



**BROMSGROVE and REDDITCH AC  
ROAD RECORDS**

3K WALK				5K WALK				10K WALK			
U13				U13				U13			
U15	15.14 Sharon Griffiths	Leicester	19-Feb-83	U15	26.31 Sharon Tonks	York	Mar-85	U15			
U17	14.53 Ruth Sugg	Douglas	1983	U17	27.31 Sharon Griffiths	Perry Park	Feb-85	U17			
U20				U20	26.13 Louise Pye	Leicester	1988	U20	55.18 Sharon Tonks	Leeds	Sep-89
Senior	(?) Sharon Tonks	Coventry	4-Mar-00	Senior	23.53 Sharon Tonks	Tamworth	3-Dec-01	Senior	48.4 Sharon Tonks	Leamington	23-Mar-02
W35				W35	25.30 Sharon Tonks	Perry Park	12-Nov-05	W35	52.54 Sharon Tonks	La Coruna Spa	4-Jun-05
W40				W40				W40			
W45				W45				W45			
W50				W50				W50			
W55				W55							
W60				W60							
W65				W65							
W70				W70							
20K WALK				30K WALK				5 Mile Walk			
U13				U13				U13			
U15				U15				U15			
U17				U17				U17			
U20				U20				U20			
Senior	1.43.29 Sharon Tonks	East Moseley	2-Mar-02	Senior				Senior	38.09 Sharon Tonks	Coventry	6-May-02
W35	1.49.45 Sharon Tonks	La Coruna Spain	4-Jun-05	W35				W35	41.00 Sharon Tonks	Coventry	27-Jun-05
W40				W40				W40			
W45				W45				W45			
10MileWalk				W50				W50			
Senior kl	1.28.10 Sharon Tonks		Jan-95	W55				W55			
				W60				W60			
				W65				W65			
				W70				W70			