

## Delivery Programme

<b>LEARNING OUTCOME</b> By the end of this element the candidate will have the required skills and knowledge:	<b>DELIVERY METHOD</b>	<b>SUPPORT MATERIAL</b>	<b>UKCC Criteria</b>	<b>Assessment Method</b>	<b>TIME</b>
<b>Review and Evaluate</b> Show an understanding of the methods and uses of reviewing, evaluating and feedback when looking at the activity, participants and self	<b>1a</b> In groups discuss the importance of evaluating activities, participants and self <b>1b</b> In same groups discuss methods of evaluating the above <b>1c</b> Development of a personal development plan (tutor led) <b>1d</b> Using evaluation feedback in PDP (tutor led)	<ul style="list-style-type: none"> <li>• Flipchart</li> <li>• PP</li> <li>• PDP Template</li> </ul>	1.8/1.9 8.1>8.3 9.1/9.2 10.1>10.4	Theory Practical PDP log	1a-20 2b-20 3c-10 4d-x
<b>Preparation &amp; Planning</b> Show an understanding of the process of preparation and planning	<b>2a</b> Worksheet delivery (e.g. word search, crossword, ID parade etc) identify different groups/ individuals/others <b>2b</b> Identify specific needs of individuals, match these to specific groups <b>2c</b> In groups discuss relevant information needed for planning and preparation <b>2d</b> Using simulated information for individuals to plan and prepare to deliver a pre-prepared cards	<ul style="list-style-type: none"> <li>• Worksheets</li> <li>• Flop Chart</li> <li>• Preparation template</li> </ul>	1.2>1.4/1.6	Theory Practical	60

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<p><b>Roles and Responsibilities</b> Show an understanding of the role and responsibility of themselves and others</p>	<p><b>3a</b> Review role descriptor of aquatics assistant <b>3b</b> In groups identify all possible responsibilities. Feedback to whole group</p>	<ul style="list-style-type: none"> <li>• Role descriptor</li> <li>• Flip Chart</li> <li>• DVD</li> <li>• PP</li> </ul>	<p>1.1/1.5/1.7 6.1/6.6</p>	<p>Theory</p>	<p>3a-15  3b-20</p>
<p><b>Health &amp; Safety</b> Show an understanding of the issues surrounding health and safety in an aquatic environment</p>	<p><b>4a</b> In groups draw out rough sketch of pool and identify features associated with health and safety <b>4b</b> To review major topics relating to health and safety procedures of a pool (preferably where the course is being held) <b>4c</b> Worksheet containing health and safety scenarios. Candidates to identify appropriate procedures <b>4d</b> Candidates to review risk assessments at next pool visit</p>	<ul style="list-style-type: none"> <li>• Paper and Pens</li> <li>• Flipchart</li> <li>• Worksheets</li> <li>• Pool H+S procedures</li> </ul>	<p>21&gt;2.6 3.2 6.5/6.6 7.4/7.5</p>	<p>Theory Practical</p>	<p>4a-20  4b-30  4c-40  4d-15</p>

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<p><b>Human Body</b> To identify basic systems of the body and their functions</p>	<p><b>7a</b>Review of human body pre-reading followed by PP presentation of practical applications</p>	<ul style="list-style-type: none"> <li>• PP presentation</li> <li>• Home reading booklet</li> </ul>	<p>No Assessment, underpinning awareness only</p>		<p>7a-60</p>
<p><b>Effective Communication</b> Show an understanding of effective communication</p>	<p><b>5a</b>Tutor to outline ‘what is communication’  <b>5b</b>Break down into groups to identify and discuss forms of communication  <b>5c</b>In same groups give examples of where these forms are used in coaching/teaching  <b>5d</b>Assimulated classroom based activity. Tutor to impose conditions to allow organisational aspects to be identified <i>(detail to be added)</i>  <b>5e</b>Review of skill acquisition pre-reading followed by PP presentation of practical applications  <b>5f</b>incorporate communication methods, activity organisation and skill acquisition into practical aquatic session using activity cards. Candidates to coach/teach each other in groups of 3 or 4</p>	<ul style="list-style-type: none"> <li>• PP presentation</li> <li>• Flip Chart</li> <li>• Equipment for interactive session</li> <li>• Home reading booklet</li> </ul>	<p>3.1 4.4 5.1/5.2/5.3 6.1&gt;6.4/6.6 7.2/7.3 9.2</p>	<p>Practical Theory</p>	<p>5a-5  5b-15  5c-15  5d-45  5e-25  5f-60</p>

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<b>Deliver of prepared Aquatic Activities</b> Deliver prepared Aquatic Activities	<b>6a</b> Tutor to explain layout of activity cards.	<ul style="list-style-type: none"> <li>• Activity Cards</li> <li>• PP Presentation</li> <li>• OHP laminates</li> </ul>	4.1/4.2/4.3/4.4 5.1/5.2/5.3 6.1>6.4 7.1/7.2/7.3	Practical Theory	6a-20
	<b>6b</b> Tutor to give out selected cards				6b-10
	<b>6c</b> Tutor to demonstrate utilisation of a card in a practical situation				6c-60
	<b>6d</b> Candidate to deliver using activity cards				6d-60
	<b>6e</b> In groups candidates to identify reasons for warm up. Repeat for cool down				6e-30