

# BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

7-Jun-11											
75 METRES				100 METRES				150 METRES			
<b>U13</b>				<b>U13</b>	13.0 Kota Suzuki	Bath	31-Jul-05	<b>U13</b>	18.9 Nick Freer	Stourport	01-Apr-07
				<b>U15</b>	11.3 Alex Dore	Nuneaton	19-Jul-09				
				<b>U17</b>	10.7= Kota Suzuki	Solihull	31-May-09				
				<b>U17</b>	10.7= Dewi Hammond	Worcester	16-Jun-10				
				<b>U20</b>	10.6 Richard Harrison	Warley	17-May-88				
				<b>Senior</b>	10.8 Richard Harrison	Cheltenham	1987&1990				
				<b>M35</b>	13.2 Robert Mole	Brierley Hill	08-Jul-09				
				<b>M40</b>	12.3 Peter Mould	Redditch	16-May-96				
				<b>M45</b>	12.3 Peter Mould	Redditch	14-May-98				
				<b>M50</b>	12.8 Peter Mould	Redditch	08-May-03				
				<b>M55</b>	12.8 Peter Mould	Worcester	08-May-10				
				<b>M60</b>	16.0 Clive Brown	Alexander	13-May-09				
				<b>M65</b>	17.0 Bill Rawlins	Redditch	04-May-00	<b>U13</b>			
<b>U13</b>	10.2 Nick Freer	Stourport	13-Apr-08	<b>M70</b>	18.9 David Carney	Stourport	01-Nov-09	<b>U15</b>	43.5 Matt Maneffa	Stourport	05-Apr-09
								<b>U20</b>	36.7 Craig Darlington	Tamworth	Mar-89
								<b>Senior</b>	36.7 Martin Aspley-Davis	Stourport	05-Apr-09
200 METRES				400 METRES				800 METRES			
<b>U13</b>	26.8 Andrew Bailey	Yate	16-Jul-95	<b>U13</b>	64.0 Gary Corbett	Redditch		<b>U13</b>	2.15.86 Jacob Hood	Tipton	25-Jul-09
<b>U13</b>	26.8 Nick Freer	Telford	08-Sep-07	<b>U15</b>	53.9 Luke Evans	Cardiff	17-Jul-05	<b>U15</b>	2.02.0 Gary Corbett	Leicester	
<b>U15</b>	23.41 Luke Evans	Alexander	08-Jul-05	<b>U17</b>	52.2 James Bowater	Redditch	08-May-99	<b>U17</b>	1.57.1 John Dineen	Leamington	1992
<b>U17</b>	22.3 Andy Nock	Warley	17-Jun-89	<b>U20</b>	48.9 Simon Lane	Redditch	1978	<b>U20</b>	1.52.9 Martin Smith		
<b>U17</b>	22.35 ET Dewi Hammond	Alexander	30-May-10	<b>Senior</b>	47.8 John Robertson	Crystal Palace	14-Jul-72	<b>Senior</b>	1.48.71 Simon Lane	Edinburgh	23-Aug-80
<b>U20</b>	21.9 Andy Nock	Sutton	23-Jun-90	<b>M35</b>	60.4 Robert Mole	Brierley Hill	07-Jul-10	<b>M35</b>	2.12.94 Calvin Scoltock	Bhm Univ	04-May-09
<b>Senior</b>	22.3 Russell Hingley	Gloucester	22-May-99	<b>M40</b>	54.5 Peter Mould	Rugby	23-Jul-95	<b>M40</b>	2.06.92 Calvin Scoltock	Alexander	26-Jun-11
<b>M35</b>	26.8 Robert Mole	Worcester	13-Aug-09	<b>M45</b>	56.5 Noel Deam	Brierley Hill	10-Jul-91	<b>M45</b>	2.15.2 Phil Carbutt	Redditch	07-Aug-00
