

**BROMSGROVE and REDDITCH AC  
ROAD RECORDS**

3 KILOMETRES				5 MILES				10 KILOMETRES			
U13				U13				U13			
U15				U15				U15			
U17				U17				U17			
U20				U20				U20	42.07	Katie O'Byrne	Silverstone 4-May-04
				Senior	28.41	Bronwen Smith	Coventry 28-Mar-82	Senior	37.03	Sharon Hetherington	Swansea 27-Sep-99
				W35	27.50	Bronwen Cardy	Solihull Jan-88	W35	33.52	Bronwen Cardy-Wise	Worcester Mar-87
				W40	34.24	Jane Anderson	Sandhurst 28-Feb-04	W40	34.05	Bronwen Cardy-Wise	Swansea 13-Sep-92
				W45	36.09	Judy Appleby	Banbury 15-Jun-04	W45	34.58	Bronwen Cardy	Worcester 9-Jul-00
				W50				W50	48.48	Glenda Clark	Liverpool 19-May-02
				W55				W55	58.34	Glenda Clark	Timberhonger 2-Jul-06
				W60				W60	50.13	Yvonne Priestman	Kingswinford 6-May-09
				W65				W65			
				W70				W70			
5 KILOMETRES				10 MILES				20 MILES			
Senior	18.15	Sharon Hetherington	Hereford 24-May-01	U13				U13			
W35	18.52	Kath Haley	Pelsall 17-Oct-00	U15				U15			
W40	18.36	Kath Haley	Pelsall 14-Oct-01	U17				U17			
W45	16.30	Bronwen Cardy	Gloucester 15-Jun-00	U20				U20			
W60	23.24	Yvonne Priestman	Birmingham 19-Apr-09	Senior	56.05	Bronwen Cardy	Tipton 16-Nov-86	Senior			
				W35	56.30	Bronwen Cardy	Tadcaster May-89	W35			
				W40	56.16	Bronwen Cardy-Wise	Tipton 15-Nov-92	W40	2.22.42	Rowena Bales	Stafford 12-Mar-06
				W45	60.56	Bronwen Cardy-Wise	16-May-99	W45	2.28.24	Rowena Bales	Stafford 8-Mar-09
				W50				W50			
				W55				W55			
				W60	93.20	Ann Beacham	Ballycotton 7-Mar-04	W60			
				W65				W65			
				W70				W70			
HALF MARATHON				MARATHON							
U13				U13				U13			
U15				U15				U15			
U17				U17				U17			
U20				U20				U20			
Senior	1.26.21	Tamsin Clark	Stafford 24-Mar-02	Senior	3.03.02	Bronwen Smith	Cwmbran 1985	Senior			
W35	1.14.50	Bronwen Cardy	Reading Apr-88	W35	2.45.30	Bronwen Cardy-Wise	Wolverhampton 5-Apr-87	W35			
W40	1.14.52	Bronwen Cardy-Wise	Stroud 24-Oct-93	W40	3.15.22	Rowena Bales	London 17-Apr-05	W40			
W45	1.18.04	Bronwen Cardy-Wise	Stroud 24-Oct-99	W45	3.08.09	Rowena Bales	London 26-Apr-09	W45			
W50	1.47.04	Betty O'Gorman	Gateshead 30-Sep-07	W50	3.55.17	Bridget Birch	London 23-Apr-06	W50			
W55	1.49.10	Glenda Clark	Rheims 21-Oct-07	W55	4.20.53	Glenda Clark	London 23-Apr-06	W55			
W60				W60				W60			
W65				W65				W65			
W70				W70				W70			

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3K WALK				5K WALK				10K WALK			
U13				U13				U13			
U15	15.14 Sharon Griffiths	Leicester	19-Feb-83	U15	26.31 Sharon Tonks	York	Mar-85	U15			
U17	14.53 Ruth Sugg	Douglas	1983	U17	27.31 Sharon Griffiths	Perry Park	Feb-85	U17			
U20				U20	26.13 Louise Pye	Leicester	1988	U20	55.18 Sharon Tonks	Leeds	Sep-89
Senior	(?) Sharon Tonks	Coventry	4-Mar-00	Senior	23.53 Sharon Tonks	Tamworth	3-Dec-01	Senior	48.4 Sharon Tonks	Leamington	23-Mar-02
W35				W35	25.30 Sharon Tonks	Perry Park	12-Nov-05	W35	52.54 Sharon Tonks	La Coruna Spa	4-Jun-05
W40				W40				W40			
W45				W45				W45			
W50				W50				W50			
W55				W55							
W60				W60							
W65				W65							
W70				W70							
20K WALK				30K WALK				5 Mile Walk			
U13				U13				U13			
U15				U15				U15			
U17				U17				U17			
U20				U20				U20			
Senior	1.43.29 Sharon Tonks	East Moseley	2-Mar-02	Senior				Senior	38.09 Sharon Tonks	Coventry	6-May-02
W35	1.49.45 Sharon Tonks	La Coruna Spain	4-Jun-05	W35				W35	41.00 Sharon Tonks	Coventry	27-Jun-05
W40				W40				W40			
W45				W45				W45			
<u>10MileWalk</u>				W50				W50			
Senior	1.28.10 Sharon Tonks		Jan-95	W55				W55			
kl				W60				W60			
				W65				W65			
				W70				W70			