



# **Bromsgrove & Redditch Athletic Club**

## **West Midlands Young Athletes Cross Country League** **Race 3 Sunday 11<sup>th</sup> December** **Hatton Country Park – Leamington Spa**

Dear Parent/Guardian/Athlete

Thank you for agreeing to participate in this year West Midlands Young Athletes Cross Country League. For the third race we are at Hatton Country Park, Leamington Spa. Please see below for the start time of each race and see attached for directions and a map on to get there. Please make sure you arrive 45 minutes to 1 hour before your start time, so that you have time to collect your numbers, look at the course and warm up. Also please remember long spikes (9mm-12mm) are recommended for these events. At the last fixture B&R finished 9<sup>th</sup> out of the 20 teams, which means we have now moved up to 10<sup>th</sup> in the league. The key to this was a good turnout however we need to maintain this to keep our position in the top 10. Finally it just leaves me to say good luck (Especially those who are competing for the first time) and enjoy your race.

### **The timetable for the day is as follows: -**

11:00 U/11 Girls 1 full lap

11:15 U/17 Women 2 full laps

11:35 U/11 Boys 1 full lap

11:50 U/15 Girls 2 full laps

12:10 U/13 Boys 1 small lap + 1 full lap

12:30 U/13 Girls 1 small lap + 1 full lap

12:50 U/15 Boys 2 full laps

13:10 U/17 Men 3 full laps

**A full lap is approximately 1 mile and a small lap half a mile.**

Team Managers Contact info

**Girls Team Manager: Rita Brownlie 01564 824358 / 07905 063321**

**Boys Team Manager: Philip Woodyatt 01299851450 / 07580858090 /  
philipwoodyatt@hotmail.com**

Yours Faithfully

Philip G Woodyatt  
Boys Cross Country Team Manager