<b>M40</b>	24.8 Peter Mould	B.Univ	04-Jun-98	<b>M50</b>	60.3 Noel Deam	Alexander	08-Sep-93	<b>M50</b>	2.17.7 Mike Hawkins	Solihull	09-Jun-91
<b>M45</b>	25.1 Peter Mould	Gloucester	03-Jul-99	<b>M55</b>	61.1 Peter Mould	Stourport	13-May-10	<b>M55</b>	2.37.8 Clive Brown	Redditch	14-Jun-07
<b>M50</b>	26.2 Noel Deam	Solihull	06-Jun-93	<b>M60</b>	73.0 Alan Elsmere	Brierley Hill	11-Jul-07	<b>M60</b>	2.46.7 Alan Elsmere	Worcester	14-Aug-08
<b>M55</b>	26.4 Peter Mould	Worcester	08-May-10	<b>M65</b>	77.1 David Carney	Solihull	22-Jun-03	<b>M65</b>	2.48.5 David Carney	Solihull	22-Jun-03
<b>M60</b>	34.3 Clive Brown	Stafford	05-Sep-09	<b>M70</b>	80.9 David Carney	Exeter	15-Jun-08	<b>M70</b>	3.07.4 David Carney	Exeter	15-Jun-08
<b>M65</b>	35.7 David Carney	Cardiff	29-Jun-03	<b>M75</b>				<b>M70</b>	3.07.45 David Carney	Alexander	05-Jul-09
<b>M70</b>	37.5 David Carney	Solihull	12-Jun-08								
600 METRES				1500 METRES				ONE MILE			
<b>U13</b>	1.54.2 Jim Morley	Stourport	05-Apr-09	<b>U13</b>	4.36.9 Andrew Rosson	Hereford	27-Jun-93	<b>U13</b>			
<b>Senior</b>	1.28.5 Martin Aspley-Davis	Stourport	05-Apr-09	<b>U15</b>	4.10.9 Gary Corbett	Warley		<b>U15</b>	4.36.7 Gary Corbett	Oxford	
				<b>U17</b>	4.00.0 Gary Corbett	Liverpool		<b>U17</b>	4.22.0 Peter Realf	Warley	May-70
				<b>U20</b>	3.51.3 Adrian Passey			<b>U20</b>	4.36.9 Sean Bowden	Redditch	15-Apr-10
				<b>Senior</b>	3.34.5 Adrian Passey	Oslo, Norway	04-Jul-87	<b>Senior</b>	3.54.9 Adrian Passey	Harlow	20-Aug-89
<b>Senior</b>	2.18.62 Adrian Passey	Oslo, Norway	05-Aug-87	<b>M35</b>	4.34.9 John Dineen	Sutton Coldfield	01-Jun-11	<b>M35</b>	4.58.9 Calvin Scoltock	Redditch	23-Apr-09
<b>M40</b>	2.59.9 Russell Rawlins	Solihull	14-Jul-02	<b>M40</b>	4.11.0 Bernie Jones	Eton	23-Jun-01	<b>M40</b>	4.35.5 Bernie Jones	Redditch	16-Apr-00
				<b>M45</b>	4.21.3 Paul Knight	Redditch	19-May-94	<b>M45</b>	4.50.0 Mike Hawkins	Alexander	Sep-88
				<b>M50</b>	4.38.9 Paul Knight	Redditch	13-May-99	<b>M50</b>	5.22.8 Philip Anderson	Redditch	14-Apr-11
				<b>M55</b>	5.37.3 Alan Elsmere	Worcester	13-Jul-06	<b>M55</b>	6.11.5 Vince Rollason	Redditch	15-Apr-10
				<b>M60</b>	5.36.8 Alan Elsmere	Stourport	13-May-10	<b>M60</b>	6.18.1 David Carney	Redditch	26-Aug-01
2,000 METRES											

