS						
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Address where confirmation to be sent if different from above.....

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If you require proof of delivery of entry please submit a stamped addressed postcard with your entry form.

These Championships are open to members of clubs affiliated to the ASA, the Scottish ASA, the Welsh ASA or one of the countries affiliated to FINA.

Please tick the appropriate age-group [age as at 31/12/06]. **Minimum age: Male swimmers must be 19 years of age on day of competition and female swimmers must be 18 years of age on day of competition.**

Age group	S	A	B	C	D	E	F	G	H	J	K	L	M	N	P	Q
	Male 19-24 Female 18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99

FREESTYLE		BACKSTROKE		BREASTSTROKE		BUTTERFLY		IND. MEDLEY	
Distance	Submitted Time	Distance	Submitted Time	Distance	Submitted Time	Distance	Submitted Time	Distance	Submitted Time
50m		50m		50m		50m		200m	
100m		100m		100m		100m		400m	
200m		200m		200m		200m		You may enter a maximum of SEVEN individual events	
400m		<b>Entry fee £8.50 per individual event</b>							
800m		<b>Cheques etc to be payable to British Swimming Ltd</b>							
1500m									

You **MUST** submit a time in order to enter an event. If you do not give a time, you will not be accepted for the event and any entry fee will be forfeited. Please ensure the time entered is achievable. Converted times will be accepted

All completed forms to be returned to the British Swimming National Events Office at the address at the top of the form. Entry fee is £8.50 per individual event and cheques should be made payable to British Swimming Ltd.

**CLOSING DATE: FRIDAY 19 MAY 2006**

**Please ensure you sign the next page and return it with your form**

## PLEASE ENSURE YOU SIGN YOUR FORM

### IMPORTANT - Please read this document carefully before signing

1. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events or any other associated activities. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.
2. I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake always to conduct myself in a responsible and professional manner.
3. I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
4. I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.
5. I acknowledge that British Swimming, the Amateur Swimming Association, or any body affiliated thereto, cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
6. I hereby agree to abide by and be governed by the rules of the Amateur Swimming Association and all other laws and regulations applicable including the ASA Safety Laws.

I have read and understand the above provisions and agree to abide by them.

Signature of Competitor: \_\_\_\_\_ Date: \_\_\_\_\_

### MASTERS INTER CLUB POINTS COMPETITION

In 1988 Coupar SC from Scotland presented a trophy for a club aggregate points competition. This trophy was won on the first occasion by Motherwell Masters, and then disappeared from view. The trophy has now been reinstated, and will be awarded to the British club (i.e. a club affiliated to the ASA, the Welsh ASA or the Scottish ASA) that gains the most points in the Masters events in the Championships (i.e. in the age groups 25 – 29 yrs and upwards and in the relays 100-199yrs upwards).

Points will be awarded on the basis of 3 for a 1<sup>st</sup> place, 2 for 2<sup>nd</sup>, 1 for a 3<sup>rd</sup>, plus 1 point for all swims completed without disqualification ( including medal winning swims). Relays will count double.

The trophy will be awarded at the conclusion of the competition.

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## 2006 BRITISH SWIMMING MASTERS CHAMPIONSHIPS AND SENIOR AGE GROUP CHAMPIONSHIPS

(FINA RULES OF MASTERS SWIMMING & ASFGB DISCIPLINARY CODE)

**16-18 JUNE 2006 – Manchester Aquatic Centre**

### TEAM ENTRY FORM

NAME OF CLUB [IN FULL]:.....

NAME & ADDRESS OF PERSON TO WHOM CONFIRMATION ETC. SHOULD BE SENT: .....

DAYTIME TELEPHONE NO:..... EMAIL:.....

- a) Clubs are limited to one team per age group per event.
- b) A competitor may only represent one club in the Championships.
- c) Total age of team as at 31st December 2006.
- d) Male swimmers must be 19 years of age on day of competition and female swimmers must be 18 years of age on day of competition.

