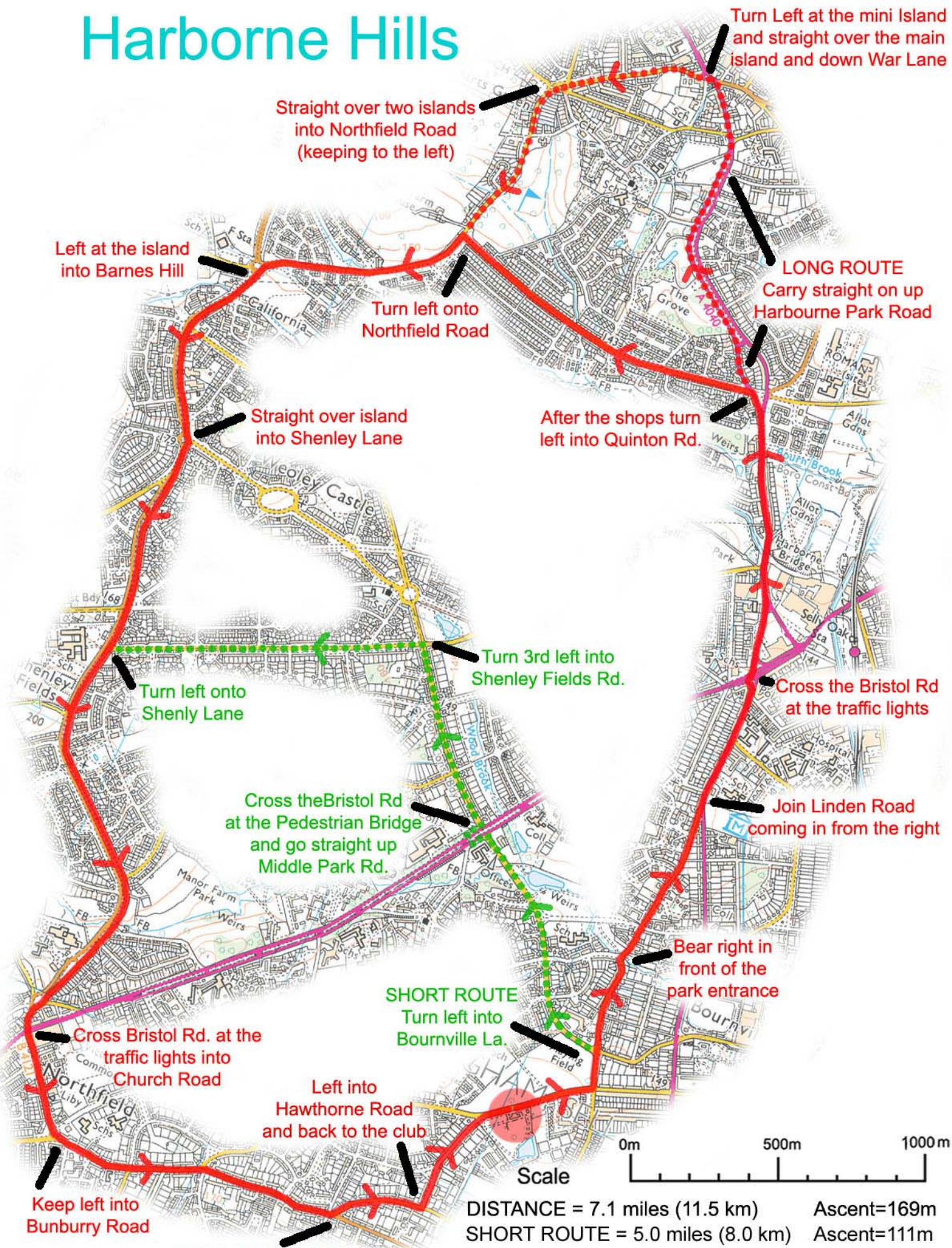


Harborne Hills



Turn Left at the mini Island and straight over the main island and down War Lane

Straight over two islands into Northfield Road (keeping to the left)

Left at the island into Barnes Hill

Turn left onto Northfield Road

LONG ROUTE
Carry straight on up Harborne Park Road

Straight over island into Shenley Lane

After the shops turn left into Quinton Rd.

Turn left onto Shenley Lane

Turn 3rd left into Shenley Fields Rd.

Cross the Bristol Rd at the traffic lights

Cross the Bristol Rd at the Pedestrian Bridge and go straight up Middle Park Rd.

Join Linden Road coming in from the right

Bear right in front of the park entrance

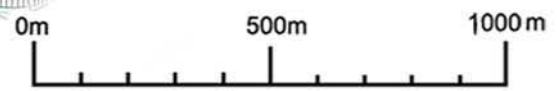
SHORT ROUTE
Turn left into Bournville La.

Cross Bristol Rd. at the traffic lights into Church Road

Left into Hawthorne Road and back to the club

Keep left into Bunbury Road

Take the second left at the junction into Northfield Road



DISTANCE = 7.1 miles (11.5 km)	Ascent=169m
SHORT ROUTE = 5.0 miles (8.0 km)	Ascent=111m
LONG ROUTE = 8.0 miles (12.9 mm)	Ascent=193

Bournville Harriers