Subject to scrutiny

MEN

**BROMSGROVE and REDDITCH ATHLETIC CLUB**  
**TRACK and FIELD RECORDS**

31/12/2011

<b>Senior</b>	5.09.5 Adrian Passey	Crystal Pal	28-Jul-89	<b>M65</b> <b>M70</b>	5.58.7 David Carney 6.37.1 David Carney	Barnes Redditch	7-Sep-03 12-Jun-08	<b>M65</b> <b>M70</b> <b>M75</b>	6.30.0 David Carney	Solihull	27-Jul-03
---------------	----------------------	-------------	-----------	--------------------------	--	--------------------	-----------------------	--	---------------------	----------	-----------

Subject to scrutiny

## BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

3,000 METRES				5,000 METRES				10,000 METRES					
U13				U17				U20					
U15	9.16.0	Jimmy Moran		U20	16.52.3	Ryan Lee	Solihull	02-May-09	U20				
U17	8.37.0	Adrian Passey		Senior	13.20.09	Adrian Passey	Hechtel	19-Jul-97	Senior	32.57.0	Nicky Price	Warley	May-80
U20	8.16.6	Adrian Passey		M35	16.05.1	Richard Malin	Bhm Univ	08-May-04	M35				
Senior	7.48.09	Adrian Passey	Crystal Pal	M40	15.45.1	Mike Parker	Solihull	10-Jun-90	M40	37.53.5	Colin Smith	Solihull	14-Aug-94
M35	9.54.7	Calvin Scoltock	Tipton	M45	16.21.5	Mike Hawkins	Solihull	10-Jun-90	M45	33.24.7	Mike Parker	Solihull	19-Aug-90
M40	9.12.5	Mike Parker		M50	16.30.7	Mike Hawkins	Cannock	21-Sep-91	M50	33.42.77	Mike Hawkins	Alexander	07-Jul-91
M45	9.18.9	Phil Carbutt	Worcester	M55	18.04.5	Edgar Nicholls	Wolverhampton	24-Jun-84	M55				
M50	9.44.6	Phil Carbutt	Redditch	M60	18.18.0	Edgar Nicholls	Wolverhampton	14-Jul-85	M60	38.28.7	Edgar Nicholls	Wolverhampton	20-Jul-85
M55	11.00.9	Alan Elsmere	Alexander	M65	20.53.9	Edgar Nicholls	Jarrow	14-Jul-93	M65	43.02.2	Edgar Nicholls	Solihull	15-Aug-93
M60	11.30.8	Alan Elsmere	Worcester	M70	23.50.2	Edgar Nicholls	Solihull	14-Jun-98	M70	46.48.8	Edgar Nicholls	Solihull	13-Aug-95
M65	12.09.3	Joe Blackburn	Worcester	M75				M75					
M70				M75				M75					

  

80m HURDLES				100m HURDLES				70m HURDLES				
U13				U17	14.00	Edwin Grey	Camarthen	29-Jun-97	U13			
U15	12.1	Edwin Grey	Yate	16-Jul-95	U15				U13			
M70				M55				U13	13.7	Simeon Clarence	Leicester	20-Jul-08
M75				M60				U13				

  

110m HURDLES				200m HURDLES				300m HURDLES					
U17				Senior	25.2	Richard Saunders		10-May-72	M60				
U20	14.41	Paul Gripton	Stoke	17-Jun-95	M40	35.0	Ken Williams	Alexander	15-Sep-96	M65			
Senior	14.59	Paul Gripton	Alexander	23-Aug-98	M45	32.5	Noel Deam	Alexander	Sep-98	M70			
M40				M45				M75					
M45				M45				M75					

  

400m HURDLES				HIGH JUMP				POLE VAULT						
U17	59.8	John Dineen	Warley	13-Sep-92	U13	1.55m	Jim Morley	Corby	21-Jun-09	U13	2.40m	Mark Callow	Brierley Hill	18-Jul-93
U20	54.6	Michael Harrison	Meadowbank	10-Jun-72	U15	1.71m	Adam Collins	Hull	1998	U15	2.85m	Brian Hughes	Stoke	Jul-86
Senior	55.3	Paul Gripton	Redditch	13-May-00	U17	1.83m	James Hart	Cwmbran	13-Sep-98	U17	3.60m	Brian Hughes	Coventry	May-88
M35				U20	1.95m	Craig Darlington	Stoke	26-Jun-88	U20	3.80m	Mark Mullis	Tamworth	03-May-97	
M40				U20	1.95m	James Hart	Worcester	Sep-99	Senior	3.80m	Mark Mullis	Tamworth	03-May-97	
M45	72.1	Noel Deam	Solihull	10-Jun-90	Senior	1.95m	James Hart	Solihull	1-Aug-10	M35	2.70m	Rob Greenaway	Tamworth	1993
M50	65.92	Peter Mould	Derby	7-Jun-03	M35	1.35m	Paul Aktins	Worcester	13-Jul-06	M40	3.20m	Rob Greenaway	Telford	May-96
M55				M40	1.53m	Carl Hatton	Bromsgrove	03-Aug-11	M45	1.60m	Clive Brown	Worcester	06-Jul-11	
M55				M45	1.55m	Mike Neylon	Alexander	13-May-09	M60					
M55				M50	1.35m	Noel Deam	Tamworth	Jun-94						
M55				M55				M55						
M55				M60	1.15m	Clive Brown	Stafford	05-Sep-09						
M55				M65	1.25m	Len Quartly	Worcester	04-Sep-11						