**TO ENTER AN EVENT PLEASE ENTER A TIME IN THE APPROPRIATE BOX  
CLOSING DATE: FRIDAY 19 MAY 2006**

#### MIXED RELAYS (2 Men/2 Women)

74 years +	100-119 years	120-159 years	160-199 years	200-239 years	240-279 years	280-319 years	320-359 years
4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE
4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY

ENTRY FEE £16.00 per team per event	MEN		WOMEN	
	4 x 50m FREESTYLE	4 x 50m MEDLEY	4 x 50m FREESTYLE	4 x 50m MEDLEY
<b>76 years +</b>				
<b>72 years +</b>				
<b>100-119 years</b>				
<b>120-159 years</b>				
<b>160-199 years</b>				
<b>200-239 years</b>				
<b>240-279 years</b>				
<b>280-319 years</b>				
<b>320-359 years</b>				

I declare that the above particulars are correct and agree to abide by the conditions laid down by British Swimming for these Championships.

Signed: ..... Date: .....

**Entry Fee £16.00 per team per event.  
Cheques made payable to: "British Swimming Ltd"**

**BRITISH SWIMMING**  
**MASTERS' CHAMPIONSHIPS AND SENIOR AGE GROUP SWIMMING CHAMPIONSHIPS**

**GBMS01 General Conditions**

- 01.01** The British Swimming Managing Board ("the Board") reserves full powers over the British Masters' Swimming Championships.
- 01.02** The Championships shall be held annually under FINA Rules, the British Swimming Disciplinary Code and any additional conditions (printed in the respective Meet information). Where FINA Rules do not provide (for example: Health and Safety regulations and guidelines and Child Protection) the requirements of the ASA shall apply to events held in England or Wales and the requirements of SASA shall apply to events held in Scotland
- 01.03** Entries may only be accepted from:
- 01.03.01** competitors registered as members of the Amateur Swimming Association (ASA) Scottish ASA (SASA) or Welsh ASA (WASA) or
- 01.03.02** competitors from any country affiliated to FINA.
- 01.04** For both individual and team events, a competitor must have been a registered member, or equivalent, of the club in whose name he is entered, at least 60 days prior to the first day of competition and for Masters events must be aged 25 years or over by 31<sup>st</sup> December in the year of competition.
- 01.05** These Championships shall be held at a venue and for a period determined by the Board.
- 01.06** All events are Heat Declared Winner within each Age Classification. In each event competitors will be seeded according to their entry time and will compete against those with similar times from the various groups taking part in the event
- 01.07** Competitors may enter a maximum of 7 individual events.

**GBMS02 Events**

- 02.01** Individual Events for Masters and Senior Age Group are: Freestyle 50m, 100m, 200m, 400m, 800m and 1500m, Backstroke, Breaststroke & Butterfly 50m, 100m and 200m ; Individual Medley 200m & 400m.
- 02.02** Masters Team Events are:  
Men, Women & Mixed (2 Men/2 Women) 4 x 50m Freestyle & 4 x 50m Medley in the following age-groups:-
- |     |                        |
|-----|------------------------|
| (1) | 100-119yrs (total age) |
| (2) | 120-159yrs (total age) |
| (3) | 160-199yrs (total age) |
| (4) | 200-239yrs (total age) |
| (5) | 240-279yrs (total age) |
| (6) | 280-319yrs (total age) |
| (7) | 320-359yrs (total age) |
- There will also be Senior Age Group team events for teams 72 years and over (for all female teams), 74 years and over (for mixed teams) and 76 years and over (for all-male teams) (total age) with all female team members aged at least 18 years on the day of their first swim and with all male team members aged at least 19 years on the day of their first swim.  
Clubs may only enter one team per age group in all events.
- 02.03** The total age of a Masters team shall be as at 31<sup>st</sup> December in year of competition. Each team member must be aged 25 or over as at that date.
- 02.04** Masters Age Groups for both men and women are (Age as at 31<sup>st</sup> December in year of competition)
- |                      |                      |                      |                      |                      |
|----------------------|----------------------|----------------------|----------------------|----------------------|
| <b>A</b> 25yrs-29yrs | <b>B</b> 30yrs-34yrs | <b>C</b> 35yrs-39yrs | <b>D</b> 40yrs-44yrs | <b>E</b> 45yrs-49yrs |
| <b>F</b> 50yrs-54yrs | <b>G</b> 55yrs-59yrs | <b>H</b> 60yrs-64yrs | <b>J</b> 65yrs-69yrs | <b>K</b> 70yrs-74yrs |
| <b>L</b> 75yrs-79yrs | <b>M</b> 80yrs-84yrs | <b>N</b> 85yrs-89yrs | <b>P</b> 90yrs-94yrs | <b>Q</b> 95yrs-99yrs |
- Senior Age Groups for both men and women are  
Women aged between 18 years on the day of their first swim in the Championships and 24 years as at 31<sup>st</sup> December this year  
Men aged between 19 years on the day of their first swim in the Championships and 24 years as at 31<sup>st</sup> December this year.
- 02.05** The names of competitors in Team Events must be submitted to the Chief Recorder (using the official "Team Declaration Forms") at least 30 minutes prior to the start of the session.
- 02.06** All entries shall be received by the appointed Championships Administrator (The Administrator) by the relevant closing date accompanied by the appropriate entry fee. This date shall be a maximum of 28 days before the first day of the competition.

