

07-Jun-09

Midland League

**800m A string (Men)**

Pos	Athlete	Club	No.	Perf.
1	Sean Bowden	Broms & Reddit	1	2.01.7
2	Lee Richards	Newport	5	2.03.5
3	Rob Minton	Stratford	6	2.11.2
4	Michael Frison	Burton AC	2	2.12.2
5	Ashley Wicketts	Cannock & Staff	3	2.18.4
6	Mark Wise	Leamington	4	2.29.8

**800m B string (Men)**

Pos	Athlete	Club	No.	Perf.
1	James Adie	Broms & Reddit	11	2.04.8
2	Malcolm Medhurst	Newport	55	2.15.2
3	Sam Derry	Cannock & Staff	33	2.15.7
4	James Bull	Leamington	44	2.17.4
5	David Stayner	Burton AC	22	2.23.8
6	Patrick Taylor	Stratford	66	2.31.8

**1500m A string (Men)**

Pos	Athlete	Club	No.	Perf.
1	Sean Bowden	Broms & Reddit	1	4.11.2
2	Rob Minton	Stratford	6	4.30.7
3	James Bull	Leamington	4	4.37.2
4	Michael Frison	Burton AC	2	4.41.2
5	Stuart Pearce	Newport	5	4.43.0
6	Sam Derry	Cannock & Staff	3	4.55.7

**1500m B string (Men)**

Pos	Athlete	Club	No.	Perf.
1	James Adie	Broms & Reddit	11	4.13.3
2	Sam Taylor	Stratford	66	4.43.9
3	Adam Smith	Cannock & Staff	33	4.59.2
4	Darryn Mcatee	Newport	55	5.02.9
5	David Hood	Burton AC	22	5.18.4
6				

**3000m A string (Men)**

Pos	Athlete	Club	No.	Perf.
1	Richard Harper	Leamington	4	9.15.5
2	Phillip Pugh	Cannock & Staff	3	9.41.6
3	Calvin Scoltock	Broms & Reddit	11	9.45.0
4	Rob Minton	Stratford	6	9.55.4
5	Sean McCormack	Newport	5	9.55.8
6	Darren Ford	Burton AC	2	10.12.3

**3000m B string (Men)**

Pos	Athlete	Club	No.	Perf.
1	Bernard Gaffney	Leamington	44	9.47.5
2	Paul Lester	Cannock & Staff	33	9.48.6

07-Jun-09

Midland Leagu

3	Simon Lanckham	Broms & Reddit	1	9.59.9
4	David Stayner	Burton AC	22	10.39.4
5	David Proffitt	Newport	55	11.33.4
6	Paul Hawkins	Stratford	66	11.53.4

**3000m s/c A string (Men)**

Pos	Athlete	Club	No.	Perf.
1	Simon Lanckham	Broms & Reddit	1	10.29.9
2	Gareth Fereday	Newport	5	10.53.6
3	Matthew Butler	Leamington	4	11.53.8
4	Malcolm Bowyer	Stratford	6	12.05.1
5				
6				

**3000m s/c B string (Men)**

Pos	Athlete	Club	No.	Perf.
1	Kevin Lanckham	Broms & Reddit	11	11.12.7
2	Steven McCormack	Newport	55	12.11.9
3	Anthony Jackson	Stratford	66	12.40.8
4	Darren Woodward	Leamington	44	14.34.7
5				
6				