  

DECATHLON				
U20	4079	Loxley Arscott	Alexander	May-79
<b>OCTATHLON</b>				
U/17	3804	John Dineen	Redditch	May-92

Subject to scrutiny

## BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

LONG JUMP				TRIPLE JUMP				SHOT PUTT						
U13	4.74m	Jim Morley	Rugby	06-Jun-09	U13				U13	8.42m	Sam Westwood(3.25K	Stourport	06-Jun-04	
U15	6.02m	Alan Fincham	Worcester	Sep-99	U15	12.25m	Alan Fincham	Bury St Edmund	Jul-99	U15	11.00m	Chris Mason(4K)	Yate	16-Jul-95
U17	6.27m	Loxley Arscott	Wolverhampton	Mar-79	U17	14.58m	Mike Adebolu	Yeovil	09-Jul-88	U17	11.55m	Sam Cater (5K)	Redditch	Aug-99
U20	7.05m	Craig Darlington	Stoke	29-Jul-89	U20	14.67m	Mike Adebolu	Alexander	26-May-90	U20	14.03m	Geo.Shepherd(6.25K)	Solihull	05-Sep-64
Senior	7.12m	Craig Darlington	Sheffield	05-May-91	Senior	12.70m	Craig Darlington	Sutton	21-Jul-90	U20	13.06m	Sam Cater (6K)		
M35	4.20m	Paul Atkins	Redditch	08-Jun-06	M35				Senior	15.35m	Geo.Shepherd(7.26K)	Bromsgrove	07-Jun-69	
M40	5.23m	Geoff Broom	Redditch	06-Aug-92	M40	10.61m	Geoff Broom	Brierley Hill	11-May-92	M35	9.89m	Mike Rudkin	Tipton	09-Aug-06
M45	5.12m	Geoff Broom	B.Univ	1993	M45	10.70m	Geoff Broom	Tamworth	Jun-94	M40	11.33m	Mike Jones	Bromsgrove	03-Jul-83
M50	4.05m	Mike Blundell	B.Univ	1992	M50	8.92m	Noel Deam	Redditch	May-97	M45	10.59m	Mike Jones		May-90
M55	3.59m	Clive Brown	Alexander	08-Jun-04	M55	7.50m	Clive Brown	Worcester	13-Jul-06	M50	12.07m	Mike Jones(6K)		1991
M60	3.29m	Clive Brown	Worcester	13-Aug-09	M60	7.80m	Clive Brown	Redditch	03-Jun-10	M55	10.82m	Mike Jones	Solihull	13-Jun-99
M65	3.28m	Bill Rawlins	Tamworth	11-Sep-99	M65	5.37m	David Carney	Worcester	13-Jul-06	M60	11.80m	Mike Jones(5K)	Bedford	29-Jul-00
M70					M70					M65	10.56m	Mike Jones	Solihull	06-Aug-05
M75					M75					M70	10.42m	Mike Jones	Cardiff	4-Jul-10
DISCUS				HAMMER				JAVELIN						
U13	17.98m	William Tuffin	Rugby	06-Jun-09	U13				U13	24.04m	Nick Freer	Redditch	05-Aug-07	
U15	28.90m	M.Owen(1.25K)	Swindon	17-Jul-94	U15	39.68m	Mark Callow(4K)	The Dell	18-Jul-93	U15	42.26m	Sam Cater (600g)	Camarthen	29-Jun-97
U17	36.02m	Samuel Cater(1.5K)	Burton	27-Jun-99	U17	39.42m	Mark Callow(5K)	The Dell	26-Jun-94	U17	51.13m	Sam Cater (700g)	Worcester	12-Sep-99