**GBMS03 Competitors with a permanent disability**

A competitor who has a permanent disability shall not be disqualified in a case where his disability prevents him from complying with the rules of a particular stroke, provided that the disability has been notified to the referee by the competitor or his representative before the race takes place. Notification shall be by a medical certificate issued, in the case of competitors from clubs in Great Britain, by the Medical officer of either British Swimming, the ASA, SASA or WASA. In the case of competitors in 01.03.02, the certificate shall have been issued by a Medical Officer appointed by the governing body of the country concerned.

**GBMS04 Trophies and Medals**

Medals shall be awarded to the first three placed individual competitors and teams in each age group in both the Masters Championships and the Senior Age Group Championships.

**GBMS05 Officials**

Technical Officials shall be selected from lists approved by the ASA, SASA and WASA.

**GBMS06 Other conditions**

- 06.01** **Starts**  
Over the top starts may, where necessary or appropriate, be used during these Championships (except in the backstroke events).

**GBMS07 Safety**

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

## PROGRAMME OF EVENTS

### **Session 1 – Afternoon Friday 16 JUNE**

1. Mixed 1500m Freestyle  
(This event may be swum 2 per lane)

### **Session 2 – Evening Friday 16 JUNE**

2. Women's 200m Butterfly
3. Men's 200m Butterfly
4. Women's 50 Breaststroke
5. Men's 50 Breaststroke
6. Women's 200 Backstroke
7. Men's 200 Backstroke

### **Session 3 – Saturday 17 JUNE 9.00am**

8. Women 200m Individual Medley
9. Men 200m Individual Medley
10. Women 100m Freestyle
11. Men 100m Freestyle
12. Women 200m Breaststroke
13. Men 200m Breaststroke
14. Mixed Freestyle Relays

### **Session 4 – Saturday 17 JUNE Afternoon**

15. Women 400m Individual Medley
16. Men 400m Individual Medley
17. Women 100m Butterfly
18. Men 100m Butterfly
19. Women 50m Freestyle
20. Men 50m Freestyle
21. Mixed Medley Relays

**45 minute break**

### **Session 5 – Saturday 17 JUNE Afternoon**

22. Mixed 800m Freestyle  
(This event may be swum 2 per lane)

### **Session 6 – Sunday 18 JUNE 9.00am**

23. Men 200m Freestyle
24. Women 200m Freestyle
25. Men 50m Butterfly
26. Women 50m Butterfly
27. Men 100m Backstroke
28. Women 100m Backstroke
29. Men Medley Relays
30. Women Medley Relays

### **Session 7 - Sunday 18 JUNE Afternoon**

31. Men 400m Freestyle
32. Women 400m Freestyle
33. Men 100m Breaststroke
34. Women 100m Breaststroke
35. Men 50m Backstroke
36. Women 50m Backstroke
37. Men Freestyle Relays
38. Women Freestyle Relays

**All relays will be ranked by time within age groups  
It is expected that all evening sessions will be concluded by  
8.00pm**