

FINA News!!

WHEREABOUTS / ADAMS

On 3rd February 2009 FINA informed us that as from March 31st all athletes within the FINA Out-of-Competition Testing Programme, will be on the ADAMS system.

TO AVOID TESTING POSITIVE FOR A BANNED SUBSTANCE REMEMBER:

- ✓ Check all medications carefully against the prohibited list before use
- ✓ Inform your doctor or pharmacist about the rules under which you compete.

I can hear you all saying to yourself but surely we are already on this system - well of course you are and that is because we are ahead of the system thanks to the hard work of UK Sport.

What difference will this make for you - the answer - absolutely nothing - your user name will remain the same and your password login will not have to be changed unless it prompts you to do so as it always has for security reasons. However, you will not have to inform me after the 31st March that you have changed your whereabouts so that I can inform FINA which is what has been happening since we went onto ADAMS. One less thing for you to worry about.

On the FINA and WADA websites, as you can on the UK Sport, you will find some user guides, links and videos explaining the use of ADAMS system.

WARNING! WHEREABOUTS Filings must be submitted to FINA through ADAMS by 31st March for April, May and June and then again by June 30th for July, August and September, then again by 30th September for October, November and December. Those of you on both the FINA and UK Sport Out of Competition Testing be very aware no leeway is given and a failure to file strike will be given if you do not conform to the dates set.

FINA wish to remind you of FINA RULE DC 2.2: "Violation of applicable requirements regarding competitor availability for Out-of-Competition Testing, including failure to file required whereabouts information and missed tests which are declared based on rules which comply with the International Standard for Testing. Any combination of three missed tests and-or filing failures within an eighteen-month period as determined by Anti-Doping Organizations with the jurisdiction over the Competitor shall constitute an anti-doping rule violation."

60-Minute Time Slot

An athlete in the FINA/UK Sport Registered Testing Pools is also required to specify in his/her Whereabouts Filing, for each day in the forthcoming quarter, one specific 60-minute slot where he/she will be available at a specified location for Testing. This does not limit in any way the Athlete's obligation to be available for Testing at any time and place. Nor does it limit his/her obligation to provide the information specified in Clause 11.3 as to his/her whereabouts outside of that 60-minute time slot. However, if the Athlete is not available for Testing at such location during the 60-minute time slot

specified for that day in his/her Whereabouts Filing, and has not updated his/her Whereabouts Filing prior to that 60-minute time slot for that day, that failure shall amount to a Missed Test and shall therefore constitute a Whereabouts Failure for the purposes of the rule DC2.4 (IST 11.1.4).

PLANS FOR NEW NATIONAL ANTI-DOPING ORGANISATION IN THE UK

On February 4th at Lords Cricket Ground, during a one day conference on Anti-Doping the Minister for Sport Gerry Sutcliffe confirmed plans for a new National Anti-Doping Organisation (NADO) to replace UK Sport. The new body should open its doors by the end of the year. The new NADO, provisionally titled "UK Anti-Doping", will take on

As an athlete, YOU are SOLELY responsible for your own actions. If you break the anti-doping rules of sport – even unwittingly – you could face up to LIFETIME BAN. For this reason it is vital that you understand what the Code is about and what it means to you.

existing testing and education responsibilities from UK Sport, whilst also being granted significant new powers to ensure Britain is best-placed to tackle doping in sport in the run-up to London 2012 and beyond.

Gerry Sutcliffe went on to say "The global fight against doping in sport has shifted and the move to a new, stand-alone NADO reflects that change.

The NADO will build on the excellent work of UK Sport which has established us as a world leader in the field. We have learnt from the likes of Operation

Raw Deal, the BALCO case in the USA and Operation Puerto in Spain that to be truly effective we need the ability to target the manufacturers, traffickers and suppliers of prohibited substances. We have already started to build relations with law enforcement agencies through a Cross-Department Working Group, ensuring the new NADO will be equipped with the powers and intelligence to stop cheats before they reach the start line."

Andy Parkinson went on to give a talk on the Changing Face of Doping (and Anti-Doping) in sport stressing that Doping in sport has entered what has been labelled "The New Paradigm" and that the anti-doping community must adapt to meet the challenges ahead.

Richard Ings from the Australian sports Anti-Doping Agency (ASADA) spoke about how in 2006 the Australian Government established ASADA—a stand alone National Anti-Doping Organisation (NADO) with expanded functions to investigate and prosecute anti-doping rule violations in partnership with law enforcement agencies. He went on to outline his experiences of this expansion of anti-doping capability beyond testing, the challenges he faced, the difference ASADA has made on anti-doping in Australia and what lessons we could learn in the UK.

Huw Roberts from PLA Piper (Solicitors) spoke on Intelligence testing - turning the theory into reality. He asked what do we mean by Intelligence Testing - detection as apposed to deterrent - targeting the cheats. Quality testing not quantity, better to collect seven target samples than 10 at random. He went on to discuss how the provision of whereabouts has contributed to tracking and detection of suspected doping athletes by monitoring changes, the impact this has already had, and how intelligence can play a greater role in anti-doping in the future.

Tip offs should be taken seriously, co-operation must happen for intelligent testing to happen.

Anne Gripper from UCI gave a talk on overcoming adversity - how a sport in crisis is turning itself around explaining that a series of high profile doping cases, particularly at the Tour de France, saw cycling labelled as a "crisis sport". Anne explained that the tide has now turned and a culture of intolerance towards doping is being embedded within their sport. Anne Gripper has been at the heart of the shift and explained what steps the UCI had taken to drive this change. These include biological passports, and sponsors insisting on anti-doping clauses in their contracts.

We then had round the table discussions on Athlete whereabouts requirements, ADAMS, The National Anti-Doping Panel, Therapeutic Use Exemptions, the new NADO and Education Strategies and Activities.

The day concluded with a panel made up of Richard Ings, Anne Gripper, Huw Roberts, Sara Friend from the BOA, Karen Pickering MBE from the British

AND FINALLY REMEMBER:

- ✘ **Using drugs is cheating – you are cheating yourself and your fellow athletes.**
- ✘ **By taking drugs you are risking your own health and possibly the safety of fellow competitors.**
- ✘ **If you do take drugs there is a strong possibility that you will get caught!**
- ✘ **You could bring your reputation, your coach, your team and your**

Athletes Commission and Brendon Batson MBE of the Professional Players Federation of which questions were put to them.

REMEMBER:

If you are not in a INRTP, a NRTP or DTP you may still be selected at random for testing so it is important that you adhere to the anti-doping rules at all times.

TIP FOR ATHLETES ON ADAMS

TO REMEMBER TO DO YOUR WHEREABOUTS

SET UP THE FRONT PAGE OF ADAMS AS A SCREEN SAVER.

ATHLETE SUPPORT AND DOPING COMPLIANCE CONTACT:

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For more information on 100% ME take a look at: WWW.100percentme.co.uk