

ASA AWARDING BODY



ASA / UKCC Level 2 Certificate for Coaching – all Disciplines

Candidate Guidance

The Qualification

The ASA/UKCC Level 2 Certificate in Coaching (Diving, Swimming, Synchronized Swimming and Water Polo) qualification is accredited by the Qualifications and Curriculum Authority (QCA) and is on the National Qualifications Framework (NQF) as a level 2 qualification.

The practical aspects of the qualification need to be undertaken in a competitive aquatic environment where there are competitors who have a range of abilities. Candidates would therefore have to be working, in a paid or voluntary capacity, with an accredited club eg a Swim 21 club or a club working towards Swim 21 accreditation. Agreement by the club to undertake Unit 6 in their environment is essential. Evidence required to meet the criteria for the qualification must be generated through observed performance. Simulations are not acceptable. Candidates not currently working in a competitive club environment will need to gain experience in this area and work closely with a Swim 21 club (or club working towards Swim 21 accreditation) in order to be able to fulfill the course requirements.

The qualification comprises 6 units. Units 1 to 3 are common across all the disciplines and Units 4 to 6 are discipline specific. Approved Centres will be able to offer all 6 units, units 1 to 3 or units 4 to 6. However candidates must be aware that in order to gain the qualification they must achieve **all six units**.

Common Units – Core Coaching Skills and Knowledge across all aquatic strands

- Unit 1: Health and Safety
- Unit 2: Principles of Teaching and Coaching
- Unit 3: Sport Science

Sport Specific Units - Coaching Technical Knowledge and Practical Skills

- Unit 4: Techniques
- Unit 5: Training Preparation
- Unit 6: Practical Skills

Pre-requisites/Entry Requirements

Candidates must be at least 17 years of age at the commencement of the learning programme.

And hold one of the following qualifications:

- ASA/UKCC Level 1 Certificate for Coaching (appropriate Discipline)
- ASA Level 1 Certificate for Teaching (Discipline) post 2002
- ASA Assistant Teacher Certificate (Discipline) post Sept 1994

Or

Have gained an exemption by the ASA Awarding Body prior to enrolment on the learning programme.

Registration - Candidates undertaking the qualification should be registered with the Awarding Body through their Centre. The registration fees are:-

£90	Units 1 to 6
£45.00	Units 1 to 3
£45.00	Units 4 to 6

Assessment

Units 1 and 4 are assessed through an examination, set and marked by the ASA Awarding Body.

Units 2, 3, 5, and 6 are assessed by a tutor/assessor. Unit 6 must be assessed by the tutor/assessor who assesses Unit 5. Evidence of achievement of some of the elements for units 6 may be provided by a trained Expert Witness in the vocational environment.

All units will be subject to internal verification by the Centre's Internal Verifier.

All programmes will be subject to external verification by the ASA Awarding Body.

Certificates - will be issued by the Awarding body upon successful achievement of all 6 units.

The Awarding Body is unable to issue certificates for candidates whose registration fees have not been paid.

Progression - Achievement of this qualification will enable the candidate to seek employment (paid or voluntary) as a coach operating in a competitive club.

Once qualified the holder of the Level 2 Certificate in Coaching will be able to plan, deliver and evaluate a series of six consecutive sessions within the context of a macro cycle prepared by a senior, licensed coach working in the relevant aquatic discipline.

As Units 1 to 3 are common to all the aquatic disciplines, candidates wishing to progress to another level 2 coaching discipline (or teaching aquatics) may do so by undertaking Units 4 to 6 in that discipline, providing they have already achieved Unit 2 of the relevant ASA/UKCC Level 1 qualification or have gained an exemption from the Awarding Body.