U20	34.86m	Samuel Cater(1.5K)	Worcester	11-Jun-00	U20				U20	58.14m	Anthony Childs	Kirkby	12-Jul-80	
Senior	42.42m	Geo.Shepherd(2K)		1969	Senior	40.59m	Geo.Shepherd(7.26K)		1969	Senior	59.40m	John.Pratt (800g)	Coventry	07-May-89
M35	35.59m	Ben Hembry	Solihull	01-Aug-10	M35	25.91m	Mike Rudkin	Worcester	13-Jun-06	M35				
M40	29.62m	Mike Jones	Bromsgrove	03-Jul-83	M40	28.66m	Brian Hetherington	Yate	Aug-88	M40	39.98m	Phil Carbutt	Alexander	1995
M45	30.40m	Mike Jones		1985	M45	28.08m	Brian Hetherington	Redditch	15-May-97	M45	37.86m	Phil Carbutt	Worcester	08-Jun-00
M50	35.08m	Mike Jones(1.5K)	Solihull	07-Jun-92	M50	28.99m	B.Hetherington(6K)	Tamworth	11-Sep-99	M50	38.66m	Phil Carbutt	Alexander	11-Jun-03
M55	30.94m	Mike Jones	Tamworth	11-Sep-99	M55	22.42m	Mike Johnson	Redditch	16-May-96	M55	24.99m	Clive Brown	Tipton	10-Aug-05
M60	37.10m	Mike Jones(1.0K)	Stafford	26-Aug-00	M60	24.45m	Mike Jones	Burton	05-Oct-03	M60	24.44m	Clive Brown	Stafford	05-Sep-09
M65	31.58m	Mike Jones	Alexander	14-Sep-08	M65	23.05m	Mike Jones	Solihull	11-Jun-06	M65	21.62m	Mike Jones	Tipton	10-Aug-05
M70	32.15m	Mike Jones	Bhm Univ	23-Jun-10	M70	26.93m	Mike Jones	Leicester	13-Jun-10	M70	17.73m	Mike Jones	Leicester	12-Jun-11
M75					M75					M75				
1500M STEEPLECHASE				2000m STEEPLECHASE				2,000m WALK						
U17	4.20.7	Graham Birdsall	Brighton		U17	6.22.0	Gary Corbett	Redditch		U13	8.12.0	John Griffiths(1600m)		10-Jul-83
					U20	5.56.6	Neil Rousell	Warley	01-Jul-92	U13	10.11.0	John Griffiths		01-Jul-84
					Senior	5.41.7	Steve Jones	Alexander	24-May-89	U15	9.47.0	John Griffiths	Wothing	07-Jul-85
					M40	6.23.8	Bernie Jones	Solihull	10-Jun-01	U17	8.41.2	Paul Sturdy	Kirkby	Aug-70
					M45					Senior				
					M50					M35	13.20.3	Robert Mole	Redditch	11-Jun-09
					3000m	S/Chase				M40	10.10.2	David Henley	Droitwich	01-Sep-91
					U20	9.35.1	David Brearley	Solihull	1964	M45	9.15.2	David Henley	Tamworth	11-Sep-99
					Senior	8.45.05	Steve Jones	Alexander	17-Jun-89	M50	9.25.7	David Henley	Redditch	04-Jun-01
					M40	9.56.0	Bernie Jones	Eton	23-Jun-01	M55	10.36.8	Bill Rawlins	Alexander	5-Sep-90
					M45					M60	11.15.2	Bill Rawlins	Brierley Hill	8-Jul-96
										M65	11.52.9	Bill Rawlins	Worcester	08-Jul-99
										M70	13.26.5	David Carney	Alexander	13-May-09

