

Step into Sport. How clubs benefit.

Step into Sport has been designed to create opportunities for clubs that will enable them to engage young people who are trained and experienced as young volunteers and leaders.

“Sport plays a special part in young people’s volunteering – 47% of young people’s volunteering takes place in sport. The sports sector accounts for 26% of all volunteering”
Report of The Russell Commission

In aquatics young volunteers are the third most active age group. There are over 6,000 young people, aged between 16–19yrs, committing to undertaking 50–200 hours of volunteering as part of Step into Sport each year. This is a great opportunity to engage the next generation of volunteers.

Here are some quotes from clubs that are currently involved

“There are now more volunteers who are keen to learn and support the club”

“Step into Sport has allowed us to create a monthly newsletter that we couldn’t do previously because of a lack of volunteers”

“Our existing coaches have picked up new ideas and some have become mentors”

“It has helped my club develop best practice in volunteer management”

“We have identified young role models for our new junior section”

There are so many roles that young people can help with in a club. These could include

- Assistant Teacher or Coach
- Assistant Team Manager
- Club Treasurer
- Collecting membership fees
- First Aid
- School Liaison Officer
- Timekeeper
- Event helper
- Work experience mentor
- Writing newsletters
- Website designer
- Fundraiser

The ASA offers a range of training opportunities for young people to ensure they have the necessary skills and experiences to be able to enjoy a valued and fulfilling role as a volunteer. These include

- Level 1 teacher or coach qualification (minimum age requirement 16 years old)
- Club Timekeepers course (no age limit)
- Aquatic Organisers Award (For 14 to 19 year olds)

More Information

For further information about Step into Sport and how to become involved visit www.britishswimming.org or contact your County Sport Partnership.

For more information on volunteering email yvette.heywood@swimming.org