



Qualification Guidance

ASA Levels 1 & 2 Certificate in Coaching - All Disciplines

Level 1

The qualification is designed for candidates who wish to work in the aquatic environment. Evidence to meet the criteria for the qualification must be generated through observed performance. Simulations are not acceptable.

The ASA/UKCC Level 1 Certificate in Coaching is accredited by the Qualifications and Curriculum Authority (QCA) and is on the National Qualifications Framework (NQF) as a Level 1 qualification.

The Level 1 Certificate in Coaching is the first formally assessed qualification on the coaching qualifications pathway. Unit 1 is a common unit to all of the aquatic strands (Aquatic Teaching, Diving, Swimming Coaching, Synchronised Swimming and Water Polo) and focuses on “how to teach/coach” skills with a technical emphasis on movement literacy as defined by Long Term Athlete Development (LTAD). It is envisaged that this unit can be delivered to all teachers/coaches who wish to work in the aquatic environment. Unit 2 focuses on coaching, technical knowledge and practical skills.

The qualification should be delivered using a combination of theory and practice throughout Units 1 and 2. Unit 1 should be completed before candidates progress to Unit 2.

Pre-requisites/Entry Requirements - Candidates must be at least 16 years of age at the start of the learning programme

Assessment

Unit 1 is assessed by the tutor/assessor.

Unit 2 is assessed by both the tutor/assessor and an examination. The examination is set and marked by the ASA Awarding Body.

All units will be subject to internal verification by the Centre’s Internal Verifier.

All programmes will be subject to external verification by the ASA Awarding Body.

Certificates - will be issued to candidates by the Awarding Body upon successful achievement of both units.

The Awarding Body is unable to issue certificates for candidates whose registration fees have not been paid.

Progression

Achievement of this qualification will enable the candidate to seek employment to act as an assistant/support to a more senior qualified/licensed coach at any level, in the delivery of a pre-prepared session. The Level 1 person will be expected to have an understanding of the sport and a basic understanding of appropriate corrections to common faults.

As Unit 1 is common to all the Level 1 ASA/UKCC qualifications, candidates wishing to progress to Level 1 teaching aquatics coaching discipline may do so by undertaking Unit 2 of the Teaching Aquatics qualification.

Candidates, after gaining experience, may progress to the Level 2 Certificate in Coaching qualification.

Level 2

The ASA/UKCC Level 2 Certificate in Coaching (Diving, Swimming, Synchronised Swimming and Water Polo) qualification is accredited by the Qualifications and Curriculum Authority (QCA) and is on the National Qualifications Framework (NQF) as a level 2 qualification.

The qualification comprises 6 units. Units 1 to 3 are common across all the disciplines and Units 4 to 6 are discipline specific. Approved Centres will be able to offer all 6 units, or units 1 to 3 or units 4 to 6. However candidates must be aware that in order to gain the qualification they must achieve **all six units**.

Candidates wishing to undertake this qualification must be working in a competitive aquatic environment and with competitors with a range of abilities. Candidates would therefore have to be working, in a paid or voluntary capacity, with an accredited club eg a Swim 21 club or a club working towards Swim 21 accreditation.

Agreement by the club to undertake Unit 6 in their environment is an essential requirement for candidates undertaking this qualification. Evidence required to meet the criteria for the qualification must be generated through observed performance. Simulations are not acceptable.

Candidates not currently working in a competitive club environment will need to gain experience in this area and work closely with a Swim 21 club (or club working towards Swim 21 accreditation) in order to be able to fulfil the course requirements.

Pre-requisites/Entry Requirements

- Candidates must be at least 18 years of age at the commencement of the learning programme

And hold one of the following qualifications

- ASA/UKCC Level 1 Certificate for Coaching (appropriate Discipline)
 - ASA/UKCC Level 1 Certificate in Teaching Aquatics
 - ASA Level 1 Certificate for Teaching post 2002
 - ASA Assistant Teacher Certificate post Sept 1994
- Or
- Have been granted an exemption by the ASA Awarding Body prior to enrolment on the learning programme

Assessment

Units 1 and 4 are assessed through an examination, set and marked by the ASA Awarding Body. The examination must be conducted according to Awarding Body requirements.

Units 2, 3, 5, and 6 are assessed by a tutor/assessor. Unit 6 must be assessed by the tutor/assessor who assesses Unit 5. This unit is assessed by the tutor/assessor who should hold an A1 or D32, 33 Assessor Award (or have enrolled on an A1 programme and is anticipating achieving this Award within a year of enrolment). This is a vocational unit and the evidence for this must be

generated in the vocational area. An ASA trained Expert Witness in the vocational environment may provide evidence of achievement of some of the elements for Units 6.

Assessment for Unit 6 should take place after the completion of Units 1- 5.

The tutor/assessor is fully responsible for assessing candidates' competence.

The Centre will have to ensure that the Centre's Internal Verifier internally verifies all units.

All programmes will be subject to external verification by the ASA Awarding Body.

Progression - Achievement of this qualification will enable the candidate to seek employment (paid or voluntary) as a coach/teacher.

As Units 1 to 3 are common to all the aquatic disciplines, candidates wishing to progress to another Level 2 coaching discipline may do so by undertaking Units 4 to 6 in that discipline, providing they have already achieved Unit 2 of the relevant ASA/UKCC Level 1 qualification or have been granted an exemption by the Awarding Body.

Candidates, after gaining experience, may progress to the Level 3 Certificate in Coaching qualification.