## BROMSGROVE and REDDITCH ATHLETIC CLUB TRACK and FIELD RECORDS

<u>3,000m WALK</u>				<u>5,000m WALK</u>				<u>10,000m WALK</u>							
<b>U13</b>	14.50.0	John Griffiths	Redditch	16-Sep-84											
<b>U15</b>	14.14.0	Steven Savage	Redditch	16-Sep-84	<b>U15</b>										
<b>U17</b>	13.18.8	Kevin Sturdy	Warley	30-Jun-72	<b>U17</b>	22.56.0	Carl Tonks	Redditch	17-Apr-83	<b>U17</b>	48.03.0	Peter Dallow	Aldersley	15-Aug-70	
<b>U20</b>	13.25.3	Neil Corbett	Warley	15-May-82	<b>U20</b>	23.54.0	Carl Tonks	Coventry	17-Aug-85	<b>U20</b>					
<b>Senior</b>	12.37.34	David Henley	B'ham	01-Jul-84	<b>Senior</b>	2.47.0	David Henley		01-Sep-84	<b>Senior</b>	46.25.4	Eric Taylor	Leicester	14-Mar-70	
<b>M40</b>	13.08.00	David Henley	Warley	17-May-91	<b>M40</b>	22.43.5	David Henley	Solihull	09-Jun-91	<b>M40</b>	50.23.5	David Henley	Solihull	16-Aug-92	
<b>M45</b>	14.12.3	David Henley	Redditch	13-May-00	<b>M45</b>	24.29.4	David Henley	Monkton	07-Aug-99	<b>M45</b>	58.42.2	Kevin Worth	Solihull	20-Aug-00	
<b>M50</b>	14.17.2	David Henley	Eton	23-Jun-01	<b>M50</b>	24.50.9	David Henley	Eton	24-Jun-01	<b>M50</b>					
<b>M55</b>	16.16.0	Bill Rawlins	Reading	08-Jul-89	<b>M55</b>					<b>M55</b>	57.47.3	Bill Rawlins	Redditch	27-Mar-93	
<b>M60</b>	17.14.0	Bill Rawlins	Worcester	11-May-96	<b>M60</b>	28.59.1	Bill Rawlins	Solihull	04-Jun-93	<b>M60</b>	59.59.1	Bill Rawlins	Solihull	14-Aug-94	
<b>M65</b>	18.01.78	Bill Rawlins	Edinburgh	18-Jul-99	<b>M65</b>	28.06.3	Terry Simons	Turku	12-Jul-91	<b>M65</b>	59.34.8	Terry Simons	Solihull	May-91	
<b>M70</b>					<b>M70</b>	30.20.4	Terry Simons	Malmö	23-Aug-96	<b>M70</b>	66.25.3	Terry Simons	Solihull	04-Jun-99	
<b>M75</b>					<b>M75</b>	37.37.6	Terry Simons	Solihull	09-Jun-02	<b>M75</b>					
<u>20,000m WALK</u>				<u>RELAYS 4 X 200m</u>				<u>2,500m WALK</u>							
<b>Senior</b>										<b>U13</b>	12.16	John Griffiths		29-Oct-83	
<b>M40</b>					<b>M35</b>	2.05.2	Scoltock Mole	Alexander	13-Aug-09	<b>U15</b>	12.22	John Griffiths		27-Oct-84	
<b>M45</b>							Anderson, Neylon								
<b>M50</b>					<b>M40</b>	1.45.8	Brown, Hetherington	Brierley Hill	Jul-91						
<b>M55</b>							Garrett, Deam								
<b>SEN</b>	5.13.41	Russell Rawlins	Alexander	Oct-84											
<u>50,000m WALK</u>				<u>RELAYS 4 X 100m</u>				<u>RELAYS 4 X 400m</u>				<u>MEDLEY RELAYS</u>			
<b>U13</b>	56.4	Phipps, Caney, Hunt, Goodison	Brierley Hill	18-Jul-93	<b>U15</b>	3.57.2	Mayer, Killigrew Fagan, Stanton	Redditch	19-May-02						
<b>U13</b>	56.4	Elmes, Hart Summers, Joseph	Swindon	17-Jul-94	<b>U17</b>	3.43.4	Carton, Critchlow Farquhar, Caney	Cwmbran	25-Jun-95	<b>Senior</b>	3.33.9		Tipton	17-Jun-72	
<b>U13</b>	56.4	Hood, Nixon Wright, Morley	Nuneaton	19-Jul-09	<b>Senior</b>	3.27.5	Alcott, Dineen Hubbard, Poyner	Brierley Hill	1995	<b>M35</b>	4.26.3	Mole, Anderson Rawlins, Scoltock	Brierley Hill	07-Jul-10	
<b>U15</b>	50.0	Smith, Robon Kimberley, Newman	Hereford	27-Jun-93	<b>M35</b>	4.10.1	Mole, Anderson Neylon, Scoltock	Redditch	11-Jun-09	<b>M40</b>	4.00.8	Garrett, Brown Hetherington, Deam	Redditch	06-Aug-92	
<b>U17</b>	48.4	Mahon, Greene Halliday, Valentine	Yeovil	05-Jun-94	<b>M40</b>	4.01.7	Deam, Garrett Hetherington, Brown	Redditch	19-May-94						
<b>Senior</b>	43.8	Suzuki, Russell Hingley, Hammond	Kettering	07-May-11											
<b>M35</b>	57.9	Rawlins, Neylon Scoltock, Mole	Worcester	13-Aug-09											
<b>M40</b>	50.3	Garrett, Williams Greenaway, Mould	B'ham Univ	1996											