

**BROMSGROVE and REDDITCH AC
INDOOR RECORDS**

60 METRES				200 METRES				400 METRES						
U13	8.5	Michelle Preece	Cosford	Dec-89	U13					U13				
U15	7.89	Joanne Bevan	NIA	8-Feb-92	U15	25.99	Jade Peak	NIA	7-Feb-04	U15				
U17	7.84	Joanne Bevan	NIA	21-Feb-93	U17	25.96	Jade Peak	NIA	13-Feb-05	U17	67.4	Karen Potter	Cosford	Nov-90
U20	8.0	Nikki Lamb	Cosford	Nov-88	U20	25.6	Nikki Lamb	Cosford	Jan-89	U20	62.7	Sarah Swinson	Cosford	17-Dec-88
Senior	8.23	Jo Frost	Manchester	25-Mar-07	Senior	27.68	Katie Deam	NIA	5-Jan-92	Senior				
W35					W35					W35				
W40	8.5	Yvonne Priestman	Cosford	31-Mar-90	W40	28.4	Yvonne Priestman	Cosford	31-Mar-90	W40	72.1	Carol Walder	Cosford	31-Mar-90
W45	8.49	Yvonne Priestman	Glasgow	5-Feb-91	W45	28.08	Yvonne Priestman	NIA	5-Jan-92	W45	67.83	Yvonne Priestman	Glasgow	20-Mar-94
W50	8.85	Yvonne Priestman	Glasgow	2-Feb-97	W50	28.41	Yvonne Priestman	NIA	1-Mar-97	W50	65.68	Yvonne Priestman	NIA	2-Mar-97
W55	8.96	Yvonne Priestman	Bordeaux	10-Mar-01	W55	29.61	Yvonne Priestman	Bordeaux	11-Mar-01	W55	71.14	Yvonne Priestman	Bordeaux	12-Mar-01
W60	9.38	Yvonne Priestman	Linz	18-Mar-06	W60	31.03	Yvonne Priestman	Linz	16-Mar-06	W60	72.46	Yvonne Priestman	Linz	20-Mar-06
W65					W65					W65				
W70					W70					W70				

600 METRES				800 METRES				1500 METRES						
U13					U13					U13				
U15					U15					U15				
U17	2-16.18	Suzanne Andrews	NIA	13-Feb-93	U17	2.25.9	Heidi Madden	Cosford	Jan-89	U17	4.55.7	Liz Vaughan	NIA	7-Feb-95
U20					U20	2.30.0	Suzanne Andrews	NIA	Feb-95	U20				
Senior					Senior					Senior				
W35					W35					W35				
W40					W40					W40				
W45					W45					W45				
W50					W50					W50				
W55					W55					W55				
W60					W60					W60				
W65					W65					W65				
W70					W70					W70				

ONE MILE				3,000 METRES				60m HURDLES						
U13					U13					U13	9.3	Rebecca Russell	Cosford	25-Feb-89
U15					U15					U15	9.8	Lisa Jeffcoate	Cosford	Nov-81
U17					U17					U17				
U20					U20					U20				
Senior					Senior					Senior				
W35					W35					W35				
W40					W40					W40				
W45					W45					W45				
W50					W50					W50				
W55					W55					W55				
W60					W60					W60				
W65					W65					W65				
W70					W70					W70				

**BROMSGROVE and REDDITCH AC
INDOOR RECORDS**

HIGH JUMP				SHOT PUTT				LONG JUMP						
U13	1.18m	Rachael Baker	NIA	12-Feb-06	U13	5.26m	Helen Racki	NIA	12-Feb-06	U13	4.34m	Michelle Preece	Cosford	Dec-89
U15	1.45m	Helen Colbourne	NIA	Feb-95	U15	9.95m	Jane Broomfield	Cosford	Mar-88	U15	5.09m	Rebecca Russell	Cosford	Nov-90
U17					U17	9.72m	Jane Broomfield	Cosford	17-Dec-88	U17				
U20	1.50m	Helen Colbourne	NIA	7-Feb-99	U20					U20				
Senior					Senior					Senior				
W35					W35					W35				
W40					W40					W40				
W45					W45					W45				
W50					W50					W50	3.67	Polly Gerner	Lee Valley	7-Mar-09
W55					W55					W55				
W60					W60					W60				
W65					W65					W65				
W70					W70					W70				
3,000m WALK														
U13														
U15														
U17														
U20														
Senior	13-57.87	Sharon Tonks	Cardiff	2-Feb-02										
W35	15.03.27	Sharon Tonks	Cardiff	5-Mar-06										
W40														
W45	19-35.0	Sally Haynes	Cosford	31-Mar-90										
W50														
W55														
W60														
W65														
W70														