

# AASE Technical Specification



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Providing flexibility and choice, the AASE framework has been designed to cater for the varied needs of young athletes. The framework recognises that whatever their sporting abilities, young elite players have a diverse range of skills, qualifications and second career aspirations.



Tennis photography by James Jordan.



“ Studying on a course like the AASE programme is a brilliant opportunity for young people interested in golf. There was nothing like this for me when I was younger and it can only bode well for the future of the sport. ”

**Paul Broadhurst**, professional golfer and former Ryder Cup star

The AASE framework was developed following close consultation with all UK elite sports' national governing bodies, consultation across professional football, and implementation across football and golf starting in September 2004. The framework is generic and its national occupational standards were agreed by the national Steering Group to apply to all sports. It meets the needs of sport and, where appropriate, their related employers.



### The AASE framework contains:

- **Level 3 NVQ in Achieving Excellence in Sports Performance**
- **Key Skills at Level 2**
- **Functional Skills at Level 2**
- **Technical Certificate(s)**

### NVQ Level 3

This includes eight units. Four of the eight units directly provide for the assessment of elite performers' application of technical, tactical, physical and psychological aspects of their chosen sport. The remaining four units address wider issues such as lifestyle, communication skills, and career management. While these are extremely important issues for elite performers, they are also crucial for a successful transfer to secondary or supplementary careers.

Edexcel and City & Guilds are the sole awarding bodies approved for awarding the Level 3 NVQ and the NVQ is only available through the AASE framework – not as a stand alone qualification.

### Level 2

The Level 2 Key Skills contained within the framework have been selected at a level that is appropriate to the majority of young athletes in the target group. Level 2 Key Skills cover Communication and Application of Number and Level 2 Functional Skills include English and Maths.

### Technical Certificate(s)

The framework's Technical Certificate component comprises 780 Guided Learning Hours chosen by the individual and/or the employer from a large range of academic or vocational qualifications, including BTEC, AS and A levels, and VRQs. The Certificate(s) ensures the second career development of the elite performers.

Entry onto the AASE framework is restricted and interested private providers, FE colleges or NGBs of sport should contact SkillsActive before considering involvement in the delivery of the AASE.

